

Buying Good Food is a SNAP!

THINK \$16 A MONTH ISN'T WORTH IT?

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|--|---|--|---|--|
|  1 DOZEN EGGS \$2.00 | + |  1 GALLON MILK \$3.56 | + |  2 POUNDS RICE \$1.46 |
|  2 POUNDS BANANAS \$1.20 | + |  1 POUND BEANS \$1.49 | + |  2 POUNDS CHICKEN LEGS \$3.16 |
|  1 LOAF OF BREAD \$1.39 | + |  2 POUNDS OF CARROTS \$1.52 | = | TOTAL FOR THE GROCERIES ABOVE? \$15.78 |

**EVEN IF YOU ONLY QUALIFY FOR THE MINIMUM,
A LITTLE ASSISTANCE GOES A LONG WAY.**

\$ You Gave, Now Save. \$

You worked hard and have given much to others. It's your turn to benefit!

SNAP stands for the Supplemental Nutrition Assistance Program and provides seniors with extra money for groceries. The average monthly amount for a senior in Montana is \$137 but even the minimum amount of \$16 adds up.



Area IV Agency on Aging

1-800-551-9131

CALL FOR MORE INFORMATION



www.rmdc.net

