**[YOUR LOGO]**

**[Your Media Contact**

Name

Title

Company/Organization

Phone

Email

**[Your Name] Helps Older Adults Manage Their Chronic Conditions**

**CITY, STATE (DATE) —** [Your Organization’s Name]has been awarded a federal grant from the U.S. Administration for Community Living (ACL) to provide older adults with the resources and support needed for chronic disease self-management.

As part of the project supported by a [dollar amount] grant from the ACL, [your organization] will [brief description of grant-funded program]. The goal is to [measurable outcome] by [timeline of project completion].

[Quote from someone at your organization about the project, if applicable]

The [your organization’s name] project is part of the [ACL CDSME Grant Program](https://acl.gov/programs/health-wellness/chronic-disease-self-management-education-programs), funded by the Prevention and Public Health Fund. [Your organization name] is one of nine organizations who have received this grant and will work with older adults and adults with disabilities and engage them in evidence-based chronic disease self-management education (CDSME) and support programs.

Grantees including [your organization’s name] are tasked with helping communities develop or expand evidence-based CDSME and support programs for older adults and adults with disabilities, particularly those in underserved populations or geographic areas.

[Grantee to include information on how public can engage with them and learn more about the program(s) they will be offering]

Chronic diseases are the leading cause of death in America; six out of 10 older adults live with at least one chronic disease. In [state/county/city], [percent] of older adults live with [chronic conditions].

Learn more about the ACL Chronic Disease Self-Management and Education program at <https://acl.gov/programs/health-wellness/chronic-disease-self-management-education-programs>.

**About NCOA**

[The National Council on Aging](https://ncoa.org/) (NCOA), the national voice for everyone’s right to age well, houses the ACL-funded National Resource Center for CDSME Professionals at <https://www.ncoa.org/professionals/health/center-for-healthy-aging/national-cdsme-resource-center>.

**About [Your Organization]**

[brief description and website URL/email contact info]