

Cherokee County Health Services Council

Chronic Disease Self-Management Education Program Grantee



Goals

The overall purposes of this 3-year grant are to:

- **Goal 1:** Through robust partnerships, develop a result-based, comprehensive strategy for addressing behavioral health and/or chronic pain among older adults and adults with disabilities living in your community.
- **Goal 2:** Significantly increase the number of older adults and adults with disabilities who participate in evidence-based self-management education and/or self-management support programs to empower them to better manage these chronic condition(s), while concurrently pursuing the sustainability of these programs beyond the end of the grant period.

Strategies and Activities

The Cherokee County Health Services Council (CCHSC) and its partners will:

- Engage 259 older adults and adults living with disabilities living in Tahlequah, Cherokee County;
- Develop partnerships with interested community-based organizations;

- Develop a long-term strategy for addressing chronic pain; and,
- Train leaders and master trainers to build program capacity.

Proposed Interventions

- Chronic Disease Self-Management Program (CDSMP)
- Diabetes Self-Management Program (DSMP)

Partnerships

To achieve the goals of the grant, CCHSC will collaborate with the following key partners:

- Cherokee Elder Care
- Cherokee Nation of Oklahoma
- Cherokee County Health Coalition
- Davis Retirement Apartments
- Go Ye Village
- Northeastern Health Systems
- Northeastern Oklahoma Community Health Centers, FQHC
- Tahlequah Senior Citizens Center
- United Keetoowah Band
- Wisdom Keepers

Prevention and Public Health Fund 2021, effective May 1, 2021



Anticipated Results

CCHSC and its partners propose to achieve the following results:

- Engage 259 Caring for Tahlequah in CDSME programs;
- Develop a CDSME sustainability plan; and,
- Achieve a 74% program completion rate.

Contact:

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For more information:

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