

New York State Department of Health Evidence-Based Falls Prevention Program Grantee



Goals, Strategies, and Activities

The overall purposes of this 3-year sustainability grant are to:

- Significantly increase the number of older adults and adults with disabilities at risk for falls who participate in evidence-based community programs to reduce falls and falls risks; and
- Implement innovative funding arrangements to support the proposed programs, while embedding the programs into an integrated, sustainable program network.

The New York State Department of Health (NYSDOH) Bureau of Occupational Health and Injury Prevention (BOHIP) and its partners will:

- Create a statewide sustainable network hub
- Embed and sustain Tai Chi for Arthritis (TCA) and/or A Matter of Balance (AMOB) in MVP, CDPHP, MLTC plans, Alzheimer's Disease and other dementias (AD/D) and their caregivers Support Initiatives, trauma centers, and aging network providers

- Reach 2,000 older adults and/or adults with disabilities with TCA and 1,000 with AMOB.

Proposed Interventions

- A Matter of Balance
- Tai Chi for Arthritis

Partnerships

To achieve the goals of the grant, NYSDOH BOHIP will collaborate with the following key partners:

- Capital District's Physicians sHealth Plan (CDPHP)
- MVP Health Care
- NYSDOH Alzheimer's Disease Program
- NYSDOH Office of Quality and Patient Safety
- NYSDOH Trauma Program
- NYS Office for the Aging

Anticipated Results

The NYSDOH BOHIP and its partners propose to achieve the following results:



- 3,000 older adults and/or adults with disabilities will participate in TCA and/or AMOB classes
- TCA and/or AMOB are embedded in MVP, CDPHP, 10 MLTC, 20 AD/D Support Initiatives, 10 Level 1 trauma centers, and 15 aging network providers BOHIP leads a Network Hub.
- Development of marketing materials, lesson learned/evaluation reports; and statewide online database of evidence-based community falls prevention programs.

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