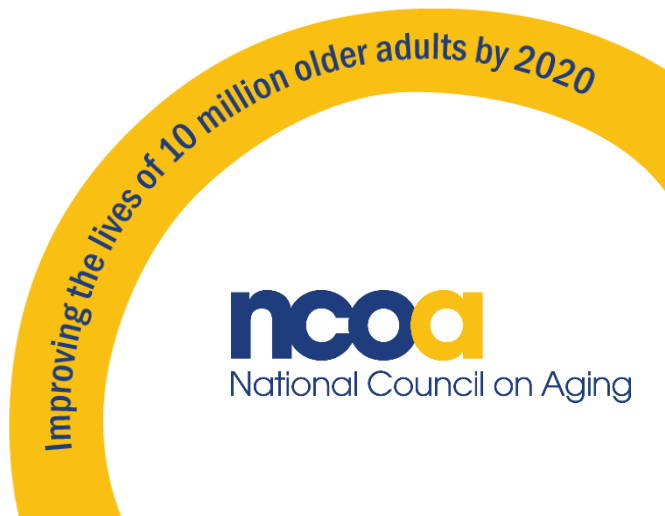


Guidance for Navigating the National Falls Prevention Database Webinar

*Administration for Community Living
National Council on Aging*

July 29, 2020



Speakers

- **Shannon Skowronski**, Office of Nutrition and Health Promotion Programs, Administration for Community Living/Administration on Aging (ACL)
- **Kathy Cameron**, Senior Director, Center for Healthy Aging, National Council on Aging (NCOA)
- **Jennifer Tripken**, Associate Director, Center for Healthy Aging, National Council on Aging (NCOA)
- **Meghan Thompson**, Data Manager, Health & Wellness Department, Sound Generations

Webinar Overview

- Welcome from ACL & NCOA
- Database Overview & Terminology
- Data Collection Forms
- Privacy & Security Basics
- Forms Management & Data Quality Assurance
- Reports Overview
- Live Demo: Using the National Falls Prevention Database
- Next Steps
- Database Resources

NCOA Center for Healthy Aging Team

- **Kathy Cameron, Senior Director**
- **Dorothea Vafiadis, Director**
- **Jennifer Tripken, Associate Director**
- **Katie Zuke, Senior Program Manager**
- **Tia Crayton, Data Manager and Evaluation Specialist**
- **Michelle Mai, Program Associate**
- **Mary Walsh, Consultant**

Sound Generations Team

- **Meghan Thompson**, Data Manager, Health & Wellness Department, Sound Generations



Administration for Community Living/Administration on Aging Team

- **Keri Lipperini**, Director, Office of Nutrition and Promotion Programs
- **Shannon Skowronski**, Aging Services Program Specialist, Office of Nutrition and Promotion Programs
- **Monique Bolton**, Office of Nutrition and Promotion Programs
- **Judy Simon**, National Nutritionist, Office of Nutrition and Promotion Programs

Grant Requirement

- FOA notes that grantees must collect required program data by way of ACL's specific data collection forms
- Data should be reported within 30 days of program completion.
- Grantees should train local coordinators, workshop leaders, etc. on data collection practices and use of forms



National Council on Aging

Database Overview & Terminology

National Falls Prevention Database – By the Numbers

123,137



Participants

9,533



Workshops

31



States

Since September 2014

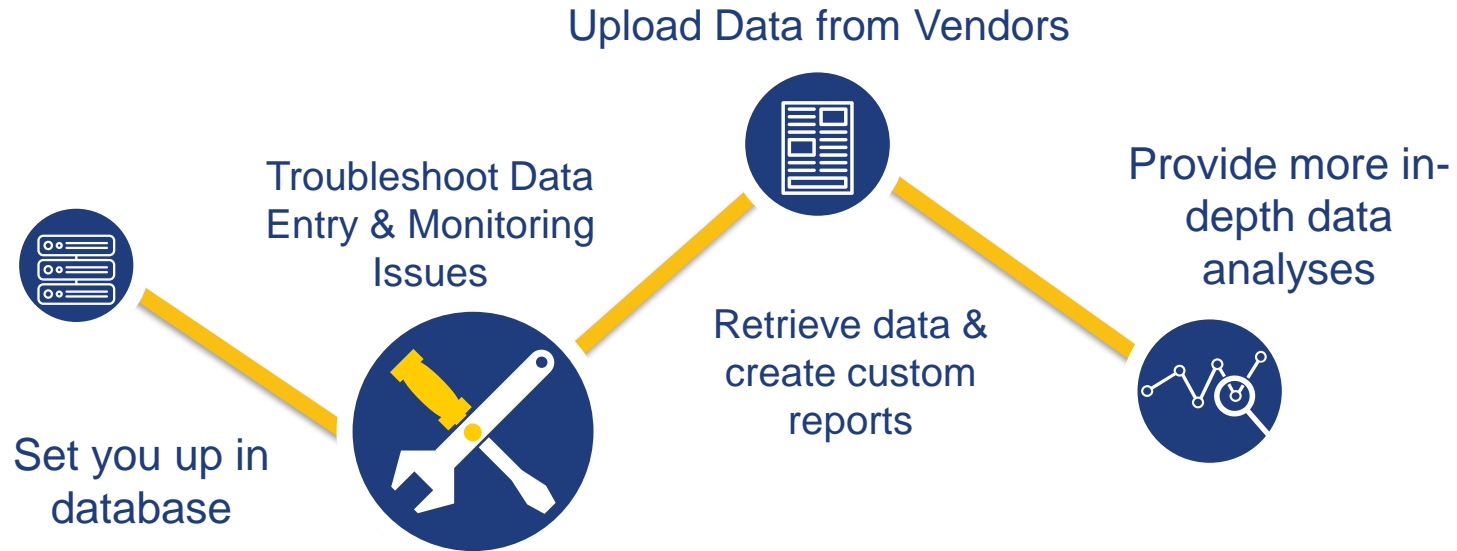
16 Programs in Database

- A Matter of Balance
- Bingocize *
- CAPABLE
- EnhanceFitness
- FallScape / FallsTalk
- Fit & Strong!
- Healthy Steps in Motion
- Otago Exercise Program
- Pisando Fuerte *
- Stay Active and Independent for Life
- Stay Safe, Stay Active
- Stepping On
- Tai Chi for Arthritis
- Tai Ji Quan: Moving for Better Balance
- Tai Chi Prime *
- YMCA Moving for Better Balance

* New in 2020



Technical Assistance – What can NCOA do for you?



Terminology

- **Program:** An evidence-based falls prevention intervention (Matter of Balance, Tai Chi for Arthritis, Stepping On, etc.)
- **Workshop:** A class or group meeting through which a program is delivered to participants.
- **Session:** A meeting of a workshop, e.g., an hour-long class period or an encounter

Terminology

- **Participant:** The people who enroll in the programs
- **Leaders/Coaches:** The people who are trained to deliver the falls prevention programs

Terminology

- **Implementation Sites:** The physical locations where workshops meet or a program is delivered
- **Host Organizations:** The organizations that sponsor workshops, perhaps hold the license for a programs, train or employ leaders, and arrange for the use of implementation sites.

National Council on Aging

[illegible]

The Data Forms & Where to Find Them

OMB approved data collection forms

- Participant Information Form (Pre-Survey)
- Participant Post Program Survey Form
- Attendance Log
- Falls Program Information Cover Sheet
- Host Organization Information Form

Other forms

- OMB Approved Falls Prevention Program Group Leader/Coach Script
- Optional Questions for Participant Pre- and Post- Surveys
- **EnhanceFitness (EF) Participants Only:** NCOA developed a data collection packet that combines the required EF data collection forms with the ACL data collection forms. Sound Generations will arrange 1:1 technical assistance calls with grantees implementing EF to walk through the packets and data entry process.

All data collection forms can be found on the [Falls Prevention Grantee Resources Webpage](#)

Translated Data Collection Forms

- Spanish
- Chinese
- Hmong
- French
- Italian
- Polish
- Russian
- Korean
- Vietnamese
- Cambodian (Khmer)



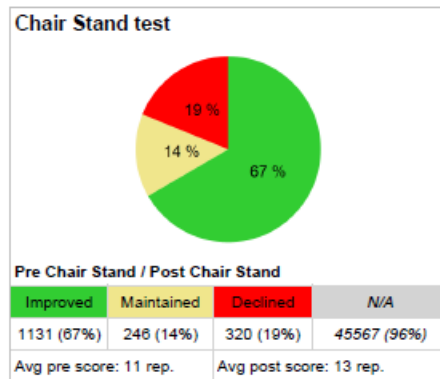
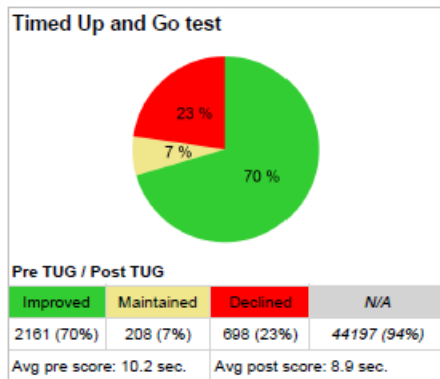
Adding Questions to Participant Information Forms: Optional Survey Questions

- Optional question suggestions for participant pre- and post- forms are posted on the [National Falls Prevention Grantee Resources webpage](#).
 - Including yourself (and your spouse, if married), what is your combined monthly gross income now? Consider all sources of income, including Social Security, pension, etc. (Less than \$1,000 - \$4,000 or more)
 - Are you here as a caregiver to a person with Dementia? (Yes/No)
 - What is your zip code?
 - Please indicate which type of insurance you have. (E.g., Medicare, Humana)
 - Additional chronic condition to choose from: Early stage dementia
 - Were you referred here today from a Facebook ad? (Yes/No)
 - Have you taken this falls prevention program before? (Yes/No)
 - Have you taken a falls prevention program before? (If yes, please indicate program name/No)

Adding Questions to Participant Information Forms:

Optional Functional Measurement Test Suggestions

- Timed Up and Go Test (Number of seconds)
 - Test instructions available [here](#)
- Chair Stand Test (Score)
 - Test instructions available [here](#)



ASSESSMENT

Timed Up & Go (TUG)

Purpose: To assess mobility

Equipment: A stopwatch

Directions: Patients wear their regular footwear and can use a walking aid, if needed. Begin by having the patient sit back in a standard arm chair and identify a line 3 meters, or 10 feet away, on the floor.

① Instruct the patient:

When I say "Go," I want you to:

- Stand up from the chair.
- Walk to the line on the floor at your normal pace.
- Turn.
- Walk back to the chair at your normal pace.
- Sit down again.

② On the word "Go," begin timing.

Patient _____

Date _____

Time _____ ☐ AM ☐ PM

OBSERVATIONS

Observe the patient's postural stability, gait, stride length, and sway.

Check all that apply:

- ☐ Slow tentative pace
- ☐ Loss of balance
- ☐ Short strides
- ☐ Little or no arm swing
- ☐ Steadying self on walls
- ☐ Shuffling
- ☐ En bloc turning
- ☐ Not using assistive device properly

NOTE: Always stay by the patient for safety.

Adding Questions to Participant Information Forms

- To add questions to the OMB-approved participant forms:
 - Send an email notification to your ACL Project Officer and NCOA Technical Assistance Liaison to approve the addition(s). Attach a Word document of the participant survey(s) with the additions included.
 - Remove the OMB control number from the form

OMB Control No. 0985-0039

Exp. Date 03/31/2021

Privacy & Security Basics



National Council on Aging

Privacy and Data Security Practices

- **Privacy and Data Security Practices – NCOA CDSME and Falls Prevention EBP Database** (<https://www.ncoa.org/resources/privacy-and-data-security-practices-ncoa-cdsme-and-falls-prevention-ebp-database/>)
- **Privacy Act of 1974 Public Law 93-579 (5 U.S.C.A. 552a):** Protects records that can be retrieved by personal identifiers, e.g. name, social security number, or other identifying number or symbol
- **Your Responsibility**
 - Store completed data collection forms in a secure, locked cabinet when not in use
 - Ensure data is entered into a secure, password protected database, such as the ACL National Falls Prevention Database
 - Train all staff, facilitators, and anyone handling, transferring data forms, in paper or electronic form
 - Disclose rights to participants (voluntary information on surveys, how their information is to be protected)
 - Follow best practices for storing, sharing, and transmitting data

Privacy and Data Security Practices: What can you trash and when?

- You can destroy the following forms immediately after entering data into the database:
 - Participant Information Form (Pre-Program)
 - Participant Post Program Survey Form
 - Attendance Log
 - Falls Program Information Cover Sheet
 - Host Organization Information Form
- **Keep electronic copies** of data for at least 3 years past last report date associated with the grant.
 - Once the data is entered into the ACL National Falls Prevention Database, Sounds Generations will keep electronic records of the data for at least 3 years.

Training Staff on Safeguarding Participant Information

- **Hold In-person/online training:**
 - Review “Privacy and Data Security Practices – NCOA CDSME and Falls Prevention EBP Database” with all staff: <https://www.ncoa.org/resources/privacy-and-data-security-practices-ncoa-cdsme-and-falls-prevention-ebp-database/>
- **Collect Certificates of Completion from staff to verify completion of training** (NCOA or ACL does not require copies of these)
- **Collect Non-Disclosure Agreements** from all staff and keep those for at least 3 years:
 - Acknowledgement that participant information should not be shared with others and should be safeguarded appropriately
 - English: <https://www.ncoa.org/resources/non-disclosure-agreement/>
 - Spanish: <https://www.ncoa.org/resources/non-disclosure-agreement-spanish/>
- **Use encryption technology** when sharing or transferring sensitive data: Use a S-FTP (Safe File Transfer Program), e.g. MoveIt. Required for any grantee/user sending or receiving sensitive data.

Forms Management & Data Quality Assurance



National Council on Aging

Forms Management & Quality Assurance Recommendations

Leaders/coaches or site coordinators

- Keep the forms together for a given workshop from its start date to its end date
- Submit all forms together for a given workshop for data entry as soon as possible after completion of a workshop, and at least within 2 weeks of its end date

Data entry person

- Review forms when received to be sure the packet is complete
- Follow up promptly with leaders or site staff to clarify any issues
- Enter forms into the database as soon as possible. Have a system for managing the flow of forms (e.g., a checklist).
- If you cannot get clarification, leave unclear responses blank
- Missing attendance logs: Do not enter data from workshops with NO Attendance Log into the database

Reducing Missing Data

1. Build in time for participants to complete the pre- and post- session surveys, e.g., host a [Session 0](#)
2. Assist participants - consider literacy and cognitive challenge
3. Offer help to workshop leaders
4. Review workshop leader script, emphasize the value of feedback for future funding, programming etc.
5. Build excitement for data by sharing feedback with implementation sites, partners
6. Check forms on-site

Resource: [**Tip Sheet: Maximizing Complete and Accurate Data**](#)

Using Other Databases

Avoid double data entry work!

Contact Sound Generations for assistance...

- ▶ If you are using another database for primary data entry. We can work with you to import data exported from another database.
- ▶ If you are using the National Falls Prevention Database for primary data entry and you want to export data from this system into a different system.

Reminder: Participant-level data transferred between systems must be encrypted. Your vendor may have a method already, or contact Sound Generations for options.



Database Help

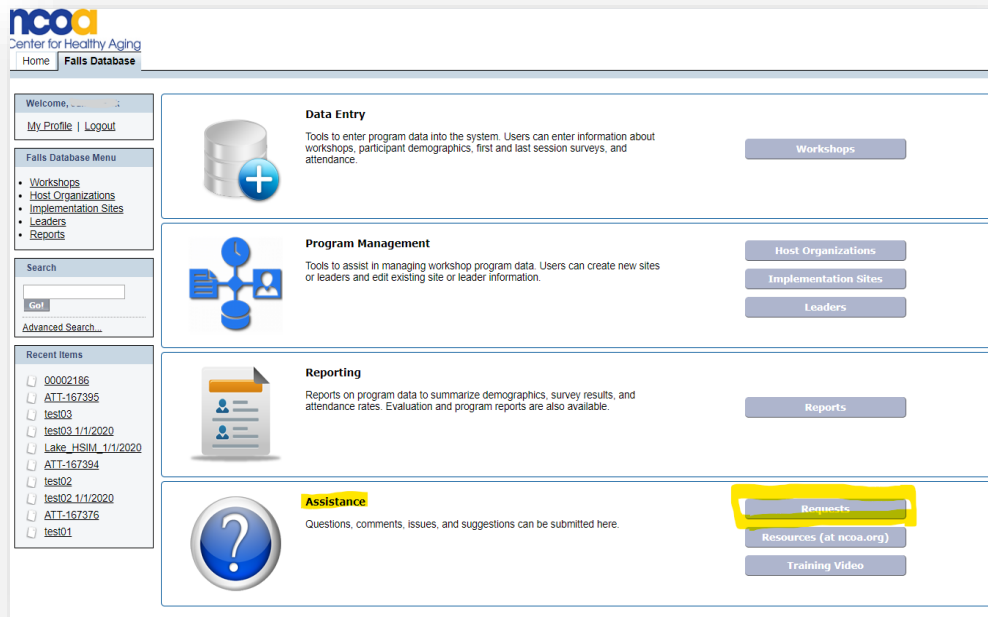
Database Help

- Grantees and their staff members/affiliates that have a Falls Database user login/password will submit their questions via [National Falls Prevention Database portal account](#). This will create a ticket in the Falls Database.
- Grantee staff members/affiliates that do not have a Database user login/password will submit a request via email to falls_data@ncoa.org.



Database Help

1. Log in to your [National Falls Prevention Database portal account](#).
2. On the **Falls Database** home page, click the **Requests** button found in the Assistance section.



Database Help

3. Click the **Create New Request** button.

Requests
Home

Select the requests you want to view from the dropdown.

View:

My Open Cases ▼

Go!

Recent Requests			<div>Create New Request</div>	<div>Recently Viewed ▼</div>
Request Number	Subject	Date/Time Opened	Priority	
<u>00002186</u>	<u>Test feature request</u>	2/11/2020 5:18 PM	High	

Database Help

4. On the Request edit form, enter the details of your case.

Request Edit
New Request

Request Edit

SubmitCancel

Request Information

StatusNew

Type--None--

Contact NameJames Kirk

PriorityMedium

Subject

Request Record TypeCustomer Portal - Falls

Request OwnerJames Kirk

Description Information

Description

SubmitCancel

= Required Information

Database Help

5. When you're done, click the **Submit** button, and the system will generate a **request number**, and put your case in the queue for resolution. Your case will be triaged, and we will contact you if we require additional information.
6. You will receive an email notification with your case tracking information details. You may reply to this email with questions related to your case.

Requests Home

Select the requests you want to view from the dropdown.

View: My Open Cases **Go!**

Recent Requests			Create New Request	Recently
Request Number	Subject	Date/Time Opened	Priority	
00002188	Duplicate participants	2/24/2020 10:48 AM	Medium	
00002186	Test feature request	2/11/2020 5:18 PM	High	

Database Reports Overview



National Council on Aging

Reporting Overview

List of Reports with Descriptions

Falls Database Reports		
Action	Report Name	Report Description
Select	Demographic Profile	Demographic profile for participants in workshops that end between selected dates. Use Demographic Profile (All Grantees) for comparison.
Select	Demographic Profile (All Grantees)	Demographic profile comparison for all grantees, filterable by date, program type, and grantee type. Use with Demographic Profile.
Select	Demographics and Survey Responses	Demographics and pre- and post-survey responses for participants in workshops that end between selected dates. Use Demographics and Survey Responses (All Grantees) for comparison.
Select	Demographics and Survey Responses (All Grantees)	Demographics and pre- and post-survey responses for all grantees, filterable by date, program type, and grantee type. Use with Demographics and Survey Responses.
Select	Falls Semi Annual Report	Prevention and Public Health Fund Evidence-Based Falls Prevention Program Semi-Annual Performance Report
Select	Full Data Export: Leader Data	Export all data for leaders. File includes one row for each leader.
Select	Full Data Export: Participant Data	Export all data for workshops with end date during specified date range. File includes one row for each participant, with all demographic, survey, attendance, workshop, implementation site, and host organization details. ** Updated 10/22/2018 to include Form Version variable (1 = 2014-2018 forms, 2 = 2018-2021 forms) and new columns for new form survey items.
Select	Full Data Export: Workshop Data	Export all data for workshops with end date during specified date range. File includes one row for each workshop, with all workshop, implementation site, and host organization details.
Select	Outcomes Dashboard	Pre/post survey response comparison for your programs, filterable by date and program type. Use with Outcomes Dashboard (All Grantees) for comparison to national data.
Select	Outcomes Dashboard (All Grantees)	Pre/post survey response comparison all grantees, filterable by date, program type, and grantee type. Use with Outcomes Dashboard.
Select	Participant and Completer Rate - EnhanceFitness Only	Completer number and percent for EF participants (duplicated and unduplicated) by Host Organization and by Month
Select	Participant and Completer Rate by Program and Host Org	(fka "Completers" report) Completer number and percent, by Host Organization, by Program, and by Workshop
Select	Pre/Post Survey Summary	Frequency of response for pre and post surveys for participants in workshops that end between selected dates

Reporting Overview

List of Reports with Descriptions

Falls Database Reports		
Action	Report Name	Report Description
Select	Demographic Profile	Demographic profile for participants in workshops that end between selected dates. Use Demographic Profile (All Grantees) for comparison.
Select	Demographic Profile (All Grantees)	Demographic profile comparison for all grantees, filterable by date, program type, and grantee type. Use with Demographic Profile.
Select	Demographics and Survey Responses	Demographics and pre- and post-survey responses for participants in workshops that end between selected dates. Use Demographics and Survey Responses (All Grantees) for comparison.
Select	Demographics and Survey Responses (All Grantees)	Demographics and pre- and post-survey responses for all grantees, filterable by date, program type, and grantee type. Use with Demographics and Survey Responses.
Select	Falls Semi Annual Report	Prevention and Public Health Fund Evidence-Based Falls Prevention Program Semi-Annual Performance Report
Select	Full Data Export: Leader Data	Export all data for leaders. File includes one row for each leader.
Select	Full Data Export: Participant Data	Export all data for workshops with end date during specified date range. File includes one row for each participant, with all demographic, survey, attendance, workshop, implementation site, and host organization details. ** Updated 10/22/2018 to include Form Version variable (1 = 2014-2018 forms, 2 = 2018-2021 forms) and new columns for new form survey items.
Select	Full Data Export: Workshop Data	Export all data for workshops with end date during specified date range. File includes one row for each workshop, with all workshop, implementation site, and host organization details.
Select	Outcomes Dashboard	Pre/post survey response comparison for your programs, filterable by date and program type. Use with Outcomes Dashboard (All Grantees) for comparison to national data.
Select	Outcomes Dashboard (All Grantees)	Pre/post survey response comparison all grantees, filterable by date, program type, and grantee type. Use with Outcomes Dashboard.
Select	Participant and Completer Rate - EnhanceFitness Only	Completer number and percent for EF participants (duplicated and unduplicated) by Host Organization and by Month
Select	Participant and Completer Rate by	(fka "Completers" report) Completer number and percent, by Host Organization, by Program, and by Workshop

Reporting Overview

Semi-Annual Report

Grantee
Report Period
2014 grantees: Period 1 (Sep 2014-Feb 2015)
View Report

1 of 1
Find | Next

**Prevention and Public Health Fund
Evidence-Based Falls Prevention Program**

Semi-Annual Performance Report for

Appendix A: Quantitative Report (Period: 9/1/2014 - 2/28/2015)

Program		Prior Period To Date	Month						Period Total	Cumulative Total	Target	Variance
			1	2	3	4	5	6				
MOB	Participants	0	0	0	0	0	0	0	0	0	200	(200)
	Workshops offered	0	0	0	0	0	0	0	0			
	Avg # sessions attended	0	0	0	0	0	0	0	0			
	Completers *	0	0	0	0	0	0	0	0			
Stepping On	Participants	201	15	90	59	27	0	60	251	452	900	(448)
	Workshops offered	19	1	8	5	3	0	5	22	41		
	Avg # sessions attended	5	5	6	6	6	0	6	6	6		
	Completers *	156	11	72	53	21	0	50	207	363		
Tai Chi for Arthritis	Participants	0	0	0	0	0	0	15	15	15		
	Workshops offered	0	0	0	0	0	0	1	1	1		
	Avg # sessions attended	0	0	0	0	0	0	11	11	11		
Tai Ji Quan	Participants	283	163	0	0	0	107	0	270	553	900	(347)
	Workshops offered	17	8	0	0	0	7	0	15	32		
	Avg # sessions attended	16	13	0	0	0	16	0	14	15		
All Programs		Prior Period To Date	Month						Period Total	Cumulative Total	Target	Variance
			1	2	3	4	5	6				
Total	Participants	484	178	90	59	27	107	75	536	1020	2,000	(980)
	Workshops (all types)	36	9	8	5	3	7	6	38	74		

Reporting Overview

Participants Enrolled and Completed report

ACL National Evidence-Based Falls Prevention Database

Participant and Completer Rate by Workshop for TEST Greenwood County Department of Health (WA)

Includes workshops completed between 1/1/2014 and 6/5/2019

Summary

	Enrolled	Completed	
	#	#	%
Grantee Total	120	75	62.5%

Program Total	Workshops	Enrolled	Completed	
	#	#	#	%
FallScope	1	1	1	100.0%
MOB	16	63	41	65.1%
Otago	1	1	1	100.0%
SAIL	1	2	2	100.0%
Stay Safe Stay Active	1	3	3	100.0%
Stepping On	1	6	4	66.7%
Tai Chi for Arthritis	10	28	20	71.4%
Tai Ji Quan	5	16	3	18.8%

Reporting Overview

Participants Enrolled and Completed report (continued)

Host Organization Total	Class Type	Workshops	Enrolled	Completed	
		#	#	#	%
Greenwood County Department of Health	FallScape	1	1	1	100.0%
	MOB	14	51	35	68.6%
	Otago	1	1	1	100.0%
	SAIL	1	2	2	100.0%
	Stay Safe Stay Active	1	3	3	100.0%
	Tai Chi for Arthritis	10	28	20	71.4%
	Tai Ji Quan	4	11	1	9.1%
Puget Sound Area Agency on Aging	MOB	2	12	6	50.0%
	Stepping On	1	6	4	66.7%
	Tai Ji Quan	1	5	2	40.0%

Detail

Workshop Name	Program	Site Name	Start Date	End Date	Sessions Offered	Enrolled #	Completed #	%
Greenwood County Department of Health								
Lake_MOB_1/7/2014	MOB	Lake Union Elementary School (Seattle)	1/7/2014	3/14/2014	8	5	5	100.0%
Wall_TJQ_2/14/2014	Tai Ji Quan	Wallingford Public Library (Seattle)	2/14/2014	6/9/2014	32	5	0	0.0%
Nort_MOB_5/30/2014	MOB	South Seattle Health Clinic (Seattle)	5/30/2014	7/15/2014	8	3	2	66.7%
Lake_SSSA_4/15/2014	Stay Safe Stay Active	Lake Union Elementary School (Seattle)	4/15/2014	11/15/2014	52	3	3	100.0%
Nort_FS_10/29/2014	FallScape	South Seattle Health Clinic (Seattle)	10/29/2014	12/29/2014	5	1	1	100.0%

Reporting Overview

Demographics and Survey Responses report

Demographic Profile					
Age	N	% of known	Education	N	% of known
Average Age (yrs)	76.5	-	Less than high school	22	1%
Under 60	48	2%	Some high school	10	0%
60-64	138	6%	High school graduate	10	0%
65-69	280	12%	Some college	10	0%
70-74	488	20%	College graduate	10	0%
75-79	481	21%	Unknown	10	0%
80-84	505	22%	Limit of vision	10	0%
85-89	302	13%	Yes	10	0%
90 and older	102	4%	No	10	0%
Unknown	610	21%	Unknown	10	0%
Sex			Chronic conditions		
Female	1821	76%	Arthritis	10	0%
Male	588	24%	Breast cancer	10	0%
Unknown	521	18%	Cancer	10	0%
Race			Depression	10	0%
American Indian or Alaska Native	12	1%	Dementia	10	0%
Asian	39	2%	Glossitis	10	0%
Black/ African American	8	0%	Hemiparesis	10	0%
Native Hawaiian/ Pacific Islander	1	0%	Hypertension	10	0%
White	2161	96%	Other	10	0%
Multi-racial	25	1%	Other	10	0%
Unknown	684	23%	Other	10	0%
Ethnicity			Unknown	10	0%
Hispanic/ Latino	80	4%			

Pre Survey			Q13 - How sure ...		
Q10 - General health	N	% of known	a - Get up		
Excellent	151	7%	Very sure		
Very good	685	30%	Sure		
Good	1069	47%	Somewhat		
Fair	354	15%	Not at all		
Poor	29	1%	Unknown		
Unknown	668	23%			
Q11 - Falls last 3 months			b - Reduced		
None	1043	58%	Very sure		
1 fall	438	24%	Sure		
2 falls	162	9%	Somewhat		
3 falls	79	4%	Not at all		
4 falls	35	2%	Unknown		
5 falls or more	56	3%			
Unknown	1143	39%	c - Protect		
Q11a - Falls with injury last 3 months			Very sure		
None	1446	83%	Sure		
1 fall	220	13%	Somewhat		
2 falls	41	2%	Not at all		
3 falls	18	1%	Unknown		
			d - Increased		

Post Survey			Q3 - How fearful of falling		
Q1 - General health	N	% of known	Not at all	N	% of known
Excellent	161	11%	A little	199	14%
Very good	514	35%	Somewhat	626	43%
Good	590	40%	A lot	467	32%
Fair	190	13%	Unknown	157	11%
Poor	7	0%		1507	51%
Unknown	1494	51%	Q4 - Program reduced fear of falling		
Q2 - Falls since program began			(discontinued in 2018)		
None	931	81%	Yes		90%
1 fall	155	13%	No		10%
2 falls	35	3%	Unknown		54%
3 falls	14	1%	Q 4/5 - How sure ...		
4 falls	4	0%	a - Get up if fall		
5 falls or more	11	1%	Very sure	595	41%
Unknown	1806	61%	Sure	538	37%
Q2a - Falls with injury since program began			Somewhat sure	277	19%
None	1092	96%	Not at all sure	55	4%
1 fall	28	2%	Unknown	1491	50%

Data Export reports

[illegible]

Reporting Overview

Outcome Dashboard report

ACL National Evidence-Based Falls Prevention Database

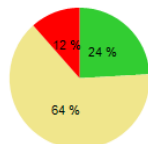
Outcomes Dashboard Includes participants in workshops that concluded between 9/1/2014 and 7/27/2018

Grantee:

Host: - All -, All Programs

Total Participants with Pre/Post Surveys: 1319 (1316 pre-2018 surveys; 3 post-2018 surveys)

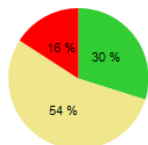
Self-rating of health in general



Pre Q10 / Post Q1

Improved	Maintained	Declined	N/A
303 (24%)	810 (64%)	145 (12%)	61 (5%)

How fearful of falling



Pre Q12 / Post Q3

Improved	Maintained	Declined	N/A
364 (30%)	662 (54%)	194 (16%)	99 (8%)

How sure... can protect self in fall

Falls past 3 months (pre)

Pre Q11 (Times fallen)

None	1-2	3+	N/A
651 (61%)	332 (31%)	89 (8%)	247 (19%)

Pre Q11a (Falls with injury)

None	1-2	3+	N/A
875 (84%)	153 (15%)	13 (1%)	278 (21%)

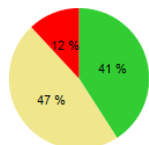
Pre Q11b (Fall location) *

Indoors	Outdoors	Both	N/A
0 (-%)	0 (-%)	0 (-%)	3 (100%)

Pre Q11c (Med care for fall injury) *

ER	PCP	Hosp	None	N/A
0 (-%)	0 (-%)	0 (-%)	0 (-%)	3 (100%)

How sure... find a way to get up if fallen



Pre Q13a / Post Q4a

Improved	Maintained	Declined	N/A
503 (41%)	580 (47%)	147 (12%)	89 (7%)

How sure... can increase physical strength

Falls since program began (post)

Post Q2 (Times fallen)

None	1-2	3+	N/A
861 (82%)	167 (16%)	24 (2%)	267 (20%)

Post Q2a (Falls with injury)

None	1-2	3+	N/A
1001 (96%)	36 (3%)	2 (0%)	280 (21%)

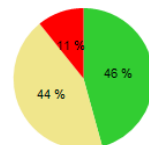
Post Q2b (Fall location) *

Indoors	Outdoors	Both	N/A
0 (0%)	1 (100%)	0 (0%)	2 (67%)

Post Q11c (Med care for fall injury) *

ER	PCP	Hosp	None	N/A
0 (0%)	0 (0%)	0 (0%)	1 (100%)	2 (67%)

How sure... find a way to reduce falls



Pre Q13b / Post Q4b

Improved	Maintained	Declined	N/A
546 (46%)	520 (44%)	129 (11%)	124 (9%)

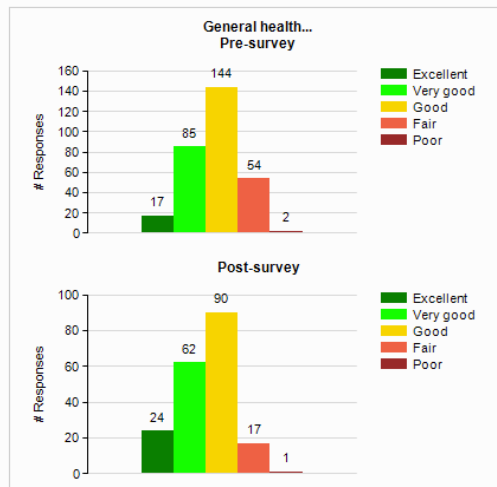
How sure... become more steady on feet

Reporting Overview

Pre/Post Survey Summary report

In general would you say that your health is... [Pre Survey Q. 10 / Post Survey Q. 1]

		Excellent		Very good		Good		Fair		Poor		No response	
MOB	Pre	17	6%	80	28%	140	49%	47	16%	2	1%	22	7%
	Post	23	12%	59	32%	85	46%	17	9%	1	1%	123	40%
	Change	6		-21		-55		-30		-1		101	
Tai Chi for Arthritis	Pre	0	0%	5	31%	4	25%	7	44%	0	0%	1	6%
	Post	1	11%	3	33%	5	56%	0	0%	0	0%	8	47%
	Change	1		-2		1		-7		0		7	
Total (All Programs)	Pre	17	6%	85	28%	144	48%	54	18%	2	1%	23	7%
	Post	24	12%	62	32%	90	46%	17	9%	1	1%	131	40%
	Change	7		-23		-54		-37		-1		108	



Reporting Overview

Selecting Filters & Exporting

The screenshot displays a web-based reporting interface. At the top, there are several filter fields: 'Grantee' (text input), 'Host Org' (dropdown menu showing '-All-'), 'Start Date' (text input showing '9/1/2014 12:00:00 AM'), 'End Date' (text input showing '6/30/2019 12:00:00 AM'), 'Program Type' (dropdown menu showing '-All-'), 'County' (dropdown menu showing '-All-'), and 'Show Zip Codes' (dropdown menu showing 'Hide'). A 'View Report' button is located on the right side of the filter section. Below the filters is a navigation bar with a 'Find | Next' button and a dropdown menu. The dropdown menu is open, showing a list of export options: 'XML file with report data', 'CSV (comma delimited)', 'PDF' (highlighted in yellow), 'MHTML (web archive)', 'Excel', 'TIFF file', and 'Word'.

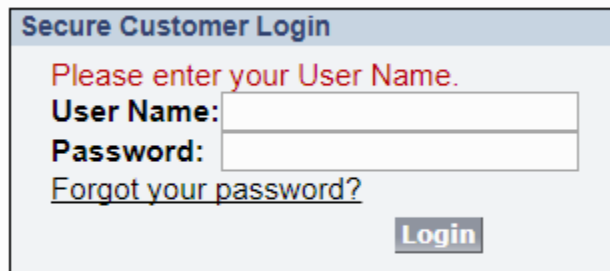


National Council on Aging

ACL Falls Prevention Database Live Demonstration

Live Demo of the National Falls Prevention Database

ncoa.org/fallsdata



A screenshot of a web login form titled "Secure Customer Login". The form has a light blue header bar with the title. Below the header, the text "Please enter your User Name." is displayed in red. There are two input fields: "User Name:" and "Password:". Below the password field is a link that says "Forgot your password?". At the bottom right of the form is a grey button labeled "Login".



National Council on Aging

Next Steps

Next Steps

1. Complete a form identifying your users with name, organization, and email address, so that your database accounts can be created.
 - Grantees may have up to 3 concurrent user accounts covered by the grant. User accounts can be reassigned as needed.
 - Additional users (for 4 or more concurrent accounts) can be added at the cost of \$200/user/year.

Next Steps

2. Optional: If you already have identified any Host Organizations, Implementation Sites, and Leaders, complete a spreadsheet template with those details. Sound Generations can preload this data.
3. If you would like to add optional questions or measurements to the participant pre- or post-program surveys, request approval from your ACL Project Officer and NCOA Liaison by August 19.

Database Resources

- [National Falls Prevention Grantee Resources Webpage](#)
- [Tip Sheet: Maximizing Complete and Accurate Data](#)
- [Tools and Tips Sheets for Hosting a Session Zero](#)
- [Privacy and Security Basics for Falls Prevention Evidence-Based Programs PowerPoint](#)
- [Non-Disclosure Agreement Template](#)
- [FAQs for Falls Prevention Grantees](#)

Data Collection Toolkit

- **Goal:** Emphasize to partners and workshop facilitators the importance of data collection, and provide instructions about how to submit the data collection forms to your agency/organization.
- **Materials:** PowerPoint presentation template and script
- **Overview**
 - ACL/AoA Falls Prevention Grant Goals and Anticipated Results
 - Importance of Collecting Data
 - Data Collection Terminology and Forms
 - Instructions for Submitting Data Forms to Grantee
 - Maximizing Complete and Accurate Data
 - Participant Demographics and Program Outcomes Reports
 - Resources
- **Download the Toolkit:** <https://www.ncoa.org/resources/falls-prevention-data-collection-toolkit/>

Questions and Answers



Thank You!

- The webinar slides and recording will be emailed to attendees in the next week.

