

Education Health and Research International (EHRI)

2023 Evidence-Based Falls Prevention Program Grantee



Goals

The overall purposes of this 4-year grant are to:

Goal 1: Develop capacity to increase the number of older adults and adults with disabilities who participate in evidence-based falls prevention programs to empower them to reduce falls and/or their risk of falls.

Goal 2: Identify and implement one or more robust strategies that will promote the sustainability of evidence-based falls prevention programs.

Strategies and Activities

The grantee and its partners will:

- Build off a direct nurse service system, WeCare, to reach homebound meal delivery recipients.
- Utilize virtual and hybrid evidence-based programming and in home support to create safe accessibility.
- Create a sustainable system through integration and reimbursement of evidence-based programs.
- Assess and address seniors' digital access through an enhanced Delaware Assistive Technology Initiative (DATI) lending library.

Proposed Interventions

- Bingocize (remote and in-person)
- A Matter of Balance (AMOB) (remote and in-person)

Prevention and Public Health Fund 2023, effective May 1, 2023



Partnerships

To achieve the goals of the grant, grantee will collaborate with the following key partners:

- Delaware Division of Services for Aging and Adults with Physical Disabilities
- Delaware Division of Public Health
- Modern Maturity Center
- University of Delaware, Delaware Assistive Technology Initiative
- Highmark Blue Cross Blue Shield, Delaware
- Amerihealth Caritas

Anticipated Results

The grantee and its partners propose to achieve the following results:

- 100 Volunteer Coaches
- Education to 1500 seniors
- More tech-savvy seniors
- Measurable falls prevention and associated healthcare costs
- Increased buy-in from community-based and managed care organizations

Contact:

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For more information:

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