

National Kidney Foundation of Michigan Chronic Disease Self-Management Education Program Grantee



Goals, Strategies, and Activities

The overall purposes of this 3-year Sustainable Systems grant are to:

- **Goal 1:** Significantly increase the number of older adults and adults with disabilities who participate in and complete evidence-based chronic disease self-management education (CDSME) and support programs to improve their confidence in managing their chronic condition(s).
- **Goal 2:** Implement new and innovative funding arrangements, including contracts and collaborations with multiple sustainability partners, to support evidence-based self-management education and support programs during and beyond the grant period. Additionally, embed programs into an integrated, sustainable evidence-based prevention program network via centralized, coordinated processes.

The National Kidney Foundation of Michigan (NKFM) and its partners will:

- Create innovative, sustainable pay structures for value-based reimbursement to support delivery of CDSME programs;

- Embed CDSME programs into an integrated network;
- Develop marketing materials to secure contracts and ensure sustainability; and
- Form an Advisors for Change & Transformation Team committed to expanding CDSME programs.

Proposed Interventions

- Chronic Disease Self-Management Program
- Diabetes Self-Management Program
- Better Choices, Better Health®
- Better Choices, Better Health-Diabetes®

Partnerships

To achieve the goals of the grant, NKFM will collaborate with the following key partners:

- Area agencies on aging
- Canary Health
- Centers for independent living
- Michigan Department of Health and Human Services

Prevention and Public Health Fund 2019, effective May 1, 2019



Anticipated Results

The NKFM and its partners propose to achieve the following results:

- Engage 1,344 older adults and persons with disabilities with the education needed to effectively manage one or more chronic conditions;
- Achieve a participant completion rate of 71% for community-based and 60% for digital programs;
- Enhance collaboration and infrastructure for program delivery;
- Build availability of digital programming; and
- Develop contracts with payers.

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