

# The 4th Annual Older Adult Mental Health Awareness Day (OAMHAD)

VIRTUAL SYMPOSIUM | Thursday, May 6th, 2021 | 10AM – 5:15PM ET



This event is designed as a public discussion on the topics of mental health and aging, specifically related to the prevention, treatment, and recovery support options and solutions for older adults with mental health or substance use disorders.



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Registration is free: <https://connect.ncoa.org/oamhad>

**Hosted by the National Council on Aging** and expanded from previous years, the event pays attention to mental health issues as a result of the current climate, such as depression, isolation, and the important role of peer support. The symposium will address some of the most important issues facing our society today and identify solutions for a path forward. Planning partners include the U.S. Administration for Community Living, Substance Abuse and Mental Health Services Administration, U.S. Department of Veterans Affairs, Health Resources & Services Administration, National Institute on Aging, Centers for Medicare and Medicaid Services, and several key national organizations including the National Caucus and Center on Black Aging and the National Resource Center on Native American Aging.

**Join us for** this one-day, free, live virtual symposium with access on-demand. The symposium is intended for public health practitioners, professionals in the aging network, mental health providers, and healthcare professionals.

**The program agenda** features a diverse array of topics focusing on ageism in mental health, social isolation, barriers to care, community resources, best practices, funding strategies, and more. Inter-related issues facing aging, diversity and access, and treatment protocols related to substance abuse will be discussed. Perspectives on racial inequities and from individuals with lived experience benefiting from mental health treatment will also be represented.

**Everyone has a role to play:** Let us help you expand your resources and build the connections you need to help people who are struggling. This event will strengthen community collaboration and forge connections for health care professionals, mental health providers, public health practitioners, government, community-based organizations, industry and more.

**For information contact:** [healthyaging@ncoa.org](mailto:healthyaging@ncoa.org)



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