

Career Studies

Grade 10 (GLC2O), 2024

Overall and Specific Expectations

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A **STRAND A:** **Developing the Skills, Strategies, and Habits** **Needed to Succeed**

Throughout this course, students will:

A1. Skills, Strategies, and Habits That Contribute to Success

demonstrate an understanding of the skills, strategies, and habits that can contribute to success in the pursuit of educational and career/life opportunities and in the achievement of a healthy school/life/work balance

A1.1 demonstrate an understanding of the importance of resilience and perseverance in school, life, and work – why it is helpful to acquire skills for adapting to change, persevering in the face of adversity, learning from mistakes, and thinking positively about setbacks – and analyse how developing resilience and perseverance can help them in all areas of their lives

A1.2 identify a range of strategies to help manage stress as they navigate a healthy school/life/work balance; explain how they have used such strategies in their lives so far and how they might apply them in the future; and recognize signs that could indicate stress is becoming problematic

A1.3 identify people, resources, and services in the school and the community that can provide support when a person is experiencing mental health concerns, and describe how to access these supports

A2. Decision-Making Strategies and Goal Setting

apply various decision-making strategies to help them set goals, reflecting on and documenting their goal-setting process

A2.1 apply various decision-making strategies as they set personal, social, educational, and career/life goals, then evaluate and revise those goals based on what they learn about themselves during this course

A2.2 reflect on and document the process of developing and revising goals, commenting on the effectiveness of the strategies they have used in the process and identifying areas where more work may be needed

B **STRAND B:** **Exploring and Preparing for the World of Work**

By the end of this course, students will:

B1. Exploring Work Trends and the Importance of Transferable Skills

demonstrate an understanding, based on research, of a variety of local and global trends related to work and employment, including the effect some of those trends have had on workers' rights and responsibilities and on the role of transferable skills in career development today

B1.1 identify some recent and evolving technological, economic, and social trends that have influenced the world of work, both locally and globally, noting their impact on the kind of work we do and how we do it as well as on workers' rights and responsibilities, and analyse the possible impact of those trends on their own choices now and in the future

B1.2 explain how transferable skills are developed through school, extracurricular, and/or community experiences, and analyse how they contribute to a person's readiness for future educational, life, and work opportunities and to their career development

B1.3 reflect on how the transferable skills they have developed so far have aided them in their learning and in life, and identify the skills that they may need to develop further

B2. Preparing for Future Opportunities

develop a personal profile based on an exploration of their interests, values, skills, strengths, and needs, and examine the range of factors that can influence their future education and career/life opportunities

B2.1 investigate their own interests, values, skills (including transferable skills), strengths, and areas that require further development, documenting their insights in a personal profile

B2.2 identify factors and conditions other than an individual's strengths, interests, and needs that inform education and career/life choices, and explain which of these factors may be influencing their own decisions

B2.3 explain how digital media use and a social media presence can influence their education and career/life opportunities, while at the same time demonstrating an understanding of the importance of managing their personal information and protecting their privacy online

B2.4 analyse the role of networking, including traditional and online social networking, in exploring and securing education and career/life opportunities

B3. Identifying Possible Destinations and Pathways

taking their personal profile into account, explore, research, and identify a few postsecondary destinations of interest, whether in apprenticeship training, college, community living, university, or the workplace, and investigate the secondary school pathways that lead to those destinations

B3.1 use a research process to identify and compare a few postsecondary options that suit their aspirations, skills, interests, values, and personal circumstances

B3.2 identify the pathways towards their preferred destinations, including the courses and/or specialized programs that lead to the destination and meet the requirements for a secondary school certificate or diploma, as well as the supports available at school and in the community that can enhance their secondary education



STRAND C: Planning and Financial Management to Help Meet Postsecondary Goals

By the end of this course, students will:

C1. Creating a Postsecondary Plan

develop a plan for their first postsecondary year, whether in apprenticeship training, college, community living, university, or the workplace, and prepare a variety of materials for communicating their strengths and aspirations to prospective mentors, program administrators, employers, and/or investors

C1.1 select and organize information related to the postsecondary options that best suit their specific interests, values, strengths, and aspirations to refine their goal(s)* for their first postsecondary year

C1.2 develop a plan that identifies steps and strategies for working towards their initial postsecondary goal(s), addressing potential opportunities and challenges

C1.3 use effective and appropriate forms, media, and styles to communicate their skills, experience, and achievements to prospective mentors, program administrators, employers, community organizations, scholarship funders, or investors

C2. Budgeting and Financial Management

demonstrate an understanding of responsible management of financial resources and of services available to support their financial literacy as they prepare a budget for their first postsecondary year

C2.1 describe fundamentals of financial responsibility, assessing the benefits of a variety of savings options and exploring planning tools available through financial institutions and other avenues

C2.2 compare different forms of borrowing and identify some of the risks and benefits associated with each

C2.3 identify key considerations related to preparing a personal budget, and apply them in developing a budget for their first postsecondary year

*Students may need to prepare for more than one initial postsecondary option for a variety of reasons. They may also want to consider goals beyond their primary academic or career-related goal.