

| Operating day | | Monday - Friday | | | | |
|---------------------------------------|-----|-----------------|-------|-------|-------|-------|
| Service exception | | FX | FO | WO | TUTHO | MO |
| Ballina (Bus Station) | dep | 08:15 | 08:15 | 13:40 | 14:30 | 14:30 |
| Attymas (Church) | | | | 14:03 | | |
| Carrowkerribly | | | | 14:10 | | |
| Knockmore (Brogans) | | 08:31 | 08:31 | | | |
| Foxford (Opp Browns Monument) | | 08:45 | 08:47 | | 14:46 | 14:46 |
| Swinford (OConnors Hotel) | | 09:01 | 09:02 | 14:33 | 14:58 | 14:58 |
| Charlestown (Market Square - Murrays) | | 09:18 | 09:16 | | | |
| Carracastle (Opp Church) | | | 09:25 | | | |
| Ballaghaderreen (BMW Office) | | | 09:38 | | | |
| Frenchpark (Opp Post Office) | | | 09:52 | | | |
| Ballinagare (N5 Eastbound stop) | | | 09:58 | | | |
| Elphin (Newline Rd Hair Salon) | | | 10:15 | | | |
| Strokestown (Bridge St - Arcadia) | | | 10:30 | | | |
| Tarmonbarry (eastbound stop) | | | 10:42 | | | |
| Tumgesh (School) | | | | 14:43 | | |
| Cloonfinnish (Shrine) | | | | 14:46 | | |
| Charlestown (Market Square - Murrays) | | | | 14:58 | | |
| Longford Station | arr | | 10:56 | | | |

FX = Operates Monday to Thursday.
FO = Friday Only Service
WO = Wednesday only
TUTHO = Operates Tuesday & Thursday only.
MO = Monday Only Service

* The TFI Live App allows you to access live real time departure and journey planning information across the Transport for Ireland (TFI) network

| Operating day | | Monday - Friday | | | | | | | |
|---------------------------------------|-----|-----------------|-------|-------|-------|-------|-------|-------|-------|
| Service exception | | WO | THO | MO | WO | TUTHO | MO | FO | TuO |
| Longford Station | dep | | | | | | | 13:30 | |
| Tarmonbarry (Garda Station) | | | | | | | | 13:42 | |
| Strokestown (Percy French Hotel) | | | | | | | | 13:55 | |
| Elphin (Newline Rd Opp Salon) | | | | | | | | 14:10 | |
| Ballinagare (N5 Westbound stop) | | | | | | | | 14:27 | |
| Frenchpark (Post Office) | | | | | | | | 14:33 | |
| Ballaghaderreen (Hanleys) | | | | | | | | 14:50 | |
| Carracastle Church | | | | | | | | 15:01 | |
| Charlestown (Market Square - Garveys) | | 09:25 | 09:30 | 09:30 | 15:00 | | | 15:10 | 17:55 |
| Swinford (Cards and Gifts Shop) | | | 09:45 | 09:45 | 15:16 | 15:17 | 15:17 | 15:23 | 18:08 |
| Foxford (Browns Monument) | | | 09:59 | 10:00 | 15:41 | 15:38 | 15:38 | 15:36 | 18:21 |
| Cloonfinnish (Opp Shrine) | | 09:36 | | | | | | | |
| Tumgesh (Opp School) | | 09:40 | | | | | | | |
| Swinford (Cards and Gifts Shop) | | 09:51 | | | | | | | |
| Carrowkerribla (Opp Fairy Fort) | | 10:12 | | | | | | | |
| Attymas (Opp Church) | | 10:20 | | | | | | | |
| Knockmore (Church) | | | | | 15:52 | 15:50 | 15:50 | 15:46 | |
| Ballina (Bus Station) | arr | 10:37 | 10:18 | 10:19 | 16:06 | 16:04 | 16:04 | 16:01 | 18:34 |

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