

PREPARING FOR PANDEMICS: WHAT ABOUT MENTAL HEALTH?



Addressing Psychological Distress
and Promoting Wellbeing
in the COVID-19 Pandemic

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 Barcelona School of Management, Universidad Pompeu Fabra
UPF - Balmes Building, C/ de Balmes, 132, 134,
L'Eixample, 08008 Barcelona, Spain

 **16 May 2024**



The conference will take place in person in Barcelona. It is also possible to register for online attendance only.

PRELIMINARY PROGRAMME

09:00 - 09:30	Registration & coffee	
09:30 - 09:40	Welcome	Prof. Dr. Marit Sijbrandij, Vrije Universiteit Amsterdam, The Netherlands
09:40 - 09:55	Scalable strategies to improve mental wellbeing in crisis: perspectives from WHO	WHO representative
09:55 - 10:55	Vulnerable populations in the COVID-19 pandemic: using epidemiological research to identify risk groups	Prof. Dr. Maria Melchior, INSERM, France Prof. Dr. Ellenor Mittendorfer-Rutz, Karolinska Institutet, Sweden
10:55 - 11:25	Coffee break	
11:25 - 12:10	Exploring the salience of mental health issues in pandemic decision-making: a qualitative analysis Balancing health and mental health in a pandemic: A Discrete Choice Experiment in Eight European Countries Improving the preparedness of health systems to reduce mental health and psychosocial concerns resulting from public health and economic shocks	Dr. Wagner Silva-Ribeiro, London School of Economics and Political Science, UK Prof. Dr. Vincent Lorant, Université Catholique De Louvain, Belgium Dr. David McDaid, London School of Economics and Political Science, UK
12:10 - 12:55	Building resilience for future pandemics: Evaluation of a scalable and cost-effective eHealth intervention for health and care workers with psychological distress Implementation study of the stepped-care programme of psychological interventions for healthcare workers in nursing homes for older people in Belgium	Dr. Roberto Mediavilla, Universidad Autónoma de Madrid, Spain Dr. Pablo Nicaise, Université Catholique De Louvain, Belgium
12:55 - 13:55	Lunch	
13:55 - 14:55	Testing WHO psychosocial interventions for vulnerable population groups	Dr. Marianna Purgato, Università di Verona, Italy Rinske Roos, Vrije Universiteit Amsterdam, The Netherlands Giulia Turrini, Università di Verona, Italy Dr. Andrea Tortelli, INSERM, France
14:55 - 16:10	Panel discussion with researchers and policymakers	
16:10 - 16:15	Closing remarks	Prof. Dr. Marit Sijbrandij, Vrije Universiteit Amsterdam, The Netherlands
	Drinks	