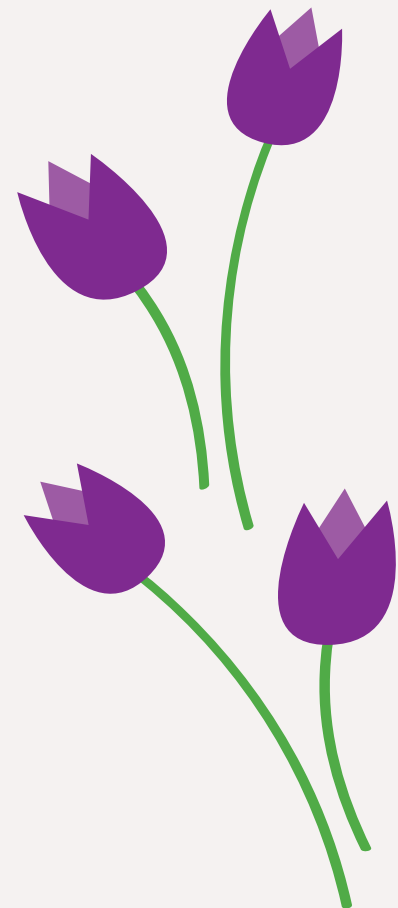


Student Wellbeing Calendar



Summer is here

July - August

- Keti Koti
- Pride University Week by VU Pride

June

Final stretch

Focus on the final work of the year. You can do it!

- Boost your Motivation
- DejaVU

September - October

Start of the year

Focus on (re)creating a safe and comfortable place

- Friendshipping by NEWConnective
- Accessibility Week
- Study Sessions

Winter is coming

Focus on staying positive & accepting the dark days

- Wellbeing Week
- VU festival of lights
- Winter Break Activities by 3D

November - December

New year's resolutions

Focus on a fresh start of the year with new goals

- Dry January
- Blue Monday

January

Recharge your mind

Focus on your mental health and take a break

- Get a grip on your thesis dip
- Workshop Decision Making
- Spring Wellbeing Days

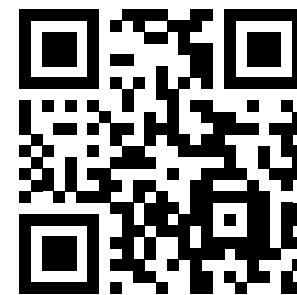
April - May

Community first

Focus on yourself and the ones around you

- Workshop about Social Safety
- Zero Discrimination Day
- Bookish's Craft Collective by Student Wellbeing Point

February - March



Scan the QR to find all yearly activities, national days and events concerning student wellbeing & sign up!

