



Alpro Growing Up Soya Drink 1-3+ years

Information sheet

Soya alternative to milk developed to meet the nutritional needs of 1 to 3 year olds.

More energy

High protein quality

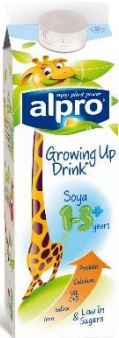
PLUS...



Alpro Growing Up Soya Drink 1-3+ has been formulated to better meet the specific nutrient needs of young children. The first of its kind, Alpro Soya 1-3+ is suitable as a main milk drink for children 1 year onwards and, as it is 100% plant-based, ideal for those following a dairy-free diet whether they are lactose intolerant, have an allergy to cow's milk protein or following a vegan or vegetarian diet.


- High quality protein and higher energy level compared to other plain soya alternatives to milk, providing adequate energy for young children
- Provides iron, calcium, iodine and vitamins B2, B12 and D
- Low in sugars (2.5g per 100ml)

Alpro Soya 1-3+ can be used in cooking and food preparation from 6 months of age, and its nutrition profile makes it a suitable soya alternative to milk for use as a main milk source from the age of one.



A 250ml daily serving of Alpro Soya 1-3+ will meet the following UK dietary reference values for 1-3 year olds:

- Over 75% iodine, calcium and iron requirements
- 38% of their vitamin D needs
- All of their vitamin B12 and C needs
- 88% of their riboflavin requirements



Now available in 1L chilled cartons, 1L and 250ml UHT cartons.

Alpro Growing Up Soya Drink 1-3+ years – FOR HEALTH PROFESSIONAL USE ONLY

Updated: February 2018

Further Information: www.alpro.com/healthprofessional



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Alpro Growing Up Soya Drink 1-3+ years – Nutrition Information

<i>Soya alternative to milk developed especially for little ones</i>	per 100ml	per 250ml Daily serving
kJ	269	673
kcal	64	160
Fat g	2.2	5.5
sat fat g	0.4	1.0
Carbohydrate g	8.3	20.8
sugars g	2.5	6.3
Fibre g	0.4	1.0
Protein g	2.5	6.3
Salt g	0.04	0.1
Vitamin D mcg	1.5	3.75
Vitamin C mg	12	30
Vitamin B2 mg	0.21	0.53
Vitamin B12 mcg	0.38	0.95
Calcium mg	120	300
Iron mg	2.1	5.3
Iodine mcg	24.5	61.3

Ingredients

Water, maltodextrin, hulled **soya** beans (4,9%), raw cane sugar, fructose, sunflower oil, calcium (calcium carbonate), acidity regulator (mono-potassium phosphate), flavourings, vitamins (C, B2, B12, D2), emulsifier (sunflower lecithin), stabiliser (gellan gum), iron pyrophosphate, potassium iodide.

Free from: *dairy, gluten and wheat*

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