



Photo: NAPA/Shutterstock.com



Claudio306/Shutterstock.com



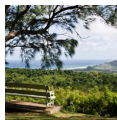
Filip Fuxa/Shutterstock.com



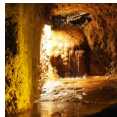
Tom Jur/unsplash

White beaches, turquoise waters, and lively nightlife — these are images Bridgetown, the capital of the Caribbean island of Barbados, likely conjures up in the minds of most. But Bridgetown is so much more! There's the colonial heritage — its entire downtown is on the UNESCO list, after all — lush forests right outside city limits and an abundance of local and international shopping options. An animated buzz sets in as the sun goes down, inviting one to join the famously laid-back and welcoming Bajans on a night out.

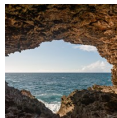
Featured



Farley Hill National Park
After some hot and sunny beach days, a trip to Farley Hill National Park can...



Harrison's Cave
Harrison's Cave has been naturally formed by water erosions and amazes visit...



Animal Flower Cave
Animal Flower Cave is the only accessible sea cave on Barbados, located at N...



Barbados Boardwalk
Barbados Boardwalk stretches nearly 12 kilometres along the southern coast o...



Mount Gay Visitor Centre
Mount Gay was established in 1703 and is the world's oldest commercial rum d...

Top 5



Downtown
Downtown Bridgetown has been part of the UNESCO World Heritage since 2012 (a...



The Carenage
Luxurious boats and yachts are docked at the Carenage (Bridgetown's marina)...



Parliamentary Buildings
The Parliamentary Buildings of Barbados are situated along the Constitution ...



Garrison Historic Area
"The Garrison" is another part of Bridgetown's UNESCO World Heritage and a s...



St. Nicholas Abbey
St. Nicholas Abbey is one of the island's oldest surviving plantation buildi...

THE CITY



NAPA/Shutterstock.com

Formerly called “The Town of Saint Michael”, Bridgetown has kept its colonial charm and delights its visitors with cultural sights and recreational options alike. Bajans (as Barbadians are called) refer to it as “Town” and take pride in its fame as the birthplace of rum. As a former British colony (independent since 1966), sugar, rum and molasses belonged to the island’s export goods and play an important role in Bajan cuisine to-date.

Bridgetown itself spreads out along the island’s south-western coast and is Barbados’ nightlife and dining hotspot. Try the famous fried flying fish, cou cou, fish cakes and other Bajan specialities – and do not forget the rum.

With its 110,000 inhabitants, Bridgetown is home to nearly a third of the Bajan population and a popular destination for Caribbean cruises. You will find several marvellous beaches with endless possibilities – swimming, snorkelling, even shipwreck-diving. Plus, the island’s centre offers lush forests and fascinating flora and fauna. Since Barbados is only 432 square kilometres in size, you can explore the whole island while staying in Bridgetown – in your own rental car or by bus. Everything is reachable within 1 to 1,5 hours.

Crop Over Festival – celebrated annually at the beginning of August – is a spectacle worth attending. In its 200-year-old tradition, colourful bands parade through the streets like a carnival. It is then when the open-minded, friendly Bajan culture can be witnessed and celebrated.

DO & SEE



Dave Primov/Shutterstock.com

Besides beaches and water sports, Bridgetown offers several cultural sights. In 2012, parts of the city centre and the garrison became listed as UNESCO World Heritage Sites. Apart from that, it can be worth considering day trips to the island’s natural gems, such as caves, woods and wildlife reserves. A special occasion is the yearly Crop Over Festival at the beginning of August – when colourful masquerade bands conquer the streets like a carnival.

Downtown



Downtown Bridgetown has been part of the UNESCO World Heritage since 2012 (along with the Garrison). You can start your walk at Independence Square with its fountains and columns and cross Chamberlain Bridge. You will then arrive at National Heroes Square (formerly known as Trafalgar Square) at the northern shore of the Careenage. From here you can

explore the streets, getting a glimpse of colonial buildings here and there.

Photo: Pgbk1987/cc by-sa 3.0/Wikimedia(image cropped)

The Careenage



Luxurious boats and yachts are docked at the Careenage (Bridgetown's marina), which makes it a picturesque place for a boardwalk during sunset.

From here, you can conquer the city centre or enjoy food and drinks in one of the many restaurants and bars.

Photo: John Wollwerth/Shutterstock.com

Address: Careenage, Bridgetown

Parliamentary Buildings



The Parliamentary Buildings of Barbados are situated along the Constitution River and next to National Heroes Square. They are also part of the city's World Heritage Site and contain (amongst other things) the Public Library and a museum. The West Wing hosts the National Heroes Gallery and depicts the history of democracy in Barbados. Besides all this, parliament sessions are open to the public.

Photo: Centrill Media/Shutterstock.com

Address: Rickett Street, Bridgetown

Opening hours: Museum: Mon, Wed-Fri 10am-4pm, Sat 10am-3pm

Internet: www.barbadosparliament.com

Garrison Historic Area



"The Garrison" is another part of Bridgetown's UNESCO World Heritage and a small district south of downtown. During the 18th and 19th century, it was the headquarters of the British West India Regiment in Barbados - evidenced in the remaining fortifications, cannons, and the iconic clock tower. The Garrison Savannah racetrack is a big part of the site, and you can watch horse races of the Barbados Turf Club here to this day.

Photo: Lisa Strachan/Shutterstock.com

Address: St. Ann's Garrison, Bridgetown

More Info: Find out more about horse races:

www.barbadosturfclub.org/

St. Nicholas Abbey



St. Nicholas Abbey is one of the island's oldest surviving plantation buildings. You can visit the rum distillery, learn about its history at the museum (situated in a Jacobean mansion) and grab a bite at the Terrace Café. As of late 2018, you can even enjoy a ride on the heritage railway, which goes through lush woods and around a lake nearby. St. Nicholas is located in St. Peter in the northern part of Barbados, only a 40-minute drive from Bridgetown.

Photo: Pontificalibus/cc by-sa 3.0/Wikimedia(image cropped)

Address: Cherry Tree Hill, St. Peter

Opening hours: Sun-Fri 10am-3:30pm

Phone: +1 246 422 5357

Internet: www.stnicholasabbey.com

Barbados Museum & Historical Society



This museum is housed in a former military prison close to the Garrison.

Several exhibitions display the natural history of the island, the

furnishing of plantations houses and the life of early inhabitants, the Amerindians. There also is an interactive children's section and a library.

Photo: K. Anisko/Shutterstock.com

Address: Dalkeith Road, Bridgetown

Opening hours: Mon-Sat 9am-5pm, Sun 2pm-6pm

Phone: +1 246 538 0201

Internet: www.barbados.org/museum2.htm#.XigWWMhKi70

Mount Gay Visitor Centre



Mount Gay was established in 1703 and is the world's oldest commercial rum distillery. In their Visitor Centre in Bridgetown,

you can experience three different tour types and taste Barbados' finest spirits. You can also choose lunch and dining options or buy your favourite rum.

Photo: Kojin/Shutterstock.com

Address: Spring Garden Highway, Bridgetown

Phone: +1 246 227 8864

Internet: www.mountgayrum.com/tour-mount-gay/

Barbados Boardwalk



Barbados Boardwalk stretches nearly 12 kilometres along the southern coast of Bridgetown, from Rockley Beach to Coconut Court

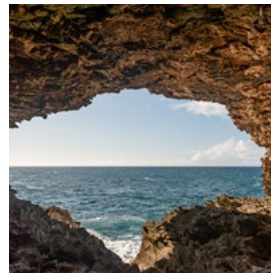
Beach. Visitors and locals alike enjoy jogging or walking the wooden floorboards by the ocean. If

you feel the need for a bite or a drink, you will find plenty of little shacks and bars along the boardwalk.

Photo: ziggysofi/Shutterstock.com

Address: The Boardwalk, Bridgetown

Animal Flower Cave



Animal Flower Cave is the only accessible sea cave on Barbados, located at North Point, St. Lucy. There are guided tours along the

cave's colourful walls and a gorgeous view of the ocean. From February to April, you may even sneak a peek of humpback whales. If you get hungry after the cave tour, there is a lunch restaurant on the cliff top awaiting you.

Photo: photosounds/Shutterstock.com

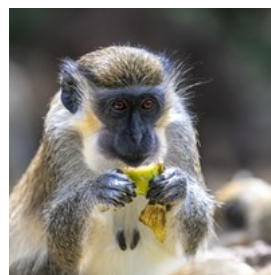
Address: Animal Flower Cave, St. Lucy

Opening hours: Daily 9am-4:30pm

Phone: +1 246 439 8797

Internet: www.animalflowercave.com

Barbados Wildlife Reserve



At the edge of historic Farley Hill National Park, green monkeys, iguanas, tortoises, and snakes wander around freely in the Barbados Wildlife

Reserve. Plan to be there around 2 pm, when parrots, caimans, and maras are getting fed. The reserve's admission also grants access to Grenade Hall Signal Station and Forest. Getting to the park takes a rough 35 minutes by car from the capital city.

Photo: Roman Tiraspolsky/Shutterstock.com

Address: Farley Hill, St. Peter

Opening hours: Daily 10am-5pm

Phone: +1 246 422 8826

Internet: www.barbadoswildlifereserve.com

Harrison's Cave



Harrison's Cave has been naturally formed by water erosions and amazes visitors with stalactites, stalagmites and huge caverns. You can either

book a tram tour, that takes you along the main sights in one hour, or - if you want to feel like an explorer - book the eco-adventure tour: 3,5 hours of trekking, sometimes on your hands and feet. Harrison's Cave is located in the central uplands of Barbados, half an hour outside of Bridgetown.

Photo: Pornprapa Korprasert/Shutterstock.com

Address: Harrison's Cave, St. Thomas

Phone: +1 246 417 3700

Internet: www.harrisonscave.com

More Info: Only closed on Good Friday, Easter Sunday, 1st Monday in August (Kadooment Day) and Christmas

Farley Hill National Park



After some hot and sunny beach days, a trip to Farley Hill National Park can be a refreshing alternative. Grab a picnic and enjoy hiking through

mahogany woods and looking down at the eastern coast from time to time. The ruins of Farley Hill house, once a splendid mansion, add a mystical aspect. Sometimes, this place is even transformed into a stage for theatrical events.

Photo: Chris Smart/Shutterstock.com

Address: Farley Hill National Park, Benny Hall

BEACHES



Albert Pego/Shutterstock.com

Barbados offers magnificent beaches, embellished with palm trees and coral reefs. Here you can enjoy various activities, as there is a beach or a bay for everything: sunbathing, swimming, water sports, animal-watching, snorkelling, and scuba diving.

Pebbles Beach



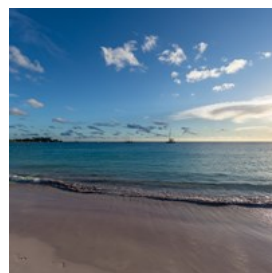
Pebbles Beach is - contrary to what one could assume - a sandy beach, located within the UNESCO World Heritage Site of Bridgetown. It

overlooks Carlisle Bay (south of Browne's Beach) and is washed over by calm waters, which makes it perfect for children. Sometimes you can even watch racehorses take a bath here. Kayaking is also a popular activity at this beach.

Photo: Ms Jane Campbell/Shutterstock.com

Address: Pebbles Beach, Bridgetown

Brownes Beach



As one of Barbados' largest beaches, Brownes Beach stretches out along famous Carlisle Bay with its shipwrecks and other sunken treasures

underwater. It is only a five-minute walk from the city centre of Bridgetown and popular for various beach sporting activities. The Boatyard Club, Barbados Yacht Club, and Barbados Cruising Club are also located at Brownes Beach.

Photo: chromoprisme/Shutterstock.com

Address: Brownes Beach, Bridgetown

Paradise Beach



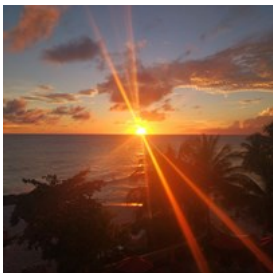
Paradise Beach is separated from other Bridgetown beaches by a piece of woodland, a nice picnic spot. It is relatively quiet, not over-crowded

and perfect for swimming, as there is no dangerous undertow. Around the corner, you will find Freshwater Bay and a tiny fishing village.

Photo: Lucky-photographer/Shutterstock.com

Address: Paradise Beach, Bridgetown

Dover Beach



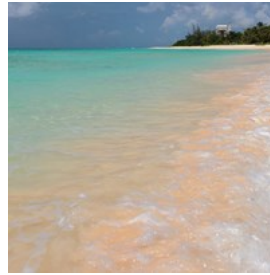
In the middle of St. Lawrence Gap you will find Dover Beach, set on the southern coast of Barbados. Many locals and travellers come here

for water sports like jet skiing and windsurfing. There is also a playing field for cricket nearby. After an exciting day at the beach, you can head over to the busy nightlife of St. Lawrence Gap.

Photo: Ouzk/Shutterstock.com

Address: Dover Beach, Dover

Brighton Beach



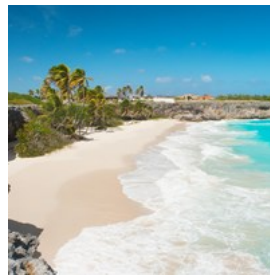
Located north of Bridgetown's city centre and away from busy Carlisle Bay, Brighton Beach offers a more laid-back atmosphere

(besides white sand and turquoise water). You can watch ships going in and out of the cruise port nearby. Brighton Beach is accessible from Spring Garden Highway.

Photo: photobeginner/Shutterstock.com

Address: Brighton Beach, Bridgetown

Bottom Bay Beach

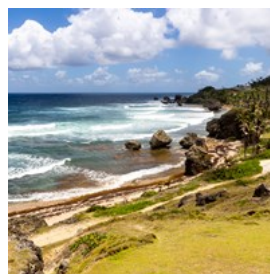


Bottom Bay Beach is located on the eastern tip of Barbados, close to Apple Hall. It is semi-enclosed by coral cliffs and offers tall palm trees and wonderful picnic spots. You may even spot turtles and whales here. However, bathing is not recommended due to the strong waves and current.

Photo: Filip Fuxa/Shutterstock.com

Address: Bottom Bay Beach, Apple Hall

Bathsheba Beach



Picturesque Bathsheba Beach on Barbados' East Coast is famous for its iconic cliffs and rocks - and the Soup Bowl, a popular surfer's spot.

This beach is not the perfect place for a swim, but the gorgeous view on the wild sea quickly makes up for that. It is only a 30-min car drive away from Bridgetown.

Photo: Andy Glenn/Shutterstock.com

Address: Bathsheba Beach, Bathsheba

Shark Hole Beach



Shark Hole Beach is a unique experience when travelling to Barbados. It is hidden by Long Bay on the southeastern coast of the island and located near Sam Lord's Castle. The current has formed a spoon type funnel, protected by barrier reef coves. As popular this spot is on weekends, you may find it nearly deserted on weekday mornings. However, the strong undercurrents outside Shark Hole are not to be underestimated.

Photo: nick.thompson/Shutterstock.com

Address: Shark Hole, Long Bay

DINING

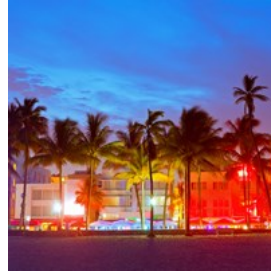


Fanfo/Shutterstock.com

The typical Barbadian (or Bajan) dish must include fried flying fish and cou cou, which is similar to polenta and made with cornmeal and okra. Bajan cuisine has influences from all over the world, for example from Creole, Indian, and British culinary traditions. Other famous meals are pepper pot stew, fish cakes, and pumpkin fritters. The Careenage, St. Lawrence Gap, and downtown Bridgetown offer a wide variety of affordable and upscale restaurants - and if you are not in the mood for Bajan food, you will find

international cuisine there, too.

St. Lawrence Gap



“The Gap” offers a lively nightlife and various restaurants for all tastes. Start your night out at one of the local eateries, make your way through several rum shacks and shake it in one of their nightclubs. Locals and tourists enjoy the buzzing atmosphere in this small district, southeast of Bridgetown's city centre.

Photo: fotomak/Shutterstock.com

Address: St. Lawrence Gap, Oistins

Oistins Fish Fry



On Friday nights, the Oistins Bay Gardens (south coast) transform into a social hub of dining, shopping, and dancing. At the open-air Fish Fry, you can get all kinds of fish and seafood at affordable prices. Plus, there is an arts and crafts sale, as well as different kinds of music. Oistins Fish Fry is a must-go for locals and visitors alike.

Photo: jutia/Shutterstock.com

Address: Oistins

Opening hours: Daily 6-11pm

Champers



Champers is one of Barbados' top-notch gourmet restaurants, located on the south coast. The waterside terrace provides a romantic atmosphere, while international dishes

are garnished with Caribbean flavours. According to the staff, fresh lobster belongs to the crowd favourites. Upstairs you will find an art gallery, offering paintings and jewellery for sale.

Photo: HelgaBragina/Shutterstock.com
Address: Skeetes Hill, Christ Church
Opening hours: Mon-Sat 11:30am-3pm, 5:45pm-9:30pm
Phone: +1 246 434 3463
Internet: www.champersrestaurant.com
Email: champers@champersinc.com

CAFES

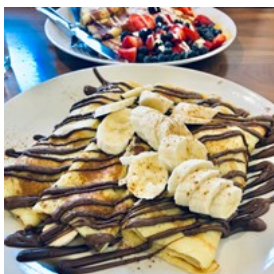


Alexander Lukatskiy/Shutterstock.com

Bridgetown offers a variety of different cafes and lunch eateries with Bajan or international cuisine. Many of them are concentrated around the downtown area, St. Lawrence Gap, and the coastline.

Here are some of the best cafes in Bridgetown, Barbados:

Bliss Cafe



Bliss Cafe at St. Lawrence Gap serves some of the most acclaimed, mouth-watering breakfast foods on the island. You can choose between waffles, panini sandwiches, some English options and more. Grab a cup of

coffee and take a walk to beautiful Dover Beach afterwards.

Photo: N K/Shutterstock.com
Address: Dover Road, Christ Church
Opening hours: Tue-Sat 7:30am-2:30pm
Phone: +1 246 255 5410
Internet: www.blisscafebarbados.com/

Mustor's Restaurant



In search of some cou cou along with typical Bajan food, Mustor's Restaurant will come in handy. Located in Bridgetown's city centre, they offer local, inexpensive breakfast, lunch and even drinks. Guests appreciate the friendly service and the laid-back atmosphere.

Photo: rj lerich/Shutterstock.com
Address: McGregor Street, Bridgetown
Opening hours: Mon-Sat 8am-3:45pm
Phone: +1 246 426 5175

Brown Sugar Restaurant



Besides à-la-carte menus for lunch and dinner, Brown Sugar offers a sumptuous lunch buffet, including Bajan and Creole dishes. The interior is lush green, while patios and a water garden add to the experience. Brown Sugar is located close to Garrison Savannah and Brownes Beach.

Photo: 54613/Shutterstock.com
Address: Aquatic Gap, St. Michael
Opening hours: Sun-Fri 12pm-2:30pm, Sun-Sat 6pm-9:30pm
Phone: +1 246 426 7684
Internet: www.brownsugarbarbados.net

Animal Flower Cave and Restaurant



As if Animal Flower Cave wasn't an attraction in itself, this small adjacent restaurant complements a cave tour with a wonderful ocean view.

They serve Bajan cuisine cooked with local produce (they have a sheep farm nearby), so consider lunch at this place if you plan a visit to Barbados' North Point.

Photo: NADKI/Shutterstock.com

Address: St. Lucy, Barbados

Opening hours: Daily 11:30am-3:30pm

Phone: +1 246 439 8797

Internet: www.animalflowercave.com/the-restaurant

Email: animalflowercave@outlook.com

More Info: Closed on Christmas Day, Kadooment Day and Independence Day

Coffee Barbados Cafe



Coffee Barbados Cafe offers typical cafe-food: home-made cakes, pastries, sandwiches and salads. They are proud of their Caffe Torelli beans

they use to brew coffee specialities. If you like it, you can even buy a bag of beans (also online).

Located in the historic George Washington House in the UNESCO World Heritage Site, the cafe provides a lovely atmosphere with plenty of plants.

Photo: Kanchana P/Shutterstock.com

Address: Bush Hill, Bridgetown

Opening hours: Mon-Fri 7:30am-4pm, Sat & Sun 8am-12pm

Phone: +1 246 249 7613

Internet: www.coffeebarbados.com/

Email: coffeebarbados@gmail.com

BARS & NIGHTLIFE



Disobey Art/Shutterstock.com

Some call Bridgetown one of the Caribbean nightlife capitals since it really has everything: opulent nightclubs, vibrant beach bars, local pubs, and dinner cruises. The main hotspots are the Careenage and St. Lawrence Gap, but beach lounges and little rum shacks can be found everywhere on the island. Make sure to try the island's signature drink - rum - when visiting Bridgetown and Barbados.

Check out some of the best bars and nightclubs in Barbados:

Harbour Lights



Harbour Lights at Carlisle Bay functions as a beach club (including turtle and shipwreck tours) by day and as a nightclub when the sun sets. Expect Caribbean dinner shows, different DJs and a buzzy atmosphere in one of Barbados' most famous clubs. Wednesday and Friday nights are the peak times for open-air parties at Harbour Lights.

Photo: DisobeyArt/Shutterstock.com

Address: Marine Villa, Bay Street, Bridgetown

Opening hours: Mon 9am-5pm, 7-11pm, Tue 9am-5pm, Wed 9am-3am, Fri 9am-5pm, 9:30pm-5am, Thu & Sat-Sun 9am-5pm

Phone: + 1 246 436 7225

Internet: www.harbourlightsbarbados.com/

Email: contactus@harbourlightsbarbados.com

Crystal Waters Beach Bar



Crystal Waters is popular among locals and visitors alike and can be found by Worthing Beach (St. Lawrence Gap). Every Sunday, there is a

barbecue at lunchtime and live music throughout the whole day and night. Expect typical pub grubs and affordable drinks – especially during their daily happy hours in the afternoon.

Photo: Thoom/Shutterstock.com

Address: 1st Ave Worthing, Christ Church

Opening hours: Daily from 11am

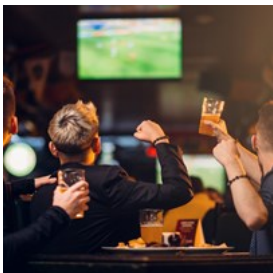
Phone: +1 246 435 6532

Internet: www.crystalwatersbds.wixsite.com/crystalwatersbds/beer-bar

Email: crystalwatersbarbados@yahoo.com

More Info: Belongs to Crystal Waters Guest House & Apartments

Wendy's Sports Bar



Wendy's Sports Bar at the island's west coast serves authentic and affordable Bajan food and beer (check the special offers). And – as the name

suggests – they screen sporting events, like Premier League football (check their schedule online). You will meet Bajans and visitors alike at this local bar.

Photo: Nomad_Soul/Shutterstock.com

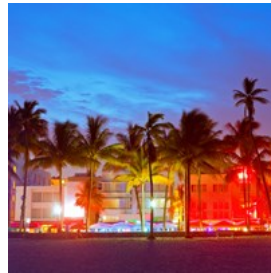
Address: Risk Road, Fitts Village, St. James

Opening hours: Tues-Thu & Sat 8am-10pm, Fri 8am-1am, Sun 9am-2pm

Phone: +1 246 571 5512

Internet: www.m.wendyssportsbar.com/

St. Lawrence Gap



“The Gap” offers lively nightlife and various restaurants for all tastes. Start your night out at one of the local eateries, make your way through

several rum shacks, and shake it in one of their nightclubs. Locals and tourists enjoy the buzzing atmosphere in this small district, southeast of Bridgetown's city centre.

Photo: fotomak/Shutterstock.com

Address: St. Lawrence Gap, Oistins

Oistins Fish Fry



On Friday nights, the Oistins Bay Gardens (south coast) transform into a social hub of dining, shopping and dancing. At the open-air

Fish Fry, you can get all kinds of fish and seafood for affordable prices. Plus, there is an arts and crafts sale, as well as different kinds of music. Oistins Fish Fry is a must-go for locals and visitors alike.

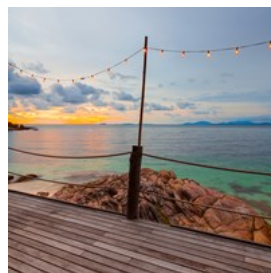
Photo: jutia/Shutterstock.com

Address: Oistins

Opening hours: Daily 6-11pm

Internet: www.barbados.org/oistins-fish-fry.htm#.XillnchKi70

Drift Ocean Terrace Lounge



Enjoy a beautiful Barbadian sunset on Drift Ocean's terrace on the island's west coast. They serve wines, cocktails, pizza, and other tasty

bites as a side to the view. The lounge is known for a laid-back atmosphere and a medium price

level.

Photo: Visual Storyteller/Shutterstock.com

Address: Holetown, St. James

Opening hours: Daily 5pm-2am

Phone: +1 246 432 2808

Internet: www.driftnbarbados.com

Email: info@driftnbarbados.com

SHOPPING



Richard Semik/Shutterstock.com

You will find the main shopping options in Bridgetown's city centre with Broad Street and Swan Street. Besides that, St. Lawrence Gap and Oistins are always worth a visit. Holetown is for those who want to enjoy high-end shopping. Make sure to purchase Bajan souvenirs, such as pottery, jewellery or rum.

Swan Street



Historic Swan Street is the second of the two main shopping avenues in Bridgetown (besides Broad Street). You will find delis, jewellery, clothes and a lot of Bajan vibe on this pedestrians-only street. The usual opening hours of the shops are 8 am to 5 pm.

Photo: Centrill Media/Shutterstock.com

Address: Swan Street, Bridgetown

Cave Shepherd Department Store



At Cave Shepherd, you will find all kinds of duty-free products, like jewellery, perfumes, watches, and liquor. Don't forget to bring your

passport and departure card to save a lot of money with tax-free shopping. Cave Shepherd is located at Broad Street, the main shopping avenue in downtown Bridgetown.

Photo: Andrey Burstein/Shutterstock.com

Address: Broad Street, Bridgetown

Opening hours: Mon-Thu 8:30am-5:30pm, Fri 8:30am-7pm,

Sat 8:30am-5:30pm, Sun 10am-4pm

Phone: +1 246 629 4400

Internet: www.mycaveshepherd.com

Earthworks Pottery



Earthworks claims to be "no ordinary pottery" and offers visitors to experience the art of their craft live. Choose dinnerware, serving

pieces and souvenirs from a large selection and watch the potters paint them in their workshop.

Photo: lspasl/Shutterstock.com

Address: 2 Edgehill Heights, St. Thomas

Phone: +1 246 425 0223

Internet: www.earthworks-pottery.com

Email: eworks@caribsurf.com

Limegrove Lifestyle Centre



Limegrove provides upscale, luxurious shopping in a modern, lively atmosphere. Browse through high-end fashion boutiques,

jewellery shops or even art galleries and take a

break in one of the cinemas. Limegrove Lifestyle Centre is located north of Bridgetown's city centre in Holetown.

Photo: David Prado Perucha/Shutterstock.com

Address: Holetown, St. James

Opening hours: Retail Stores: Mon-Sat 10am-7pm, Sun 10am-5pm

Phone: +1 246 620 5463

Internet: www.limegrove.com

Email: info@limegrove.com

More Info: Opening hours of restaurants and bars can vary: www.limegrove.com/guest-services/hours/

Hastings Farmers Market



This small market offers goods following the slogan "Home-made, home-grown or home-created". Fruit, vegetables, prepared

Trinidadian and Bajan meals, as well as arts and crafts are sold here every Wednesday, Saturday and Sunday. Hastings Farmers Market is located only 20 minutes by foot from the Garrison and Carlisle Bay.

Photo: Uladzik Kryhin/Shutterstock.com

Address: ArtSplash Hastings, Christ Church

Opening hours: Wed, Sat & Sun 8am-2pm

Phone: +1 246 2280776

Internet: www.hastingsfarmersmarket.com

Chattel Village



Chattel Village in Holetown can be the perfect location to find souvenirs for your loved ones and yourself, for example at Best of

Barbados Gift Shop. Small shops in colourful houses make for a special shopping experience, so visit this lively gem in Holetown.

Photo: Nicola Pulham/Shutterstock.com

Address: Holetown, St. James

Mount Gay Visitor Centre



Mount Gay was established in 1703 and is the world's oldest commercial rum distillery. In their Visitor Centre in Bridgetown,

you can experience three different tour types and taste Barbados' finest spirits. You can also choose lunch and dining options or buy your favourite rum.

Photo: Kojin/Shutterstock.com

Address: Spring Garden Highway, Bridgetown

Phone: +1 246 227 8864

Internet: www.mountgayrum.com/tour-mount-gay/

TOURIST INFORMATION



Filip Fuxa/Shutterstock.com

Grantley Adams International Airport (GAIA)



Grantley Adams International Airport (GAIA) is located in Seawell, Christ Church. The distance to Bridgetown is 15

kilometres and takes about 40 minutes by bus. GAIA serves as major gateway to the Eastern

Caribbean and offers direct service to destinations in North and Central America as well as Europe. Car rental service is available at the airport.

Photo: Juan Garces
Address: Seawell, Christ Church
Phone: +1 246 536 1300
Internet: www.gaia.bb/

Passport / Visa



Citizens of most countries do not require a visa to visit Barbados as a tourist, since travellers are usually allowed 28 days of stay (in some

cases even more). However, some countries do require an entry visa, so contact an embassy near you if you are not sure. Generally, the visitor's passport must be valid at the time of entry and throughout the duration of stay. Tourists also must be prepared to show a return ticket, their intended address and evidence of personal support (e. g. a personal bank statement).

Photo: TukTuk Design/Shutterstock.com

Public Transport



Barbados Transport Board operates buses, that will get you around the whole island. They have a standard fare and even offer inexpensive

scenic tours. Plus, there are the privately owned minibuses (yellow with a blue stripe) and the smaller vans, called ZRs (white with a maroon stripe, "ZR" on license plate). Alternatively, you can easily rent a car or explore Bridgetown on foot, as most things are within walking distance.

Photo: Pierre-Luc Auclair

Taxi



Taxis in Barbados usually do not have taximeters, so ask for the price before getting onboard. Fares are regulated by the government, so you

are not likely to get scammed. Some taxi companies even offer special island tours. Private taxi vans have a license plate starting with "ZM" (not to be confused with the public "ZRs"). There are standard taxis and taxi vans.

Photo: Taxi

Best Time to Visit



Barbados has a tropical climate with temperatures ranging between 25 and 30 °C. The dry season lasts from January to June, before

the hurricane (and wet) season begins from August onwards. However, hurricanes rarely affect Barbados. Tourist numbers usually peak from late December to mid-April, and so do hotel costs, which can double at that time. Thus, consider a trip during the other months, especially if you want to save a good amount of money.

Photo: VectorA_/Shutterstock.com

Post



The National Postal System operates the post service and postal boxes all over Barbados. The one listed below is located in central

Destination: Bridgetown

Bridgetown.

Brittons Hill Post Office

Photo: Andy Fuchs

Address: The Postmaster, Brittons Hill, St Michael,
Bridgetown
Phone: +1 246 426 5432

Electricity



110 volts

Photo: Stirling Tschan

Telephone



Country code: +1 Area
code: 246

Photo: Jardson Almeida

Time Zone



Bridgetown observes
Atlantic Standard Time
all year.

Photo: Jacky Co/Shutterstock.com

Population

110,000

Currency

1 Barbadian Dollar (BBD) = 100 cents

Internet

Information is subject to change. Please contact your Lifestyle Consultant for the most up-to-date recommendations.

www.visitbarbados.org

Newspapers

The Barbados Advocate — www.barbadosadvocate.com
The Daily Nation — www.nationnews.com

Emergency numbers

Ambulance: 511

Fire: 311

Police: 211

Tourist information

Barbados Tourism Marketing Inc.

One Barbados Place

Warrens, St. Michael

+1 246 535 3700

Mon–Fri 8:30am–4:30pm, Sat & Sun closed

btmiinfo@visitbarbados.org

*This guide was researched and written by Sophie Rainer