



Carcassonne

Photo: b-hide the scene / Shutterstock.com



gabriel12 / Shutterstock.com

Hilltop town in the south of France, Carcassonne lies at the crossing of two major routes: from the Atlantic to the Mediterranean coast and from the heart of France to Spain, both used since antiquity. The medieval fortified Cité is a UNESCO World Heritage Site. No wonder Carcassonne is home to a unique historical and cultural past. If you add the local traditional dishes, the hospitality of its inhabitants, and some of the best vineyards in the south of France, your stay holds promise of being a most memorable one.



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THE CITY



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Carcassonne has been influenced by over 2,000 years of conquests, crusades, and the prosperous period of Catharism's religion. Before its restoration, the Cité was an abandoned place in an outlying area in a town made wealthy by the wine trade and the clothes manufacturing industry.

Today, Carcassonne offers a unique historical and architectural asset. In the absence of any heavy industry, tourism is undoubtedly the city's strength both because of its geographic position and its exceptional heritage. The medieval walled town, the "Cité," lies on the right bank of river Aude, and is still home to a population of around 120, with a large number of shops and craftsmen. On the left bank, the modern city Bastide Saint Louis has kept its historical roots. You will be amazed by its outstanding variety of architectural styles, including buildings dating from the 14th to the 18th century, such as the Saint Michel Cathedral.

DO & SEE



Monica Mayayo V / Shutterstock.com

The mix of modernity and historical wealth offer a very rich cultural life. Within a unique scenery and authenticity, the city has managed to provide all amenities for both tourists and business travellers. If you have time, the whole region has much more to show, like going on a "péniche" (or barge) on Canal du Midi or explore the huge vineyards. A closer look at the medieval fortress is of course something that should not be missed as well as the gothic-styled Saint-Michel Cathedral or why not see a concert outdoor at the Théâtre Jean Deschamps? You will for sure find plenty of exciting sites to explore when travelling to this historical and cultural city.

Cité de Carcassonne



This impressive UNESCO world heritage medieval fortress is unique in Europe for its beauty and size and walking along its 3 kilometres of ramparts is a must. There is no entrance fee, unless you would like to take a tour on the small train which means a small fee.

The site was added to the UNESCO list of World Heritage Sites in 1997.

Photo: leoks / Shutterstock.com

Address: La Cité, Carcassonne

Basilica Saint Nazaire



The “Jewel of the Cité” (11th-14th centuries) is a prime example of Norman and Gothic architecture existing comfortably side by side. It is home to the tomb of Bishop Pierre de Rochefort (14th century) and one of the oldest and most important organs of South of France. This national monument offers masses every Sunday at 11 am.

Photo: lnu / Shutterstock.com

Address: Place Saint-Nazaire, Carcassonne

Château Comtal



Originally the dwelling of powerful feudal lords, the The Château Comtal (Count’s Castle) has undergone many changes over the centuries. This very well looked after and repaired 12th century Medieval castle is part of Cité de Carcassonne (the medieval city). Learn more about its history by taking an informative audio tour. The castle also houses a small museum with historical painting, statues and relics.

Photo: Pete Niesen / Shutterstock.com

Address: 1, rue Viollet le Duc, Carcassonne

Bastide Saint Louis



The Bastide Saint Louis is the heart of Carcassonne, built in 1260, to a checkerboard layout around the Place Carnot and its colourful market.

Wandering in rich southern French charm, you will see beautiful religious buildings like Church Saint Vincent, private mansions as well as restful parks and gardens. Among top attractions is the Gothic-styled Saint-Michel Cathedral, which features a wealth of objects of worship and art work.

Photo: Andy Poole / Shutterstock.com

Address: Place Carnot, Carcassonne

Canal du Midi



Nearby Bastide Saint Louis, you can continue your visit along the famous Canal du Midi that is suitable for its fine trekking, but there are

also several boat trips to choose from. The canal was built in the 17th century and together with some other waters it connects the Atlantic to the Mediterranean. Canal du Midi is listed as a UNESCO World Heritage Site.

Carcassonne Croisière offers plenty of fun and relaxing boat trips:

Photo: Jacques VANNI / Shutterstock.com

Address: Port de Carcassonne, Carcassonne

Phone: +33 680 475 433

Internet: www.carcassonne-navigationcroisiere.com

Email: lougabaret.canaldumidi@wanadoo.fr

More Info: Carcassonne Croisière is located nearby Carcassonne SNCF train station

Vineyards



If you have time, Carcassonne and the surrounding region are home to some of the best French vineyards. This is a real pride of the city and well worth a visit.

O'Veineyards is located just 10 minutes' taxi ride from the train station and is a good example of a winery-vineyard where you can learn how they make their wine and where the wine samples are generous. You can also add dining and even an overnight stay on this wine tour.

Photo: Lichtmeister / Shutterstock.com
Address: 885 Avenue de la Montagne Noire, Villemoustaussou
Phone: +33 630 189 910
Internet: www.ovineyards.com
Email: ryan@ovineyards.com

Musée des Beaux-Arts



This art gallery, located in the former courthouse, has a wide collection of European paintings and art objects from the 17th century until today.

English speaking staff are there to answer your questions.

Photo: Denis Kuvaev / Shutterstock.com
Address: 1 rue de Verdun, Carcassonne
Phone: +33 4 68 77 73 70

Lac de la Cavayere



Just a few minutes from the city, you find this lake that offers several outdoor activities. You can walk around the lake and watch the wide variety of landscape conditions. There are sandy beaches to relax on, playgrounds for the children, fishing spots and different sport activities such as horseback riding, water sports and beach volleyball. This place is fun for the whole family.

Photo: Matt Kay / Shutterstock.com
Address: Lac de la Cavayere, Carcassonne
Public Transport: Line 7 goes from Carcassonne to the lake.

Théâtre Jean Deschamps



Théâtre Jean Deschamps is an outdoor theatre in the area of the medieval city. It was built in the beginning of the 20th century and is designed to cater for tragedies, operas and lyric dramas. A large festival is held in July every year to celebrate the theatre as well as concerts and other shows. See website below for a more detailed show program.

Photo: Stokkete / Shutterstock.com
Address: Théâtre Jean Deschamps, Carcassonne
Phone: +33 0 468 115 915
Internet: www.festivaldecarcassonne.fr
Email: pacbilletterie@mairie-carcassonne.fr

Mayronnes Sculpture Trail



This 5 kilometre long sculpture trail is located approximately 35 kilometres from Carcassonne, up in the Corbieres hills in a

beautiful green nature. To walk the whole trail and watch all the sculptures takes about 2,5 hours so this is a day trip from the city. Not only sculptures to look at when walking this trail, but also amazing views across the mountains.

Photo: Pressmaster / Shutterstock.com

Address: Ferme de Carrus, Mayronnes

Opening hours: More info see website below.

Phone: +33 4 68 43 12 37

Internet: www.sentiersculpturel.com

Email: sentiersculpturel@gmail.com

Acrobranche O2 Aventure



In the area of Lac de La Cavayere you can find this acrobatic park. There are different trails of different levels with monkey bridges, wall climbing, Tarzan jumps and much more. For parents or anyone who is not fond of heights and adrenalin kicks of this sort there are also picnic areas to watch the spectacle from.

Photo: Gaby Kooijman / Shutterstock.com

Address: Lac de La Cavayere, Carcassonne

Phone: +33 4 68 25 33 83

Internet: www.o2aventure.com

Centre Culturel De La Memoire Combattante



This small museum is located very close to the medieval city walls. Its exhibition with photos, recollections, uniforms and memorabilia focus on

the French military history and it has a section that shows the local area during World War II. There is also a small library featuring journals and books that deals with this topic.

Photo: cynoclub / Shutterstock.com

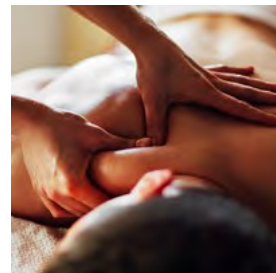
Address: 102 Rue Trivalle, Carcassonne

Phone: +33 4 68 72 40 16

Internet: www.centre-de-la-memoire-combattante.webnode.fr

Email: memoirecombattante@sfr.fr

Spa Carita



After a day of walking around the medieval city, a visit to Spa Carita will treat your sore feet. In the Hôtel du Château, close to La Cité, you find

this place of relaxation. There is a swimming pool, jacuzzi, a steam room and rooms for treatments such as massage etc.

Photo: baranq / Shutterstock.com

Address: 2 Rue Camille Saint-Saens, Carcassonne

Phone: +33 4 68 11 96 76

Internet: www.hotelduchateau.net

Email: contact@hotelduchateau.net

La Maison Hantee



This haunted house is good fun for everyone that likes being scared. Ghosts, dark rooms and scary noises will get your heart beating faster. After

entering this building all you will wish for, is to

get out from it as fast as possible.

Photo: MIND AND I / Shutterstock.com

Address: 9 Rue du Grand Puits, Carcassonne

Phone: +33 6 03 84 13 86

DINING



Semmick Photo / Shutterstock.com

The Aude region offers an incredible variety of wines to be accompanied by special traditional dishes. Traditional local food is usually heavy, such as the Cassoulet, the famous specialty – a mixture of haricots and duck and pork. There are over fifty restaurants within the Cité walls, with great views all around. Those who love Mediterranean food will also find heaps of everything to fulfil their appetite. Expect great food!

Auberge de Dame Carcas



Auberge De Dame Carcas is a great venue to taste traditional regional dishes. You can try the home made Cassoulet with leg of duck, grilled piglet with honey sauce, and panned foie gras with red fruits.

Photo: Ekaterina Kondratova / Shutterstock.com

Address: 3, place du Château, La cité, Carcassonne

Phone: +33 468 712 323

Internet: www.damecarcas.com

Auberge des Ducs d'Oc



This inn is situated on a quaint castle square, true to its medieval heritage, with stone walls and wooden beams. Auberge des Ducs d'Oc is open all

year round for dinner and lunch with French specialities such as duck breast and foie gras.

Photo: Bernd Juergens / Shutterstock.com

Address: 6, place du Château de la Cité, Carcassonne

Phone: +33 468 479 190

Internet: www.auberge-des-ducs-doc.fr

Email: contact@auberge-des-ducs-doc.fr

Auberge des Lices



Recommended by the locals, this restaurant is located in a narrow street, off the beaten path and housed in an elegant and medieval building.

The menu provides the typical cassoulet, but also other dishes such as the 'parillada' which is made with fresh fish and is definitely worth a try.

Photo: Kzenon / Shutterstock.com

Address: 3 Rue Raymond Roger Trencavel, Carcassonne

Phone: +33 468 723 407

Internet: www.blasco.fr

Au Jardin de la Tour



This restaurant does not look like much to the world from the outside, but after you have passed through the door and the bar, a beautiful garden

appears. Au Jardin de la Tour has lovely outside tables and a menu containing both regional and Mediterranean food.

Photo: gnoparus / Shutterstock.com

Address: 11 Rue de la Porte d'Aude, Carcassonne

Phone: +33 468 257 124

Internet: www.restaurant-aujardindelatour-carcassonne.fr

Email: lejardindelatour@club-internet.fr

Chez Fred



Located just a short walk from Canal du Midi, opposite the train station, Chez Fred serves sophisticated, traditional Mediterranean food as well as French cuisine. The great buzz, efficient staff and the freshly prepared food are some of the reasons people are coming back for more.

Photo: Diego Cervo / Shutterstock.com

Address: 31 Boulevard Omer Sarraut, Carcassonne

Phone: +33 468 720 223

Internet: www.chez-fred.fr

Email: contact@chez-fred.fr

O'Veineyards



The area of Carcassonne is famous for its fine wines and for a culinary experience combined with high quality wine tasting, O'Veineyards is the place to go. This warm and friendly venue is called "A home away from home" and Liz and Joe will greet you with their best home-made French food with influences of a Vietnamese-New Caledonian heritage.

Photo: Africa Studio / Shutterstock.com

Address: 885 Avenue de la Montagne Noire,

Villemoustaussou, Carcassonne

Phone: +33 6 30 18 99 10

Internet: www.ovineyards.com

Email: ovineyards@gmail.com

Restaurant La Marquiere



Restaurant La Marquiere has a superb location in the medieval city, hidden away from the main street. Here you can enjoy French fine dining and the food is cooked to perfection by the skilful chefs and the generous sized portions are served by the attentive staff. During summer months and sunny days, the patio with a relaxed ambiance is open where to relish your mouth-watering food.

Photo: Denizo71 / Shutterstock.com

Address: 13 rue St Jean, Carcassonne

Phone: +33 468 715 200

Internet: www.lamarquiere.com

Email: resa@lamarquiere.com

Le Jardin de l'Estagnol



This gem is hidden in an industrial area of the city but is well visited by locals. The interior of the dining room feels Spanish and in the summer months you can sit in the surprisingly beautiful courtyard. The food served here is traditional French and is truly a gastronomic delight.

Photo: Bernd Juergens / Shutterstock.com

Address: 1 rue Benjamin Franklin, Carcassonne

Phone: +33 4 68 47 33 17

Internet: www.jardindelestagnol.com

Email: estagnol@orange.fr

More Info: ZA de l'Estagnol

L'Escargot

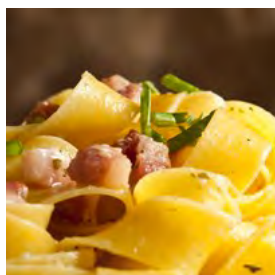


If you have not tried the typical French dish "L'Escargot" (snails), this is a good restaurant for your premiere. At L'Escargot, you order

French "tapas" and you and your company share several small French dishes, so if you happen to not like the delicacy, it will not end with you having to leave the restaurant hungry.

Photo: Lisovskaya Natalia / Shutterstock.com
Address: 7 Rue Viollet le Duc, Carcassonne
Phone: +33 4 68 47 12 55
Internet: www.restaurant-lescargot.com

Restaurant Bourdasso



Located about 20 minutes' drive outside Carcassonne, Bourdasso is an excellent family-run Italian restaurant housed in a beautifully restored

old building with a relaxed country atmosphere. The food is cooked to perfection with top quality ingredients and from the wine list you can choose a lovely Italian wine to compliment your dinner.

Photo: Francesco83 / Shutterstock.com
Address: Bourdasso, Pradelles-en-Val
Opening hours: Wed-Sat 7:30pm-9pm, Sun 12:30-2pm, 7:30pm-9pm
Phone: +33 4 68 78 08 31
Internet: www.bourdasso.com
Email: bourdasso@hotmail.com

La Jonque

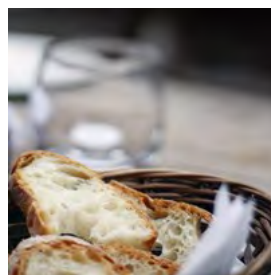


If craving for Asian food, then La Jonque is a great choose to head for. This little hidden gem serves top notch Chinese food and for sure well worth a

visit. Make sure to book a table since this is a busy small restaurant with not that many tables.

Photo: Sinichenko Maksim / Shutterstock.com
Address: 37 rue de la Liberté, Carcassonne
Phone: +33 4 68 25 28 59
Email: la.jonque88@gmail.com

Au Four St. Louis



Situated right in the centre, Au Four St. Louis offers their guests French cuisine that comes straight from the heart and made with fresh

ingredients. The attentive and prompt service, the cosy ambiance and of course the delicious food are some of the reasons why tourists as well as the locals are coming back for more.

Photo: Kellie L. Folkerts / Shutterstock.com
Address: 4, rue St. Louis, Carcassonne
Phone: +33 4 68 25 85 72
Internet: www.aufoursaintlouis.com
Email: contact@aufoursaintlouis.com

La Maison de La Blanquette



French food is on the menu at this reasonably priced restaurant and everything is served by the friendly staff. La Maison de La Blanquette

is beautifully located on a busy square and offers an outdoor seating area where you can enjoy your scrumptious meal while watching the world

go by.

Photo: pixol / Shutterstock.com

Address: 2, Place Marcou, Carcassonne

Phone: +33 468 716 609

Internet: www.restaurant-maisondelablanquette.fr

Email: contact@maisondelablanquette.fr

Restaurant L'Arganier



Tucked away in an alley on the main road, L'Arganier is a good option if you would like to have a break from the French food. Here they offer Moroccan food with lots of flavours without being too hot. The lamb tagine with perfectly cooked couscous is something that should not be missed!

Photo: stockcreations / shutterstock.com

Address: 1 rue du 11 Novembre, Trèbes

Phone: +33 4 68 78 46 82

Restaurant Le Passage



At this pleasantly busy restaurant with a bustling atmosphere they specializing in tapas. Restaurant Le Passage attracts a good mixture of tourists and locals with its excellent local wines and tasty food with Spanish flavours. Don't miss out to book your table in the lovely courtyard, a true hidden gem that is beautifully shaded with olive trees.

Photo: merc67 / Shutterstock.com

Address: 15 rue Trivalle, Carcassonne

Phone: +33 4 68 10 64 90

Internet: www.gites-cite-carcassonne.com

Email: lepassage15@orange.fr

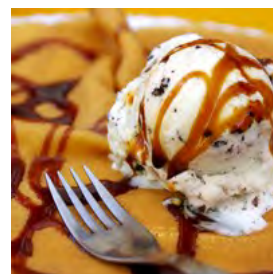
CAFES



Wasant / Shutterstock.com

The coffee culture in France is pretty impressive, most people start their day with an espresso shot and finish their lunch with a coffee. They also indulge in various types of coffee during the day. Of course, Carcassonne is no exception and you can find a large number of brasseries and coffee shops spread out all over town.

Crêperie le Blé Noir



At this extremely popular venue you will find excellent crêpes, both sweet and salty ones. They are deliciously served with fruit, chocolate or what your heart desires. When here expect outstanding service and the prices are reasonable as well.

Photo: Carlos Caetano / Shutterstock.com

Address: 15, Rue de Verdun, Carcassonne

Phone: +33 4 68 72 34 80

Le Marcou



Le Marcou is located in the beautiful Medieval Cité and is very busy place. This is a popular cafe among tourists who come to enjoy ice cream,

tea and cocktails or simply a good coffee.

Photo: pan_kung / Shutterstock.com

Address: 12 place Marcou, Carcassonne

Phone: +33 468 473 748

Le Chaudron Cathare



Simple cafe with a breakfast and lunch menu, Le Chaudron Cathare serves great paninis, sandwiches, soups, snacks and

savoury pancakes, waffles as well as a wide variety of ice creams. There is a shaded courtyard where you can cool down on a very hot day while enjoying your food and drink.

Photo: Massimiliano Pieraccini / Shutterstock.com

Address: 8 Rue du plô, Carcassonne

Phone: +33 4 68 77 84 10

Le Petit Moka



Le Petit Moka is a charming venue with a good location near the river Aude and offers a wide range of coffee and tea for a reasonable

price. Great for a break between tours in the Cité and Bastide Saint Louis.

Photo: Filipe B. Varela / Shutterstock.com

Address: 4 Place Carnot, Carcassonne

Phone: +33 468 256 887

La Petite Cuillère



Whether you are craving for salty or sweet, La Petite Cuillère for sure offers a great mix of food and desserts. Pies, salads, soups, bagels,

sandwiches, cakes, smoothies, pastries and yogurts are all on the menu, just waiting for you to pick.

Photo: Quanthem / Shutterstock.com

Address: 11 rue Trivalle, Carcassonne

Opening hours: Monday - Saturday: 7.15 am - 6 pm, Sunday: closed

Phone: +33 9 67 48 03 30

Email: sas.petitecuillere@gmail.com

L'apar Thé



Located inside the La Galerie Géant Salvaza, L'apar Thé offers a warm and modern setting where you can discover a world of great variety of

coffee and tea. A combined shop and cafe, the store offers a wide selection of coffee, tea, crockery and gift ideas. This is a great place where to refuel between all the shopping.

Photo: Foxys Forest Manufacture / Shutterstock.com

Address: Boulevard Henry Bouffet, Carcassonne

Phone: +33 4 68 47 26 08

Internet: www.lapar-the.fr

More Info: Located at La Galerie - Géant Salvaza

Café Saillan



Head for Café Saillan, in the centre of the city, close to the market, for breakfast, lunch or just for a coffee or a cold drink. This welcoming

cafe is visited by many regulars but also by people who are just passing by. Sit down and have a relaxing moment on the outside terrace and watch the world go by while enjoying your meal and coffee.

Photo: Darren Baker / Shutterstock.com

Address: 31, rue Albert Tomey, Carcassonne

Phone: +33 4 68 72 37 40

Méery Cake



The name says it all, if you have a sweet tooth then this is the place to head for. Méery Cake is a beautiful shop with a large variety of lovely

cakes and cupcakes with all sorts of yummy flavours. If this was not enough, they have a great assortment of sweets available and displayed in large glass jars. You can either stay in or take away, but if you do stay in, they have free WiFi so take the opportunity and get connected with your friends.

Photo: Alexandra Lande / Shutterstock.com

Address: 13 rue barbes, Carcassonne

Phone: +33 9 83 60 56 02

Ô Trois Cinq Sept



With a perfect location on the town square, you will find this popular place.

The menu here is simple and offers bagels with your choice of toppings,

salads, pasta dishes including desserts like donuts, cupcakes, cheese cakes, crepes, fruit salads and more.

Photo: photogal / Shutterstock.com

Address: 13 place carnot, Carcassonne

Phone: +33 7 82 17 72 26

BARS & NIGHTLIFE



francesco de marco / Shutterstock.com

Carcassonne at night is simply magical, the walls and monuments are highlighted with golden lights. On your way to a bar or a discotheque, walking through this open-air museum is something you won't forget. Carcassonne is a small city, but as one of the top French tourism destinations, there is a wide range of trendy places to sample. Many people start the evening with an aperitif after a long day of visiting the medieval sites, and then go on to some great nightspots. Latino bars and clubs are very popular.

Brasserie du Dôme



Brasserie du Dôme is a popular venue to start with an aperitif in a friendly and relaxed atmosphere. The home-made sangria is

famous, and it is a great place to watch concerts! If you are feeling hungry, they serve French food.

Photo: Rawpixel/Shutterstock.com

Address: 35 rue des Trois Couronnes, Bastide Saint Louis, Carcassonne

Opening hours: Mon-Tue 6:30am-3pm, Wed 6:30am-10:30pm, Thu-Sat 6:30am-10pm

Phone: +33 4 68 25 03 48

O'Sheridan's



This is a typical Irish pub serving a wide range of beers accompanied by great live music.

O'Sheridan's Pub is a place for those who miss the British style pubs and Guinness! If you like singing, don't miss out the karaoke nights.

Photo: carlos castilla / Shutterstock.com

Address: 13 rue Victor Hugo, Carcassonne

Phone: +33 9 83 42 61 34

The Celt



If you want to visit another traditional Irish pub you are welcome to The Celt. Each night you can enjoy an activity here, how about The Celt

Darts Challenge on Mondays or sports on Tuesday and Wednesdays? Also providing live entertainment on Thursdays from September to May.

Photo: Vladimir Koletic / Shutterstock.com

Address: 5 rue Armagnac, Carcassonne

Opening hours: Monday - Friday: 4 pm - 2 am, Saturday -

Sunday: 2 pm - 2 am

Phone: +33 4 68 10 96 44

Internet: www.theceltpub.com

Email: theceltpub@yahoo.co.uk

La Métairie



At La Métairie, you can enjoy a glass of wine accompanied by a fabulous panoramic view of Carcassonne. This is a great place to hang out

with friends or that special someone.

Photo: Syda Productions / Shutterstock.com

Address: 3 Chemin de Montlegun, Carcassonne

Phone: +33 04 68 26 80 38

Bloc G



Bloc G is a hotel and is located in the medieval part of Carcassonne. Its modern and charming wine bar attracts a mixed clientele. Here you can

enjoy delicious food and carefully selected wine from the oldest vineyards in the world. If the weather permits, enjoy your drink on the terrace.

Photo: Markus Mainka / Shutterstock.com

Address: 112 Rue Barbacane, Carcassonne

Phone: +33 4 68 47 58 20

Internet: www.bloc-g.com

Le Verre d'un



Discover and enjoy some fine wines with friends or your loved ones at Le Verre d'un. The interesting wine selection is varied and cater all

budgets and it all can be enjoyed inside or on the terrace. If you would like to try wine tasting, then make sure to check the program on the website or book a private tasting.

Photo: Refat / Shutterstock.com

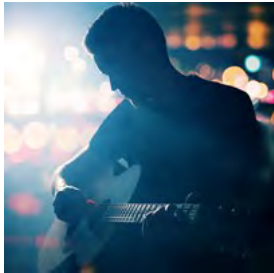
Address: 2 Rue de Verdun, Carcassonne

Phone: +33 4 68 71 43 99

Internet: www.leverredun.com

Email: leverredun.carcassonne@gmail.com

Plugg d



Plugg d is a tapas bar where you can relish homemade tapas accompanied with a good wine. The decor is perfectly combined with contemporary, industrial and rustic style with a big bar and custom made bar tables. When the evening falls, the lights get dimmed and Dj puts the record on to get the vibe going. Also hosting live entertainment.

Photo: donatas1205 / Shutterstock.com

Address: 2 Boulevard Paul Sabatier, Carcassonne

Phone: +33 9 83 96 70 70

Email: info@plugg-d.com

Le Bar à Vins de la Cité



Situated off the main tourist street, you will find this buzzing little hideaway. Le bar à vins is a lovely tapas bar with causal music, friendly service and with a relaxed ambiance, making it a great place to visit after a day of sightseeing. The menu provides a good range of beers and wines and it all can be enjoyed on the shaded courtyard.

Photo: elena moiseeva / Shutterstock.com

Address: 6 rue du Plô, Carcassonne

Phone: +33 4 68 47 38 38

Internet: www.lebaravins.fr

V and B Carcassonne



Opened its doors in 2001, V and B Carcassonne is a store with a beer and wine cellar as well as a tasting area (bar) that offers a huge variety of

beer and wine from France plus other countries. There are over 300 products to be more exactly so you will for sure find some favourites.

Photo: wavebreakmedia / Shutterstock.com

Address: Rue Paul Henri Mouton, Carcassonne

Phone: +33 4 68 72 36 10

Internet: www.vandb.fr

SHOPPING



Phovoir / Shutterstock.com

Although Carcassonne is not a shopping destination, the city do offers some unique items to bring back home. Antiques, books, souvenirs, food and wines are the most popular items for travellers to buy when here. Carcassonne has two distinct shopping areas, the modern lower city, Bastide Saint Louis, with a vast array of retailers and bookshops and then there is the walled Cité for more authentic shops and where many of the shops are very much aimed at tourists. There are many small shops and stalls to explore with a large variety of souvenirs as well as carefully crafted items and art in the citadel

When here, you should not miss out the markets where to explore fresh produce and feel the Mediterranean ambience, it is for sure a true pleasure for all of your senses. The covered food market, Les Halles is a good example where to stroll around an explore the food culture in Carcassonne.

Due to the location, in a rich wine-growing region, you will find plenty of shops along the narrow streets that offers a great selection of local and regional wines. You will for sure find some favourites to bring back home.

Bastide Saint Louis



In the modern lower city, Bastide Saint Louis, there is a popular market for clothing on boulevard Barbès. Nearby, rue Georges Clémenceau and

rue de Verdun are the major streets for shopping with a vast array of retailers, bookshops with rare or sold-out editions, shoes, cosmetics and perfume. On Place Carnot, the colourful market, with a mouth-watering selection of local delicacies is definitely worth a visit.

Photo: Donald Thoreby/shutterstock

Address: Bastide Saint Louis, Carcassonne

Cité



Shopping in the walled Cité is more authentic, although most of the shops are dedicated to tourists. There are a large number of tiny stores,

boutiques and craftsmen. All kinds of souvenirs can be bought such as original clothes in wool, old maps, or gift items like antiques and local art or crafts. Knives, swords and other medieval weapons are also found in speciality shops. You will find excellent souvenirs and toys for the kids! There are a couple of good souvenir shops at the junction of rue Cros-Mayrevieille and rue Saint Sernin. For genuine articles, try the "Antiquities," at the bottom of the rue Porte

d'Aude. It is the oldest and most reliable shop for antiques.

Photo: Leonis Caeli/unsplash

Address: Cité, Carcassonne

Wine



You can buy wine from the neighbouring wineries, at local stores or Place Carnot market. The Minervois (rosé wine) is the most popular in the region.

Shop Vins & Vinos in 38 rue Barbes offers a great selection of local wines.

Photo: Dmitri Ma / Shutterstock.com

Address: 38 rue Barbes, Carcassonne

Opening hours: Tuesday - Saturday 10 am - 6 pm, Sunday and Monday by appointment.

Phone: +33 4 68 10 97 04

Internet: www.vinsvinos.com

Email: vinos@gmail.com

Jeff de Bruges



The story of Jeff de Bruges' chocolate started in the Belgian town Bruges. If you love chocolate, you might have to give these chocolates a

go. The cute and stylish shop in Carcassonne offers a lot of nice treats and you will certainly not leave the store empty handed.

Photo: Eugenia Lucasenco / Shutterstock.com

Address: 64-66 rue Georges Clémenceau, Carcassonne

Phone: +33 4 68 10 43 90

Internet: www.jeff-de-bruges.com

Nailloux Fashion Village



Located about 70 kilometres northwest of Carcassonne, the large shopping centre Nailloux Fashion Village offers well-known brands at factory outlet prices. Here you can find brands such as Desigual, Haribo, Nike, Calvin Klein, Mango Samsonite and Guess.

Photo: Syda Productions / Shutterstock.com

Address: Lieu-dit "Le Grill", Nailloux

Public Transport: An hour's drive from Carcassonne

Phone: +33 5 62 13 08 50

Internet: www.naillouxoutlet.com

Email: info@naillouxoutlet.com

Monoprix



Monoprix is one of the most famous chains in France. Here you can find everything from food, cosmetics and interior design to affordable clothing.

Photo: lightpoet / Shutterstock.com

Address: 17 Rue Georges Clemenceau, Carcassonne

Phone: +33 4 68 25 90 00

Internet: www.monoprix.fr

La Ferme



For all the foodies, when in Carcassonne, La Ferme is an excellent upmarket deli to visit. With over 6,000 gourmet products and gifts to choose from, you will for sure find something that will suite your taste.

Photo: pieropoma / Shutterstock.com

Address: 55 rue de Verdun, Carcassonne

Phone: +33 4 68 25 02 15

Internet: www.laferme-carcassonne.fr

Email: epicerie@laferme-carcassonne.fr

Les Halles



Everything you will need when it comes to food, you will find it in this food hall, which is housed in a beautiful building, built in 1768. Stalls offering fresh produce from the region everything from high quality cheese to fresh vegetables, bakery goods, fruits, meats and fish.

Photo: Goran Bogicevic / Shutterstock.com

Address: Place Eggenfelden, Carcassonne

Place Carnot



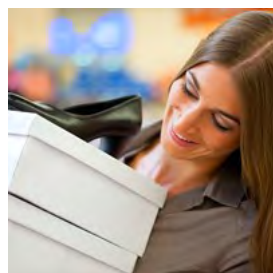
Make a visit to this busy central square in the Bastide Saint Louis where you will find stalls selling fresh produce, fruit, honey, cheese and vegetables every Tuesday, Thursday and Saturday morning all year long.

Photo: Kirill Chernyshev/shutterstock

Address: Place Carnot, Carcassonne

Opening hours: Tuesday, Thursday and Saturday: 8 am 12 pm

Chaussea



Whatever your style in footwear is, you will for sure find it in Chaussea. Here they offer a wide selection of shoes for men, women and children. With the latest collection, the staff are happy to help you to find the perfect shoes whether you need sneakers, boots, heels or dress

shoes.

Photo: Kzenon / Shutterstock.com

Address: Lieu dit, Carcassonne

Phone: +33 4 68 71 63 15

Internet: www.chaussea.com

More Info: Parc d'Activités Commerciales

Sport2000 Carcassonne



Find the biggest brand when it comes to sport at Sport2000 Carcassonne. They have the trendiest brands for both young and old. Beside

sportswear, they have also sport products and equipment and you will definitely find the products you need to practice your favorite sport.

Photo: michaeljung / Shutterstock.com

Address: Zone du Pont Rouge, 450 Rue Magellan, Carcassonne

Phone: +33 4 68 72 07 22

Internet: www.sport2000.fr

TOURIST INFORMATION



Sophie Lenoir / Shutterstock.com

Aéroport de Carcassonne-Salvaza - Airport

Carcassonne is served by an international airport, "Aéroport de Carcassonne-Salvaza", located 2 kilometres west of the city. The cheapest



and fastest way to get into town is the shuttle service. Shuttles run according to flight schedules, departure is every 30 minutes after each flight arrival and take you to the city centre, train station and the Cité. Tickets can be bought on the buss and is valid over the entire urban network for one hour.

If you rather take a taxi, the cost from the airport to Carcassonne town centre is normally cheaper than a taxi to the Cité. Carcassonne Taxis +33 4 68 71 50 50

Photo: Juan Garces

Address: Aéroport de Carcassonne-Salvaza, Route de Montréal, Carcassonne

Internet: www.aeroport-carcassonne.com

Buses and Shuttles

The "Agló'Bus" runs an efficient network of public buses and shuttles. Network of 11 bus routes are serving the city and the surrounding areas.



You can purchase tickets on board or at the company hub (Halte Centrale/Parking du Dôme on Square Gambetta). Do not forget to validate your ticket when you enter the vehicle. There are travel cards for longer stays.

There are also tourist train shuttle services, that operates between the medieval city and the Bastide Saint Louis.

Outward route: Chénier - Davilla - Dôme -

Medieval City.

Return route: Medieval City - St Gimer - Gambetta - Chénier

Photo: Pierre-Luc Auclair

Address: 30, rue Georges Brassens, Carcassonne

Phone: +33 4 68 47 82 22

Internet: www.carcassonne-agglo.fr

Bike



A good way to see the city and the rural surroundings is by renting a bike. Just be aware that the area is hilly. One of the

well-reviewed and centrally located companies that provide bike rentals is Alter-ride.

Photo: ClkerFreeVectorImages

Address: 16 Rue Courtejaire, Carcassonne

Internet: www.tourism-carcassonne.co.uk/se-deplacer-se-garer-english/rent-a-bike

Taxi



You can either book a taxi by phone or go to one of the taxi stands which can be found outside the railway station, in the medieval city or in the

town centre.

One taxi company is Allo Carcassonne Taxi and they are available 24/7:

Photo: ArrivalGuides

Address: Carcassonne

Phone: +33 468 715 050

Internet: www.taxis-carcassonne.fr

Post



Stamps are available from kiosks and newsagents. Main Post Office:

Photo: Andy Fuchs

Address: 40, rue Jean Bringer, Carcassonne

Opening hours: Closed on Sundays

Phone: +33 468 117 100

Internet: www.laposte.fr

Pharmacy



Pharmacies are scattered around the city and can be recognised by the green cross. If you encounter any emergency situation, the duty

pharmacy's name and phone number are on the door. Otherwise, you can call 3237 to get more information.

Some of the pharmacies that can be found in area are:

Sarcos Pierre

9 Place Carnot, Carcassonne

+33 4 68 11 99 99

Pharmacie Lozano-Grimaldi

81 rue de Verdun, Carcassonne

+33 4 68 25 08 11

pharma.lozano@wanadoo.fr

www.totum.fr

For all night pharmacy call +33 4 68 11 26 00

Photo: Gemma Garner

Address: 81 rue de Verdun, Carcassonne

Opening hours: Monday - Friday: 8 am - 12.15 pm, Saturday:

Destination: Carcassonne

8 am - 12.15 pm

Phone: +33 4 68 25 08 11

Internet: www.totum.fr

Email: pharma.lozano@wanadoo.fr

Telephone



Country code: +33 Area
code: 468

Photo: Jardson Almeida

Electricity



220/240 V AC, 50Hz

Photo: Stirling Tschan

Population

49,600

Currency

Euro (EUR) €1 = 100 cents

Opening hours

Most shops are open Monday to Saturday from 9 am-7 pm, but smaller shops may be closed at lunchtime from 12 pm-2 pm. Stores are closed on Sundays and public holidays, except for annual sales events.

Newspapers

La Dépêche du Midi (www.ladepeche.fr)

Le Midi Libre (www.midilibre.fr)

Emergency numbers

Emergency: 112

Police: 17

Ambulance: 15

Fire Brigade: 18

Tourist information

Tourism Office

28 rue de Verdun, Carcassonne

+33 468 10 24 30

Opening hours:

July and August: Mon-Sun 9 am - 7 pm

April, May, June, September and October: Mon-Sat 9 am - 6 pm, Sun 10 am - 1 pm.

October: Mon - Sat 9 am - 6 pm

November - March: Mon - Sat: 9.30 am - 5.30 pm



Destination: Carcassonne

Allée de la Plaine Saint-Nazaire	D1 D2	Rue Anatole France	C1	Rue du Cimetière Saint Michel	B4 C4
Allée de la Voûte	A3	Rue Andrieu	C4	Rue du Four Vicomtal	D3
Allée des Provinces	A1 B1	Rue André Riffaut	D2	Rue du Général Laperrine	B3 B4
Allée du Parc	A3 A4	Rue Antoine Armagnac	B2 B3	Rue du Moulain de la Seigne	B1
Allée d'Iéna	B2 B3	Rue Antoine Marty	C2	Rue du Quatre Septembre	B2 C2
Avenue A Mullet	C3	Rue Armand Tiffou	D3	Rue Dujardin-Beaumetz	C3 C4
Avenue Achille Mir	D2 D3	Rue Auguste Delauné	A2	Rue d'Alsace	C2
Avenue Bertrand Lamourelle	A2 B2	Rue Auguste Fourrès	D3	Rue d'Isly	A3
Avenue Bunau-Varilla	A3	Rue Auguste Rodin	A2 A3	Rue d'Isly	A3
Avenue des Berges de l'Aude	A4 B4	Rue Basse	C3 C4	Rue Edmond Rostand	B1
Avenue des Berges De L'Aude	C3 D2	Rue Buffon	B2 C1	Rue Elisée Reclus	B2
Avenue du Docteur Gout	A3	Rue Camille	D4	Rue Emile Zola	A2 B2
Avenue du General Sarraill	D2	Rue Camus	A3	Rue Ernest Renan	A2 A3
Avenue du Général Leclerc	D3	Rue Clément Ader	A2	Rue Fernand Merlane	C4
Avenue du President Franklin Roosevelt	A1 A2	Rue Coste Reboulh	C3	Rue Flandres Dunkerque	D3
Avenue du President Wilson	D2 D3	Rue Crozals	B2	Rue Frédéric Soulié	B1
Avenue Pierre Charles Lespinasse	A2 B3	Rue de Belfort	C2	Rue Fédou	C3
Avenue Pierre Semard	A2 B2	Rue de l'Horte	C2 D1 D2	Rue Galilée	A1
Boulevard Barbès	B3	Rue de la Barbacane	C3 D4	Rue Georges Clémenceau	B2 C2 C3
Boulevard de la Pierre Blanche	A1 B1	Rue de la Fortune	B3	Rue Gustave Nadaud	D3 D4
Boulevard de Varsovie	B2 B3	Rue de la Liberté	B2 C2	Rue Gérard Philippe	A1
Boulevard des Acacias	B1	Rue de la République	B3 C3	Rue Henri Fabre	B2
Boulevard Henri Wallon	B1	Rue de la Tour d'Auvergne	A3 B3	Rue Hugues Bernard	C2
Boulevard Irène Frédéric Joliot-Curie	D2 D3	Rue de Lorraine	C2 C3	Rue Jacquard	D3
Boulevard Jean Jaurès	C2 C3	Rue de Madrid	A3	Rue Jacqueline Auriol	A2
Boulevard Léon Blum	B1 C1	Rue de Mazagran	C3	Rue Jacques Ourtal	B3
Boulevard Marcou	B3	Rue de Metz	B3	Rue Jean Bringer	C3
Boulevard Omer Sarraut	B2 C2	Rue de Montpellier	C2	Rue Jean Racine	D3
Boulevard Paul Langevin	A1	Rue de Palais	C2 C3	Rue Jean Richepin	B1 B2
Boulevard Paul Sabatier	C2 D2	Rue de Port Vieux	C3	Rue Jean-Baptiste Perrin	A1
Chemin des Anglais	D4	Rue de Saint-Hilaire	C4	Rue Jean-Jacques Melair	C1
Impasso Fantasio	B1	Rue de Strasbourg	C2	Rue Jean-Sébastien Bach	A1
Place du Gal de Gaulle	B3 C3	Rue de Séville	A3	Rue Joseph Salvat	B1
Pont Neuf	C3	Rue de Verdun	B3 C3	Rue Jules Michelet	A1 A2
Pont Vieux	C3	Rue Denfert Rochereau	B2	Rue Jules Sauzède	B2 B3
Quai Bellevue	C3 C4	Rue Denis Diderot	D2 D3	Rue Lafayette	B3 B4
Quai du Païcherou	C4	Rue des 3 Couronnes	C3	Rue Laraignon	B3
Quai Riquet	C1 C2	Rue des Amidonniers	B3	Rue Littré	B3
Route Minervoise	C1 C2 D1	Rue des Egiantiers	C1 C2	Rue Louis Blériot	A1
Rue Achille Langé	A3 A4	Rue des Etudes	B3	Rue Léon Bourgeois	A3 B3
Rue Achille Rouquet	D1	Rue des Genévriers	D1	Rue Marin Marais	A3 A4
Rue Alba	B3 B4	Rue des Genûts	C1	Rue Maurice sarraut	C2
Rue Albert Tomey	B2 B3	Rue des Glycines	C2	Rue Michel Maurette	C4
Rue Alexandre Dumas	D3	Rue des Lauriers	C1	Rue Molière	D3
Rue Alexandre Guiraud	D3	Rue des Quarte Chemins	A3	Rue Parmentier	C2
Rue Alexandre Soumet	A2 B2	Rue des Rames	B3 B4	Rue Pasteur	A3 B3
Rue Alfred de Musset	B1 B2	Rue Didier Daurat	A1	Rue Paul Lacombe	D3
Rue Almé Ramond	B3 C3	Rue Docteur Roux	C1	Rue Pierre Curie	A2

Destination: Carcassonne

Rue Alphonse Daudet

A1 Rue du 24 Février 1848

B4 Rue Pierre de Coubertin

A2

Destination: Carcassonne

Rue Pierre Germain	C2 C3	Rue Trassanel	C1	Rue Voltaire	B3 C3
Rue René Descartes	A1	Rue Trivalle	D3 D4	Square Gambetta	C3
Rue Romain Rolland	A3 A4	Rue Victor Hugo	B3		

Information is subject to change. Please contact your cLifestyle Consultant for the most up-to-date recommendations.