



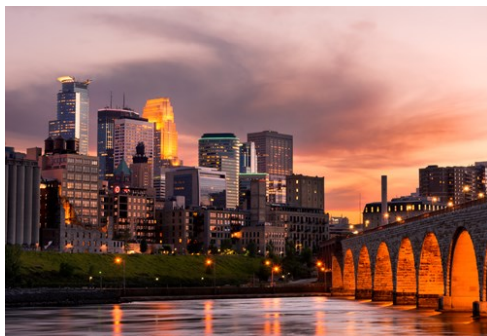
# Minneapolis, Minnesota

Photo: photo ua/shutterstock



Anton Foltin/Shutterstock.com

Minneapolis is a city on the rise. Situated on the banks of the Mississippi River, it is rumored that iconic American writer Mark Twain was the first to assign the name 'Twin Cities' to Minneapolis and neighboring city St. Paul. It's a metropolis that can cater to all your wishes: spend an entire week shopping, finding all the popular brands and some local ones, or go on a pub crawl and discover high-quality bars the city has to offer.

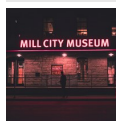


cruggelgreen/Shutterstock.com



Geoffrey Kuchera/Shutterstock.com

## Featured



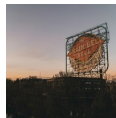
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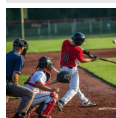
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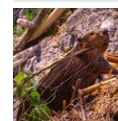
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## Top 5



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### St Paul Curling Club

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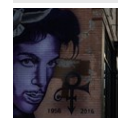
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### Fort Snelling State Park

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### Northeast Minneapolis Art ...

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## THE CITY



*saraporn/Shutterstock.com*

Minneapolis is Minnesota's largest city and the 48th-largest city in the United States with a population of over 400,000. The Minneapolis-Saint Paul region, which includes 182 cities and townships, has a population of over 3 million and is the 16th-largest metropolitan area in the nation.

Known as the 'City of Lakes' — it has 20 of those in all — Minneapolis also sits on the banks of the Mississippi River and has an abundance of wetlands, creeks, ponds and falls. Water is not the only natural resource that one can find here. This city, spotted with forests once supporting a thriving timber industry, is also home to one of the nation's greatest parks systems. Minneapolis contains as much as 770 square feet of park space per resident.

In addition to cherishing its natural beauty, Minneapolis has celebrated a diverse cultural heritage, from its earliest inhabitants, the Dakota Sioux, to the immigrants that have come to city over the years from France, Germany, Norway, Sweden, Denmark, Finland, Latin America, Italy, Greece, Poland, Japan, China, Korea, Vietnam, Laos, Cambodia, Thailand and more. Minneapolis also has the largest Somali population in North America and is ranked fourth among U.S. cities in the percentage of gay, lesbian or bisexual

people in its adult population as of 2006.

Today, Minneapolis is an economic, educational and cultural hub of the Midwest. There are five Fortune 500 companies headquartered in Minneapolis, which gives it the fifth-highest concentration of Fortune 500 companies among U.S. cities. It is also home to the University of Minnesota, which has the fourth-highest enrollment for a four-year public university in the U.S., three private four-year colleges, and several other institutions of higher learning.

Minneapolis residents also value the arts. The city is full of beautiful architecture and is home to several art museums, including the Walker Art Center, one of the nation's major modern art museums, and the Minneapolis Institute of Arts, the largest museum in the city. There are also several performing arts groups, and the largest non-juried performing arts festival, the Minnesota Fringe Festival, takes place each year. Music is present everywhere you turn. Catch a performance by the Minnesota Orchestra at Orchestra Hall or turn into a number of local clubs to hear what Minneapolis' music scene has to offer. Legendary musician Prince, as well as bands Hüsker Dü and The Replacements are natives of Minneapolis.

You may have to make more than one trip to Minneapolis to take in all of the sights, meet all of the people, and eat all of the delicious food that you want.

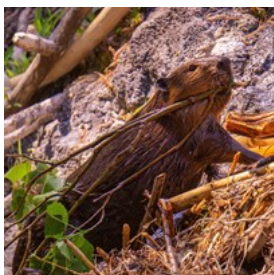
## DO & SEE



Josh Hild/unsplash

With 18.3 million visitors to the city's metro area each year, Minneapolis has become one of the most visited US destinations thanks to attractions such as world-class museums and galleries, a vibrant night-life and a shopping mall so large it even has its own postal code.

### Minnesota Zoo



Explore Minnesota's exciting zoo and see over 2,700 species of animals. Do not miss the Discovery Bay aquarium, a maze of underground tunnels and walkways where you'll be able to see some of the greatest wonders of the deep.

Photo: VagrantDragon/shutterstock.com

Address: 13000 Zoo Blvd, Apple Valley, Minneapolis, MN

Opening hours: Daily 9am-4pm

Phone: +1 952 431 9200

Internet: [www.mnzoo.org](http://www.mnzoo.org)

Email: [info@mnzoo.org](mailto:info@mnzoo.org)

### St Paul Curling Club



Curling is a popular winter sport in the Twin Cities. Visit the St Paul Curling Club and watch how the players slide the hubcap-sized 'puck' down

the ice, aiming for the target. While the intricacies of the game may seem a bit foreign at first, it'll be a unique experience to see the 'pitcher' shouting at the ice brushes.

Photo: Aleksandra Suzi/Shutterstock.com

Address: 470 Selby Ave, St Paul, MN

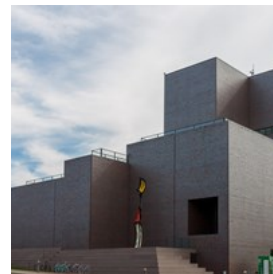
Opening hours: Mon-Sat 9am-11pm, Sun 9am-midnight

Phone: +1 651 224 7408

Internet: [www.stpaulcurlingclub.org](http://www.stpaulcurlingclub.org)

Email: [manager@stpaulcurlingclub.org](mailto:manager@stpaulcurlingclub.org)

### Walker Art Center



Minneapolis boasts the fifth most-visited museum in the United States and one of the few to still offer free admission, except for special

exhibits. The impressive permanent collection features 20th-century arts and photography, US and European painters of all genres, including one genre the US is particularly famous for - pop art.

Photo: ALEXANDRE F FAGUNDES/shutterstock.com

Address: 725 Vineland Pl, Minneapolis, MN

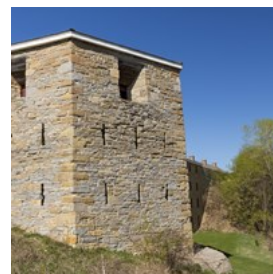
Opening hours: Wed 10am-5pm, Thu 10am-9pm, Fri-Sun

10am-5pm, Mon & Tue closed

Phone: +1 612 375 7600

Internet: [www.walkerart.org](http://www.walkerart.org)

### Fort Snelling State Park



With beautiful parks and outdoor areas, the Fort Snelling State Park is only one of the many in the region. Situated where the Mississippi and

Minnesota Rivers meet, the historic Fort is the state's oldest structure. Enjoy a tour from knowledgeable guides or a demonstration complete of period costumes.

## Destination: Minneapolis, Minnesota

Photo: John Brueske/shutterstock.com

Address: 101 Snelling Lake Road, West St. Paul, MN

Opening hours: Daily 8am-10pm

Phone: +1 612 279 3550

Internet: [www.mnhs.org/fortsnelling](http://www.mnhs.org/fortsnelling)

Email: [ftsnelling@mnhs.org](mailto:ftsnelling@mnhs.org)

### Northeast Minneapolis Art District



As in most cities, the worn down industrial areas sooner or later become the new hot spots after they've been established by the creative crew. Minneapolis is no exception.

The Northeast Minneapolis Art District is home to a great number of artist studios, art galleries and performance spaces. Walk around this unique neighbourhood distinguished by picturesque, family-run businesses, rail yards and industrial buildings, kitschy watering holes and a wide range of restaurants.

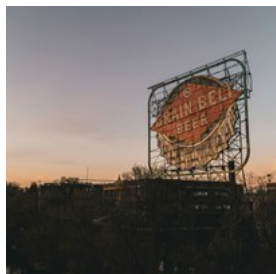
Photo: Javier Quiroga/unsplash

Address: Northeast Minneapolis Art District, Minneapolis, MN

Internet: [www.northeastminneapolisartsdistrict.org](http://www.northeastminneapolisartsdistrict.org)

Email: [info@northeastminneapolisartsdistrict.org](mailto:info@northeastminneapolisartsdistrict.org)

### Nicollet Island



This island, in the middle of the Mississippi River, lies just north of Saint Anthony Falls in Minneapolis and has a population of 1,101, 2024

U.S. Census. The island is a showcase for beautiful architecture and natural landscape as well as The Bell of Two Friends, a gift from Japan, and the Nicollet Island Pavilion event centre, located in Nicollet Island Park and built in 1893.

Photo: weston m/unsplash

Address: Nicollet Island, Minneapolis, MN

Internet: [www.minneapolisparcs.org](http://www.minneapolisparcs.org)

Email: [info@minneapolisparcs.org](mailto:info@minneapolisparcs.org)

### Target Field



A beautiful iconic mark of Minneapolis, Target Field is the city's hub of baseball games. With food services available, air-conditioned rooms and a great view over the field, you are in for an unforgettable experience.

Photo: zsolt\_uveges/Shutterstock.com

Address: 1 Twins Way, Minneapolis, MN

Phone: +1 612 659 3400

Internet: [www.mlb.com/twins/baseball](http://www.mlb.com/twins/baseball)

Email: [twins@twinsbaseball.com](mailto:twins@twinsbaseball.com)

### Guthrie Theater



A theater that is sure to leave an incredible memory, even if you don't plan on seeing any shows, as the building itself is a sight to see. You can also

enjoy the view from the promenade and get an amazing perspective on the city. Check their website for the next shows in case you're a theater fan.

Photo: ALEXANDRE F FAGUNDES/shutterstock.com

Address: 818 S 2nd St, Minneapolis, MN

Phone: +1 612 377 2224

Internet: [www.guthrietheater.org](http://www.guthrietheater.org)

Email: [facebook@guthrietheater.org](mailto:facebook@guthrietheater.org)

### Mill City Museum



The Mill City Museum has been built on the ruins of Washburn, a mill and a designated National Historic Landmark. This remarkable attraction

seamlessly blends the past and present, evident in its displays and architectural design. Embark on a journey to discover the fascinating history of flour milling through guided tours, interactive exhibitions, and engaging special events. After your tour, head to the rooftop for a panoramic view of the city and the Mississippi River.

Photo: Joshua Hage/unsplash

Address: 704 South 2nd Street, Minneapolis, MN

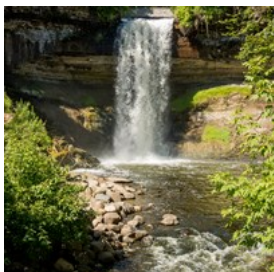
Opening hours: Thu & Fri 10am-4pm, Sat & Sun 10am-5pm

Phone: +1 612 341 7555

Internet: [www.mnhs.org/millcity](http://www.mnhs.org/millcity)

Email: [mcm@mnhs.org](mailto:mcm@mnhs.org)

### Minnehaha Falls



Enjoy a piece of true nature at the Minnehaha Falls. Located close to the center, it marks a point of relaxation and pure beauty. There are several

recreation areas for kids to play and sometimes you might even catch a live performance.

Photo: Kelly vanDellen/Shutterstock.com

Address: 4801 S Minnehaha Drive Minneapolis, MN

Internet: [www.minneapolisparks.org](http://www.minneapolisparks.org)

Email: [info@minneapolisparks.org](mailto:info@minneapolisparks.org)

### Minneapolis Institute of Arts



The Minneapolis Institute of Arts is one of the biggest fine arts museums in the US and the largest museum in Minneapolis. Take your

time browsing through all of the artwork collected here, which belongs to many different periods, countries and styles. Check the website to know if there are currently any special exhibitions or events at the museum. You'll have to buy a ticket for those, but the general admission to the permanent collection is free.

Photo: Iakov Filimonov/Shutterstock.com

Address: 2400 3rd Ave S, Minneapolis, MN

Opening hours: Tue & Wed 10am-5pm, Thu 10am-9pm,

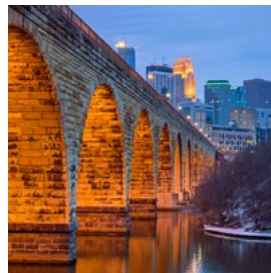
Fri-Sun 10am-5pm, Mon closed

Phone: +1 888 642 2787

Internet: [www.new.artsmia.org](http://www.new.artsmia.org)

Email: [visit@artsmia.org](mailto:visit@artsmia.org)

### The Stone Arch Bridge



The Stone Arch Bridge is the oldest bridge in Minneapolis and is a National Historic Engineering Landmark.

The bridge was used for people and goods transportation in the past. Today; however, the bridge and the surroundings are more of a recreational destination for pedestrians, cyclists or tourists that want to catch a view of St. Anthony Falls.

Photo: f11photo/Shutterstock.com

Address: 100 Portland Ave, Minneapolis, MN

## DINING



Kzenon/Shutterstock.com

Minneapolis enjoys four distinct seasons and thus offers a wide variety of seasonal produce, fresh and delicious. Add to that the influences from immigrants that have found their way here and invested themselves in the growth of the city's food culture, and you have a healthy choice of vibrant and varied cuisine. If you want to be spoiled for choice, go to Nicollet Avenue.

Spanning 17 blocks, this street has more than 50 restaurants and cafés with offerings as diverse as traditional Vietnamese and German meals to trendy fusion restaurants.

### Mickey's Diner



For a true American dining experience, you can't pass up Mickey's Diner. The venue was designed to resemble old railroad dining cars. It's unique given that is one of the first diners to be built in the Art Deco style. Try their signature brown buttermilk pancakes and egg omelets with a shake. Since the diner is open all day, every day, your late night hamburger cravings are not a problem anymore.

Photo: mewini/Shutterstock.com

Address: 36 W. 7th Street, St. Paul, MN

Opening hours: Open 24h

Phone: +1 651 698 8387

Internet: [www.mickeysdinerbywilly.com](http://www.mickeysdinerbywilly.com)

Email: [mickeysdinerbywilly@gmail.com](mailto:mickeysdinerbywilly@gmail.com)

### Manny's Steakhouse



This is a steakhouse where the menu reflects the offerings of local farms. In addition to chops and steaks, they also serve delicious side dishes like hash browns and special desserts like whisky bread pudding with hot fudge and caramel-covered macadamia nut brownies.

Photo: Erin Cadigan/Shutterstock.com

Address: 825 S Marquette Avenue South, Minneapolis, MN

Opening hours: Daily 7am-10pm

Phone: +1 612 339 9900

Internet: [www.mannyssteakhouse.com](http://www.mannyssteakhouse.com)

Email: [mannys@parasole.com](mailto:mannys@parasole.com)

### D'Amico and Sons



D'Amico and Sons is a growing family restaurants chain with a passion for Italian food. Specialties include wood-fired pizzas, gourmet sandwiches, salads and pastas. On Sundays, they host a brunch from 11am to 2pm.

Photo: EM Karuna/Shutterstock.com

Address: 3948 West 50th Street, Edina, MN

Opening hours: Sun-Wed 11am-8pm, Thu-Sat 11am-9pm, Mon closed

Phone: +1 952 926 1187

Internet: [www.damicoandsons.com](http://www.damicoandsons.com)

More Info: Additional location at 555 Nicollet Mall  
Minneapolis, MN 55402

### Salsa a la Salsa



Salsa a la Salsa Mexican restaurant with a margarita bar that serves typical food at reasonable prices. On the menu, you'll find dishes like chile relleno, pork carnitas, tacos, burritos and enchiladas.

Photo: Sergey Yechikov/Shutterstock.com

Address: 920 East Lake Street, Minneapolis, MN

Opening hours: Mon-Sat 11am-8pm, Sun closed

Phone: +1 612 872 4140

Internet: [www.salsaalasalsa.com](http://www.salsaalasalsa.com)

Email: [salsaalasalsa@hotmail.com](mailto:salsaalasalsa@hotmail.com)

### Murray's Restaurant



This Minneapolis steakhouse has been serving selected cuts of meat and gourmet burgers since 1946.

Named one of the best steakhouses in the U.S. by travel and leisure, this restaurant offers quality food in a beautiful setting. Try to arrive before 6pm in order to enjoy their food and drink specials.

Photo: SWDiscovered/Shutterstock.com

Address: 26 South 6th St., Minneapolis, MN

Opening hours: Mon 4pm-9pm, Tue-Thu 11am-1:30pm / 4pm-9pm, Fri 11am-1:30pm / 4pm-10pm, Sat 5pm-10pm, Sun 4pm-8:30pm

Phone: +1 612 339 0909

Internet: [www.murraysrestaurant.com](http://www.murraysrestaurant.com)

Email: [dining@murraysrestaurant.com](mailto:dining@murraysrestaurant.com)

### 112 Eatery



112 Eatery is a well-established fine dining restaurant in Minneapolis. The chef Isaac Becker received the 2011 James Beard

Foundation award for Best Chef in the Midwest. Be sure to save room for one of his acclaimed desserts.

Photo: kirill guzhvinsky/Shutterstock.com

Address: 112 N. 3rd Street, Minneapolis, MN

Opening hours: Tue-Thu 5pm-9pm, Fri & Sat 5pm-10pm, Sun & Mon closed

Phone: +1 612 343 7696

Internet: [www.112eatery.com](http://www.112eatery.com)

Email: [info@112eatery.com](mailto:info@112eatery.com)

### The Capital Grille



When stepping inside Capital Grille you enter the world of fine dining. From the menu you can choose mouth-watering dishes including dry-aged

steaks and fresh seafood. The chefs only use the finest, freshest ingredients available and they put a lot of effort in the preparation and presentation of the dishes. Remember to try one of their world-class wines.

Photo: David P. Smith/Shutterstock.com

Address: 801 Hennepin Ave, LaSalle Plaza, Minneapolis, MN

Opening hours: Mon-Fri 11am-9pm, Sat & Sun 4pm-9pm

Phone: +1 612 692 9000

Email: [minneapolis@tcgdine.com](mailto:minneapolis@tcgdine.com)

More Info: Dressy attire

### Matt's Bar and Grill



If you want to have one of the best burgers in Minneapolis, head down to Matt's and try the famous Juicy Lucy with cheese melted inside the

meat. It's a busy place so waiting times might be long, but you'll forget all about it when you bite your burger.

Photo: zloitapok/Shutterstock.com

Address: 3500 Cedar Ave, Minneapolis, MN

Opening hours: Daily 11am-11pm

Phone: +1 612 722 7072

Internet: [www.mattsbar.com](http://www.mattsbar.com)

### All Square



This may look like yet another grilled cheese restaurant, but in reality it's more than that. Its employees are formerly incarcerated individuals,

and All Square is working hard to give them a second chance to make sure that they receive a chance to be reintroduced into the current social tissue. Its food offering includes both gluten-free and vegetarian options, to be enjoyed in their neon-lit interiors.

Photo: photominer/Shutterstock.com

Address: 4047 Minnehaha Avenue, Minneapolis, MN

Opening hours: Tue-Sat 11am-8pm, Sun & Mon closed

Phone: +1 612 778 9880

Internet: [www.allsquarempls.com](http://www.allsquarempls.com)

Email: [info@allsquarempls.com](mailto:info@allsquarempls.com)

### Centro



Mezcal and tequila-based cocktails will accompany dishes offered at Centro. Their signature 4-course menu features onion vinaigrette, mushrooms,

seasonal seafood, duck breast and Mexican mousse, but they also have à-la-carte options. You can head to Centro for their brunch lasting from 10am to 2pm, where you'll be able to order tacos, avocado toast and pies with pork filling.

Photo: Brent Hofacker/Shutterstock.com

Address: 1414 Quincy Street, Minneapolis, MN

Opening hours: Sun-Thu 11am-10pm, Fri & Sat 11am-11pm

Phone: +1 612 345 5527

Internet: [www.centrompls.com](http://www.centrompls.com)

Email: [info@centrompls.com](mailto:info@centrompls.com)

### CAFES



[amenic181/Shutterstock.com](http://amenic181/Shutterstock.com)

The city's booming cafe and coffee shop scenes ensure a great haunt is never too far away. Take your pick from an extensive selection of artisan roasters, hip designer spaces and more.

### French Meadow Cafe



Since 1985, French Meadow has been one of the leading cafes when it comes to thinking and acting organic. Promoting sustainable agriculture, making and serving slow foods and generally providing a tasty little oasis of thoughtful and healthy living is their mission. Here you'll find vegan, vegetarian and gluten free options as well as a kids menu.

Photo: Losangela/Shutterstock.com

Address: 2610 Lyndale Ave S, Minneapolis, MN

Opening hours: Mon-Wed 7:30am-3pm, Thu-Sun 7:30am-9pm

Phone: +1 612 870 7855

Internet: [www.frenchmeadowcafe.com](http://www.frenchmeadowcafe.com)

Email: [info@frenchmeadowcafe.com](mailto:info@frenchmeadowcafe.com)

### The Cafe Meow



The Cafe Meow is the first cafe in Minneapolis that has a cat lounge, where up to 15 rescued cats are waiting to receive your love in the form of strokes. After entering the regular coffee shop selling hot beverages and pastries, you have to pay a fee to enter the cat lounge for an hour, but there are discounts on Tuesday and Thursday afternoons. All resident cats are available for adoption.

Photo: Mutita Narkmuang/Shutterstock.com

Address: 1718A Lexington Ave N, Roseville, MN

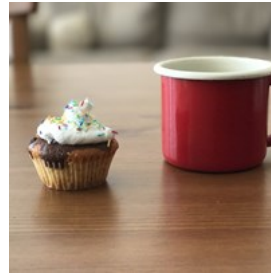
Opening hours: Tue-Thu 11am-7pm, Fri & Sat 10am-8pm, Sun 10am-7pm, Mon closed

Phone: +1 612 212 8471

Internet: [www.thecafemeow.com](http://www.thecafemeow.com)

Email: [thecafemeow@gmail.com](mailto:thecafemeow@gmail.com)

### Sparrow Cafe



This little cafe is very colorful, from the mural with birds on the wall to the mugs, plates and beautifully decorated muffins. All of the coffees they serve at Sparrow Cafe are fair trade and organic, and they take pride in it. They also serve special flavors like amaretto coffee, maple latte and peppermint mocha, along with a good selection of teas.

Photo: beyhan baskurt/Shutterstock.com

Address: 5001 Penn Ave S, Minneapolis, MN

Opening hours: Tue-Sun 7am-2pm, Mon closed

Phone: +1 612 353 5177

Email: [jasper@sparrowcafe.com](mailto:jasper@sparrowcafe.com)

### Cafe Astoria



At Cafe Astoria, the presentation of food and drinks is taken just as seriously as their quality. Come here for some amazing latte art, colorful smoothie or oatmeal bowls, and crepes with a variety of fillings.

Photo: iMoved Studio/Shutterstock.com

Address: 180 Grand Ave, St Paul, MN

Opening hours: Tue-Sun 7am-3pm, Mon closed

Phone: +1 651 340 9471

Internet: [www.cafeastoria-stpaul.com](http://www.cafeastoria-stpaul.com)

Email: [leah@cafeastoria-stp.com](mailto:leah@cafeastoria-stp.com)

## BARS & NIGHTLIFE



Eastman Childs/unsplash

Minneapolis nightlife could be everything from a cordial dinner combined with an entertaining cabaret to a wild and crazy night in a club or a pub crawl. Choose the option that best suits your tastes and make the most of your time in the city.

### First Avenue



The epitome of a rock and roll bar - some of the most legendary musicians and bands in history have played here. With two separate performance spaces, the Mainroom and the smaller 7th St Entry, there's always a concert happening here. Check their calendar to plan an unforgettable night out.

Photo: Sam Wagner/shutterstock.com  
Address: 701 N 1st Ave, Minneapolis, MN  
Opening hours: Mon-Fri 10am-6:30pm / 7pm-11pm, Sat & Sun 7pm-11pm  
Phone: +1 612 338 8388  
Internet: [www.first-avenue.com](http://www.first-avenue.com)  
Email: [info@first-avenue.com](mailto:info@first-avenue.com)

### Brit's Pub



As the name suggests, this is a British pub with wooden decor serving typical food, but it's not only that. Brit's Pub has also a rooftop bar, an English Garden Park, a party lounge, two pool tables and a bowling lane open during summer. In short, there are plenty of reasons to spend the evening here.

Photo: Rick Barrett/unsplash  
Address: 1110 Nicollet Mall, Minneapolis, MN  
Opening hours: Sun & Mon 11am-11pm, Tue-Thu 11:30am-11pm, Fri 11:30am-1am, Sat 9:45am-1am  
Phone: +1 612 332 3908  
Internet: [www.britspub.com](http://www.britspub.com)  
Email: [manager@britspub.com](mailto:manager@britspub.com)

### The Local



Bringing a taste of Ireland to the Midwest, The Local serves traditional Irish cuisine and has of course Guinness on tap. Come here for an old world atmosphere, live matches and some good craic.

Photo: Parilov/Shutterstock.com  
Address: 931 Nicollet Mall, Minneapolis, MN  
Opening hours: Mon-Wed 11am-11pm, Thu & Fri 11am-1am, Sat 10am-1am, Sun 10am-pmm  
Phone: +1 612 452 2222  
Internet: [www.the-local.com](http://www.the-local.com)  
Email: [contact@carairishpubs.com](mailto:contact@carairishpubs.com)

## Dakota



This laid-back jazz club has hosted performances by notable artists like Bela Fleck, Blood Sweat & Tears, Bob Dylan, 10,000 Maniacs and Herb Alpert. The Dakota also serves dinner and drinks, hosting events and concerts almost every night.

Photo: 135pixels/Shutterstock.com

Address: 1010 Nicollet Mall, Minneapolis, MN

Opening hours: Sun-Thu 5:30pm-9pm, Fri & Sat 5:30pm-11pm

Phone: +1 612 332 5299

Internet: [www.dakotacooks.com](http://www.dakotacooks.com)

Email: [joe@dakotacooks.com](mailto:joe@dakotacooks.com)

## Gay 90's



The name of the club says it all: submerge yourself in the 90's gay scene. There are three separated dance floors, and you might also want to check out the drag show upstairs. The six high quality bars guarantee drinks all night long. Note that here it can get quite crowded at times.

Photo: Pressmaster/Shutterstock.com

Address: 408 Hennepin Ave, Minneapolis, MN

Opening hours: Wed & Thu 6pm-2am, Fri & Sat 4pm-3am, Sun 9pm-2am, Mon & Tue closed

Phone: +1 612 333 7755

Internet: [www.gay90s.com](http://www.gay90s.com)

## SHOPPING



*i elwynn/Shutterstock.com*

Minneapolis has its part in retail history, with the largest mall in America situated in the city's downtown area. The Mall of America is one of the shopping destinations that should not be missed. In the town you will find everything from young designer stores to funky boutiques and major retailers on both sides of the Mississippi.

## Mall of America



This place is so enormous it has its very own postcode. With over 500 stores, 70 restaurants, 14 movie screens, an 18 hole mini golf course and even an amusement park, the Mall of America is the U.S.'s fifth most-visited attraction. Here you'll find all kinds of stores. Some brands you might recognize are: American Apparel, Banana Republic, Barnes & Noble, The Body Shop, Bose, Burberry, Calvin Klein Performance, Disney Store, Foot Locker, Guess, Macy's, Michael Kors and H&M.

Photo: Michael Gordon/shutterstock.com

Address: 60 E Broadway, Bloomington, MN

Opening hours: Mon-Sat 10am-9pm, Sun 11am-7pm

Phone: +1 952 883 8800

Internet: [www.mallofamerica.com](http://www.mallofamerica.com)

Email: [info@mallofamerica.com](mailto:info@mallofamerica.com)

## Uptown



Uptown Minneapolis is a fashionable district and a popular shopping area. There are both big chains like H&M or Urban Outfitters and

independent shops selling just about anything from designer clothes and accessories to books, body care products and homeware. If you feel hungry after so much shopping, you'll find many restaurants and cafes to choose from.

Photo: gpointstudio/Shutterstock.com

Address: Uptown Minneapolis, MN

## North East Art District



As in most cities, the worn down industrial areas sooner or later become the new hot spots after they've been established by the

creative crew. Minneapolis is no exception.

The Northeast Minneapolis Art District is home to a great number of artist studios, art galleries and performance spaces. Walk around this unique neighborhood distinguished by picturesque, family-run businesses, rail yards and industrial buildings, kitschy watering holes and a wide range of restaurants.

Photo: Javier Quiroga/unsplash

Address: Northeast Minneapolis Art District, Minneapolis, Minnesota

Internet: [www.northeastminneapolisartsdistrict.org](http://www.northeastminneapolisartsdistrict.org)

Email: [info@northeastminneapolisartsdistrict.org](mailto:info@northeastminneapolisartsdistrict.org)

## Downtown



The downtown area of Minneapolis has the best of both worlds: the Nicollet Mall street with high-end boutiques and department stores, and the 'Warehouse' district which features designer homeware and art galleries.

Photo: nikitsin.smugmug/Shutterstock.com

Address: Downtown Minneapolis, MN

## I Like You Too



At this shop they sell home-made unique gifts, all by local artists and crafters. You'll find jewelry, ceramics and homeware, clothes, stuffed toys and more.

Photo: soo hee kim/Shutterstock.com

Address: 416 Snelling Ave S, St Paul, MN

Opening hours: Tue-Fri 11am-6pm, Sat 10am-6pm, Sun 11am-4pm

Phone: +1 651 340 9710

Internet: [www.ilikeyouonline.com](http://www.ilikeyouonline.com)

Email: [info.ilikeyou@gmail.com](mailto:info.ilikeyou@gmail.com)

## Mill City Farmers Market



At Mill City Farmers Market you'll find the freshest vegetables, fruit, flowers, cheeses and meats. Here you can go from stall to stall and appreciate all the local produce Minneapolis has to offer. Check the website to know the dates when the market will take place this month.

Photo: Jim Parkin/Shutterstock.com

Address: 704 S 2nd St, Minneapolis, MN

Opening hours: Sat 8am-1pm

## Destination: Minneapolis, Minnesota

Phone: +1 612 341 7580

Internet: [www.millcityfarmersmarket.org](http://www.millcityfarmersmarket.org)

Email: [info@millcityfarmersmarket.org](mailto:info@millcityfarmersmarket.org)

More Info: The Winter Market is located inside the Mill City Museum

### Candyland



Chocolate, jellies, caramel apples, fudge... at Candyland they have whatever your sweet tooth desires. Don't leave this store empty-handed and don't miss their famous mix of sweet popcorn.

Photo: Caftor/Shutterstock.com

Address: 27 S 7th St 6, Minneapolis, MN

Opening hours: Mon–Thu 9:30am–8pm, Fri & Sat 9:30am–10pm, Sun 11am–6pm,

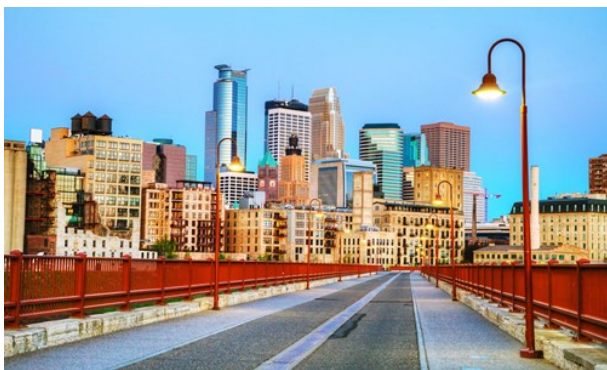
Phone: +1 612 332 7752

Internet: [www.candylandstore.com](http://www.candylandstore.com)

Email: [info@candylandstore.com](mailto:info@candylandstore.com)

More Info: Additional location at Nicollet Mall, 811 Lasalle Ave 104 Minneapolis, MN 55402

### TOURIST INFORMATION



photoua/Shutterstock.com

### Passport / Visa



Citizens of the Schengen countries, the United Kingdom, Ireland, Canada, Australia, New Zealand, Singapore, Japan, South Korea,

Taiwan and the Kingdom of Brunei can visit the United States for up to 90 days without applying for a visa, as well as citizens of Andorra, Lichtenstein, Monaco and San Marino. Citizens of these countries must obtain an ESTA, Electronic System for Travel Authorization, before traveling. All other travelers must obtain a visa before visiting the United States.

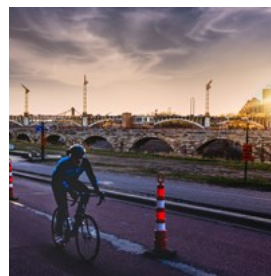
International travelers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the country.

Photo: Barbara Maier/unsplash

Internet:

[www.travel.state.gov/content/travel/en/us-visas.html](http://www.travel.state.gov/content/travel/en/us-visas.html)

### Best Time to Visit



The best season to visit Minneapolis is summer, when the weather is nice and warm, except for some sporadic storms.

Note that June, July and August are also the busiest months for tourism, so make sure to book in advance. Visiting in late spring or early autumn could be a good option to save some money. Wintertime can be a challenging season to be in Minneapolis due to the cold and snowfall, but you can find good deals and there are skiing facilities near the city.

Photo: Javier Quiroga/unsplash

Internet: [www.minneapolisnorthwest.com](http://www.minneapolisnorthwest.com)

## The Minneapolis-St Paul International Airport (MSP)



Minneapolis-St. Paul International Airport (MSP) is nestled among several cities: Minneapolis, St. Paul and the suburban cities of Bloomington, Eagan, Mendota Heights and Richfield.

There are a variety of services offering travelers transportation to and from the Minneapolis-St. Paul International Airport.

As for Bus service, you can take city bus service, Route 54, provided by Metro Transit. Pick up and drop off is situated outside the Terminal 1-Lindbergh Transit Center, on Level 1 of the Blue and Red parking ramps.

Taxi service is provided at both terminals and from the airport it takes 20 minutes by car to downtown Minneapolis. It is about 12 miles from the airport to Minneapolis, with fares that cost around \$39-\$49.

If you have any questions regarding ground transportation go to the Terminal 1-Lindbergh Ground Transportation booth on Level T where staff seven days a week from 6 am to midnight offer information, directions and other assistance to travelers.

Photo: Kate Scott/shutterstock.com

Address: 4300 Glumack Drive St. Paul, MN

Phone: +1 612 726 5555

Internet: [www.mspairport.com](http://www.mspairport.com)

Email: [MSPcustomerservice@mspmac.org](mailto:MSPcustomerservice@mspmac.org)

More Info: Terminal 2 at 7150 Humphrey Drive Minneapolis, MN 55450

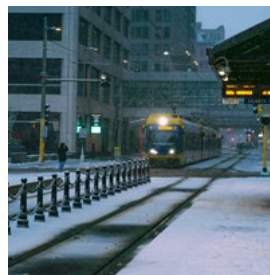
## Time Zone



Photo: Lukas Blazek/unsplash

Minneapolis is in the Central time zone, and all times are reflected in Central time.

## Public Transport



Minneapolis is compact and easy to get around. Metro Transit is the main public transportation operator in the Minneapolis-Saint Paul area and one of the largest public transportation systems in the country. Traveling with the bus is a convenient and inexpensive way to get around.

Photo: Josh Hild/unsplash

Minneapolis is compact and easy to get around. Metro Transit is the main public transportation operator in the Minneapolis-Saint Paul

## Taxi Service



call in advance for the service.

Taxi services are offered anywhere in the city center. You can take a taxi at the Minneapolis Convention Center or at any hotel. You can also

Photo: Pinkcandy/shutterstock.com

Internet: [www.blueandwhitetaxi.com](http://www.blueandwhitetaxi.com)

Email: [sonbol@followthatcab.net](mailto:sonbol@followthatcab.net)

## Post



Several offices of the United States Postal Service offices can be found in the city.

Photo: Ethan Hoover/unsplash

Address: 100 1st St S, Minneapolis, MN

Opening hours: Mon-Fri 7am-8pm, Sat 9am-1pm, Sun closed

Phone: +1 800 275 8777

Internet: [www.usps.com](http://www.usps.com)

Email: [socialmedia@usps.gov](mailto:socialmedia@usps.gov)

## Pharmacy



You'll find several pharmacies in town, some of which are CVS and Walgreens pharmacies, the largest chains in the country.

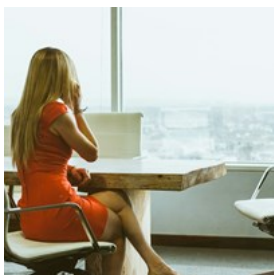
Photo: pina messina/unsplash

Address: CVS Pharmacy: 2001 Nicollet Ave, Minneapolis, MN

Phone: +1 612 872 2656

Internet: [www.cvs.com](http://www.cvs.com)

## Telephone



Country code: +1 Area code: 612

Photo: Dane Deaner/unsplash

## Electricity



The power voltage in the United States is 110-120V - 60Hz. The power plugs used in the country are type A and B. Adapters can be purchased for

appliance plugs at many electronics and department stores.

Photo: Kelly Sikkema/unsplash

## Population

423,250 (2024)

## Currency

US Dollar (\$) = 100 cents

## Opening hours

Shopping malls are usually open from Monday to Saturday 10am-9:30pm and on Sunday 11am-7pm.

## Internet

[www.minneapolis.org](http://www.minneapolis.org)

[www.exploreminnesota.com/minneapolis-st-paul-area](http://www.exploreminnesota.com/minneapolis-st-paul-area)

## Newspapers

The Minnesota Star Tribune: [www.startribune.com](http://www.startribune.com)

The Minnesota Daily: [www.mndaily.com](http://www.mndaily.com)

MinnPost: [www.minnpost.com](http://www.minnpost.com)

## Emergency numbers

911

## Tourist information

Minneapolis Visitor Information

505 Nicollet Mall, Suite 100, Minneapolis

Open Tue-Sat 10am-4pm

+1 612 397 9278

[www.minneapolis.org/visitor-information](http://www.minneapolis.org/visitor-information)

Information is subject to change. Please contact your Lifestyle Consultant for the most up-to-date recommendations.