



Photo: Martin Dworschak/Shutterstock.com



Ang Toon Yew/Shutterstock.com

The capital city of New Zealand rests between rolling hills and a rugged coastline on the southern tip of the North Island. As well as offering some of the best urban views in the country, the city is popular for its arts and culture. Wellington is home to the National Museum (Te Papa), the national opera and ballet companies, and is the heart of the nation’s film and fashion scenes. With more restaurants and cafés per head than New York, Wellington also offers a unique gastronomic experience.



Dhoxax/Shutterstock.com



FiledIMAGE/Shutterstock.com

Featured



Oriental Bay

Whether you take a walk by the sea or go for a swim, either way this place o...



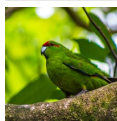
Wellington Botanic Garden

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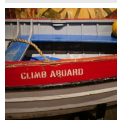
Old St Paul's Cathedral

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Zealandia Wildlife Sanctuary

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Wellington Museum

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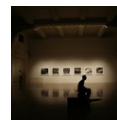
Museum of New Zealand — Te...

The national museum of New Zealand features five floors of



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Wellington Zoo

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Wellington Cable Car

Hop aboard the cable car for a stunning panorama of Wellington and the Hutt ...

THE CITY



Dhoxax/Shutterstock.com

Wellington is a compact and walkable city. With its downtown area only 2 kilometres across, most of the major attractions are within easy walking distance from the hotels, cafés, restaurants, bars and shops. The city, originally founded by English settlers in the 1840s, is split into four quarters. Lambton Quay is the best place for shopping. Courtenay Place is the business area. Cuba Street is responsible for entertainment, with cafes and vintage clothing stores that give the neighbourhood a bohemian, alternative vibe. The Waterfront Quarter takes in Frank Kitts Park, Waitangi Park, Queens Wharf and Te Papa.

Along with the historic and cultural attractions, Wellington offers a little bit of Hollywood glamour — the majority of the Lord of the Rings trilogy was filmed in and around the city, and visitors can now follow in the footsteps of Hollywood stars. Wellington is also the ideal launching pad for other great parts of New Zealand, including the wine region of Wairarapa, the coastal destination of Kapiti Coast and Kapiti Island — one of New Zealand's premier nature and marine reserves. Wellington is also the gateway to New Zealand's South Island, with two regular ferry services taking visitors across the Cook Strait to Picton.

DO & SEE



Victor Maschek/Shutterstock.com

Most of the major attractions are within easy walking distance from the hotels, restaurants and bars. There are plenty of historical and cultural sights to choose from, like the National Museum (Te Papa) and the City Gallery Wellington.

If you are a Lord of the Rings fan, then you should definitely take the tour around the location where the movie was filmed.

There are also many great excursions to choose from such as a trip to the Somes-Maitu Island or exploring the wildlife at Karori.

Museum of New Zealand — Te Papa Tongarewa



The national museum of New Zealand features five floors of interactive exhibits and offers an insight into everything from natural history to Maori culture and European immigration. Don't miss 'bush city', the museum's urban rain forest full of native plants and wildlife. The museum is recognized as a world leader of interactive and innovative museum experiences.

Photo: Hongbin/unsplash

Address: 55 Cable Street, Wellington

Opening hours: Daily 10am–6pm

Phone: +64 4 381 7000

Tickets: Free admission

Internet: www.tepapa.govt.nz

New Zealand Parliament Buildings



Take a one-hour guided tour of the Parliament Buildings to see New Zealand politics at work and to explore the Beehive — one of the most famous buildings in Wellington.

Photo: Robert CHG / Shutterstock.com

Address: Molesworth Street, Pipitea, Wellington

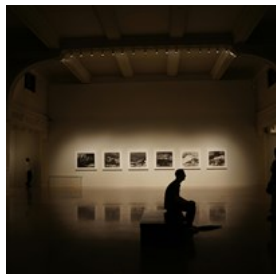
Phone: +64 4 817 9999

Internet:

www.parliament.nz/en/visit-and-learn/visit/guided-tours

Email: tour.desk@parliament.govt.nz

City Gallery Wellington



Wellington's main contemporary art gallery hosts an ever-changing collection of international touring art exhibitions and contemporary local works. There is always something interesting to see, and it's a great place for a rainy day.

Photo: pixabay/pexels

Address: City Gallery Te Whare Toi, Te Ngākau Civic Square, Wellington

Opening hours: Daily 10am–5pm

Phone: +64 4 913 9032

Internet: citygallery.org.nz

Email: citygallery@experiencewellington.org.nz

Wellington Zoo



The zoo, founded in 1906, is now home to over 500 animals in modern enclosures. Learn more about the animals from the daily zookeeper talks and get up close to pandas and cheetahs with the zoo's 'close encounters' experience.

Photo: Joshua Bayliss/unsplash

Address: 200 Daniell Street, Newtown, Wellington

Opening hours: Daily 9:30am–5pm

Phone: +64 4 381 6755

Internet: wellingtonzoo.com

Email: wellingtonzoo@wellingtonzoo.com

Wellington Cable Car



Hop aboard the cable car for a stunning panorama of Wellington and the Hutt Valley. This charming funicular railway transports visitors between Lambton Quay, the city's bustling shopping hub, and Kelburn — a hilltop suburb with breathtaking views over the city centre. Climbing 120 m (394 ft) across a distance of 612 m (2007 ft), it's quite the ride. The upper terminal not only offers access to the verdant Botanic Gardens but also houses a free museum that delves into the century-long history of the Wellington Cable Car.

Photo: João Marcelo Martins/unsplash

Address: 280 Lambton Quay, Wellington

Opening hours: Mon–Thu 7:30am–8pm, Fri 7:30am–9pm, Sat 8:30am–9pm, Sun 8:30am–7pm

Phone: +64 4 472 2199

Internet: www.wellingtoncablecar.co.nz

Email: cablecar@experiencewellington.org.nz

Zealandia Wildlife Sanctuary



Discover some of New Zealand's rarest native wildlife just ten minutes from downtown Wellington, in a unique sanctuary where native bush is being restored and endangered species are breeding once again. Visitors can roam freely inside the sanctuary or take advantage of guided day or nighttime tours.

Photo: Viktor Hejna / Shutterstock.com

Address: 53 Waiapu Road, Karori, Wellington

Opening hours: Daily 9am-4:30pm

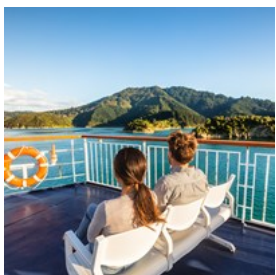
Phone: +64 4 920 9213

Internet: www.visitzealandia.com

Email: info@visitzealandia.com

More Info: Formerly known as the Karori Wildlife Sanctuary.

Harbour Ferry Rides



Explore Wellington Harbour with East By West ferry trips, stopping at Somes-Maitiu nature reserve or Days Bay's popular swimming beach.

The vibrant Queens Wharf, the captivating Te Papa museum, and historic Mātiu/Somes Island are must-sees. You could also spend a leisurely day at the seaside Eastbourne Village, enjoying their beaches, shops and art galleries.

Photo: Maridav / Shutterstock.com

Address: Meridian Building, 55 Lady Elizabeth Lane, Queens Wharf, Wellington

Phone: +64 4 499 1282

Internet: eastbywest.co.nz

Email: info@eastbywest.co.nz

Ferg's Kayaks



Explore Wellington's waterfront in your own kayak, or hire a pair of inline skates. The hire centre also features a 13-metre-high indoor climbing wall, designed for beginners as well as more experienced climbers.

Photo: James Coleman/unsplash

Address: Shed 6, Queens Wharf, Wellington Central

Phone: +64 4 499 8898

Internet: www.fergskayaks.co.nz

Email: saleswn@fergskayaks.co.nz

Wellington Museum



Discover Wellington's rich social and cultural history at this museum, set within a remarkable 1892 heritage building. Explore its collection of

over 95,000 artefacts, engage with interactive exhibits, and watch films on a grand cinema screen that spans three floors. Celebrating the city's maritime heritage, early Māori and European settlement, and its growth over 150 years as New Zealand's capital, the museum breathes life into Wellington's stories.

Photo: Suzi Kim/unsplash

Address: 3 Jervois Quay, Queens Wharf, Wellington Central

Opening hours: Daily 10am-5pm

Phone: +64 4 472 8904

Internet:

www.museumswellington.org.nz/wellington-museum

Lord of the Rings Tour



Join a full or half day tour by Xplor Tours and visit the locations used during filming of The Lord of the Rings trilogy. On this tour you get the chance to

explore locations such as Rivendell, where Frodo recovers from his knife attack, the Anduin River, and the Gardens of Isengard, to name a few. The cherry on top is the tour of Weta workshop, where you can see how props and weaponry is made, as well as sets from Thunderbirds. This is a must for any "Lord of the Rings" fan.

Photo: N U S A R A / Shutterstock.com

Phone: +64 21 248 3604

Internet: xplortours.nz/tours/lord-of-the-rings

Old St Paul's Cathedral



Old St Paul's is an attractive old wooden church and is a fine example of 19th century Gothic Revival architecture. The interior

is enhanced by splendid stained glass windows and is one of New Zealand's most important historic places. You can also join a guided tour and listen to interesting stories of the church.

Photo: Junki Asano/shutterstock

Address: 34 Mulgrave Street, Thorndon, Wellington

Opening hours: Daily 10am-4pm

Phone: +64 4 473 6722

Internet: visitheritage.co.nz/visit/wellington/old-st-pauls

Wellington Botanic Garden



Stroll around and admire beautiful plants and flowers at Wellington Botanic Garden. It has a huge range of plant species from all around

the world and the Begonia House covers tropical and seasonal displays of orchids, tuberous begonias, cyclamen, ornamentals and others. If you are hungry or thirsty, head over to the Rose Garden Café where you can have lunch.

Photo: Victor Maschek/Shutterstock.com

Address: 101 Glenmore Street, Wellington

Phone: +64 4 499 1400

Internet: wellingtongardens.nz

Oriental Bay



Whether you take a walk by the sea or go for a swim, either way this place offers beautiful views and is a lovely place to enjoy your

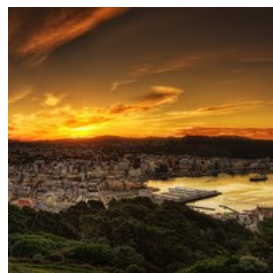
holiday. There are plenty of ice cream parlours nearby if you would like to eat something sweet. It is close to bars, restaurants and too.

Photo: Robert CHG/shutterstock

Address: Oriental Parade, Wellington

Internet: wellington.govt.nz/recreation/outdoors/beaches-and-coast/central-city/oriental-bay-beach

Mount Victoria



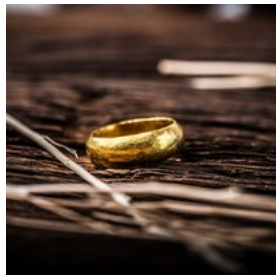
Mount Victoria is a beautiful place for a nature hike; so beautiful, in fact, that it has been used as filming ground for some scenes of the

Lord of the Rings movie. Expect stunning, birds-eye views over the city and bay. Come at

night when the city lights glimmer in the distance and savour the moment.

Photo: Lukas Bischoff Photography / Shutterstock.com
Address: Lookout Road, Hataitai, Wellington
Internet: www.wellingtonnz.com/visit/trails/mount-victoria-lookout-walkway

Weta Cave

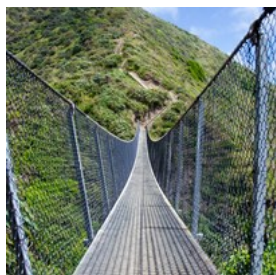


This mix of shop and museum is a mecca for Lord of the Rings fans, who flock to this venue to see behind-the-scenes insights and all sorts of

this legendary movie memorabilia, as well as purchase various souvenirs and collectables.

Photo: PBO Photography/Shutterstock.com
Address: 1 Weka Street, Miramar, Wellington
Opening hours: Daily 9am-5:30pm
Phone: +64 4 909 4035
Internet: tours.wetaworkshop.com
Email: bookings@wetaworkshop.co.nz

Paekākāriki Escarpment Track



This track is one of the more challenging ones, so make sure to be prepared with suitable footwear, enough water, food and stamina for the day. The

hike itself may take up to 4 hours in addition to the journey from Wellington to the starting point, which you can cover by car or train (KPL) and which will take you around an hour. Stunning views and a fresh ocean breeze will accompany you during this amazing walk.

Photo: Ben Wehrman/Shutterstock.com
Address: State Highway 1, Paekākāriki
Public Transport: Take the KPL from Wellington Station to Paekakariki Station. From there it is another 10-15 minute walk. The track is signposted.

Internet: www.wellingtonnz.com/visit/trails/escarpment-track
More Info: Access the track from Paekākāriki or Pukerua Bay.

DINING

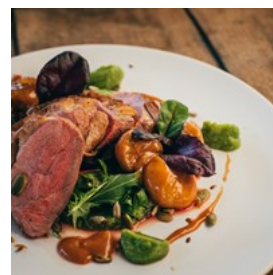


Filk/Shutterstock.com

With over 350 eateries, it's no wonder Wellington lays claim to being New Zealand's gastronomic capital. The city's coastal location means fresh seafood is a highlight on many menus, with local delicacies including crayfish, salmon and paua — a New Zealand shellfish. Sushi restaurants are also common.

Wellington restaurants source many of their ingredients from the nearby Wairarapa region — look out for the region's award winning Pinot Noir wines, gourmet ice cream and Aorangi and Gouda cheeses.

Logan Brown Restaurant



Multi-award winning restaurant, Logan Brown is fine dining New Zealand style. It is known locally for a signature dish of Paua Ravioli.

From the a la carte menu you can also choose dishes such as snapper with tuatua fritters, seven spiced duck or desserts like earl grey brulee.

Photo: JLwarehouse / Shutterstock.com

Address: 192 Cuba Street, Wellington

Opening hours: Lunch: Wed & Thu noon-1:30pm, Fri & Sat noon-2pm. High Tea: Sat 1:30pm-3pm. Dinner: Tue-Sat from 5:30pm

Phone: +64 4 801 5114

Internet: www.loganbrown.co.nz

Email: enquiries@loganbrown.co.nz

Monsoon Poon



Are you craving food from Asia? Monsoon Poon has its feet both in the East and the West, mixing quality Asian food with high standards of service

and presentation.

Photo: [szefei / Shutterstock.com](#)

Address: 12 Blair Street, Wellington

Opening hours: Mon-Fri from 11am, Sat & Sun from 5pm

Phone: +64 4 803 3555

Internet: www.monsoonpoon.co.nz

Email: Wellington@monsoonpoon.co.nz

The Flying Burrito Brothers



Provides genuine fresh Mexican food served in vibrant, colorful surroundings at cheap and cheerful prices. The menu offers dishes like enchiladas, quesadillas, fajitas and tacos.

Photo: [Joshua Resnick / Shutterstock.com](#)

Address: Corner Cuba & Vivian Street, Te Aro, Wellington

Opening hours: Daily 5pm-late

Phone: +64 4 385 8811

Internet: www.flyingburritobrothers.co.nz

Email: officefbb@gmail.com

Pravda Cafe & Grill



The restaurant is located in one of Wellington's elegant older buildings. Pravda serves modern yet classic bistro food (and great coffee). Here you can have breakfast, brunch, lunch and dinner.

Photo: [Artur Begel / Shutterstock.com](#)

Address: 107 Customhouse Quay, Wellington Central

Opening hours: Mon-Fri 7:30am-late, Sat 9:30am-late, Sun closed

Phone: +64 4 913 4280

Internet: www.pravdacafe.co.nz

Email: info@pravdacafe.co.nz

Chow Tory



Chow combines the fresh flavours of Southeast Asia in a casual modern setting. You will find the restaurant in the heart of the Courtenay Place entertainment district. The menu offer dishes such as red duck curry, rib of beef, crispy fried chicken and other mouth-watering dishes.

Photo: [dolpbyn / Shutterstock.com](#)

Address: 45 Tory Street, Te Aro, Wellington

Opening hours: Daily noon-midnight

Phone: +64 4 382 8585

Internet: www.chow.co.nz

Email: tory@chow.co.nz

Sweet Mother's Kitchen



This sweet little café and restaurant serves great value home style Creole and Mexican food. Famous for their breakfast quesadilla, they also serve po' boys, tacos and great pies for dessert.

Photo: Brent Hofacker / Shutterstock.com

Address: 5 Courtenay Place, Te Aro, Wellington

Opening hours: Sun-Thu 8am-10:30pm, Fri & Sat 8am-late

Phone: +64 4 385 4444

Internet: sweetmotherskitchen.co.nz

Email: mail@sweetmotherskitchen.co.nz

Pizzeria Napoli



This Italian pizzeria is situated in the heart of Wellington. The chefs prepare the food with fresh ingredients and use a wood fired oven to get

that perfect taste. Also on the menu are traditional Italian homemade pastas.

Photo: Niradj/Shutterstock.com

Address: 1 Courtney Place, Te Aro, Wellington

Opening hours: Tue-Sun 5pm-10pm, Mon closed

Phone: +64 4 802 5908

Internet: www.pizzerianapoli.co.nz

Email: ciao@pizzerianapoli.co.nz

Great India



The restaurant opened its doors in 1983 and ever since then it has been a favorite Indian restaurant among locals and tourist alike. Mouth-watering

dishes are served such as rogan josh, lamb vindaloo and butter chicken. There is also a fine selection of New Zealand and international wines to choose from.

Photo: travellight / Shutterstock.com

Address: 141 Manners Street, Te Aro, Wellington

Opening hours: Mon-Fri noon-2pm / 5pm-10pm; Sat & Sun noon-3pm / 5pm-10pm

Phone: +64 4 384 5755

Internet: www.greatindia.co.nz

Email: rakesh@greatindia.co.nz

Apache Restaurant



At this sophisticated ambiance you can relish Vietnamese cuisine. The attentive staff serves well-presented food with many diverse flavours.

The menu offers tasty dishes such as Saigon lemongrass beef salad with crispy spring rolls and Saigon grilled fish wrapped in banana leaves.

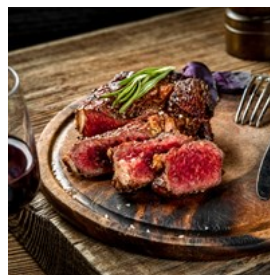
Photo: xuanhuongho/Shutterstock.com

Address: West Plaza Hotel, 122 Wakefield Street, Te Aro, Wellington

Phone: +64 4 499 2999

Internet: www.apache.kiwi

Portlander Bar & Grill



If you would like to eat a juicy steak, head over to restaurant Portlander Bar & Grill. At this relaxing and friendly environment you will experience a

gastronomic adventure - food that is prepared to perfection and finished in style.

Photo: nazarovsergey / Shutterstock.com

Address: Rydges Wellington, Corner Whitmore Street & Featherston Street, Pipitea, Wellington

Opening hours: Daily 6am-10:30am / noon-2:30pm / 5:30pm-10:30pm

Phone: +64 4 498 3762

Internet: www.portlander.co.nz

Email: info_portlander@evt.com

Havana Bar



Havana Bar is a colourful and cosy restaurant where the staff serves Spanish inspired tapas and seasonal plates. This award winning cocktail bar and restaurant provides local and international musicians four nights a week. The atmosphere can be described as friendly and warm.

Photo: Visionsi / Shutterstock.com

Address: 34 Wigan Street, Te Aro, Wellington

Opening hours: Daily 11:30am-late

Phone: +64 4 384 7039

Internet: www.havanabar.co.nz

Email: info@havanabar.co.nz

Ortega



Chef Mark Limacher has a genuine and life-long love for food, which shows on the menu with fresh New Zealand seafood. Every dish is prepared with a creative touch. Here you can indulge in specialities like char-grilled big eye tuna and smoked white warehou.

Photo: Visionsi / Shutterstock.com

Address: 18 Majorbanks Street, Mount Victoria, Wellington

Opening hours: Tue-Sat 5pm-late, Sun & Mon closed

Phone: +64 4 382 9559

Internet: www.ortega.co.nz

Email: fishshack@xtra.co.nz

CAFES



Family Business/Shutterstock.com

Coffee is serious business in Wellington. You can't leave the city until you've immersed yourself into the local cafe culture. The city offers a wide selection of lovely cafes around the city, all you need to do is pick a favourite.

Nikau Cafe



Nikau is a spacious airy café adjacent to the City Gallery. Nikau offers fantastic food, wine and coffee served in a contemporary environment. It opened its doors in 1998.

Photo: Dmitry Galaganov/Shutterstock.com

Address: Civic Square, 101 Wakefield Street, Wellington

Opening hours: Mon & Tue closed, Wed-Fri 8am-3pm, Sat & Sun 9am-3pm

Phone: +64 4 801 4168

Internet: www.nikaucave.co.nz

Email: nikaucave@xtra.co.nz

More Info: Located in the City Gallery Building.

Midnight Espresso



A relaxed and friendly late night cafe, serving vegetarian and vegan food. It certainly lives up to its name and is one of the last places on Cuba

Street where you can grab a coffee before bedtime.

Photo: Goami/Shutterstock.com

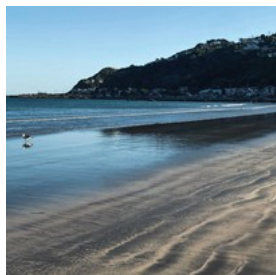
Address: 178 Cuba Street, Wellington

Opening hours: Mon-Fri 7:30am-midnight, Sat & Sun 8am-midnight

Phone: +64 4 384 7014

Internet: www.instagram.com/midnighthespresso

Maranui Surf Life Saving Club



Maranui Café is a quirky, 1940s-style café situated in the clubrooms of the Maranui Surf Club.

Delicious meals and counter food served, with

great views out across Lyall Bay.

Photo: Guillaume Lebelt/unsplash

Address: 107 Lyall Parade, Lyall Bay, Wellington

Opening hours: Daily 7am-5pm

Phone: +64 4 387 4539

Internet: www.maranui.co.nz

Email: cafe@maranui.co.nz

Fidel's Cafe



This is a funky, laid back and out of the way café.

Fidel's is the perfect venue for weekend brunch. There is also a nice outdoor area where

you can enjoy a freshly brewed coffee.

Photo: Brent Hofacker/Shutterstock.com

Address: 234 Cuba Street, Te Aro, Wellington

Opening hours: Mon-Thu 8am-3pm, Fri 8am-late, Sat 9am-late, Sun 9am-3pm

Phone: +64 4 801 6868

Internet: www.fidelscafe.com

Email: mail@fidelscafe.com

Floriditas



Floriditas is a stylish and comfortable café/restaurant in the heart of Cuba Street. This café has a delicious menu, great coffee,

reasonable prices and is a casual and relaxing place.

Photo: jakkapan / Shutterstock.com

Address: 161 Cuba Street, Wellington

Opening hours: Tue-Sat 7am-3pm / 5pm-late; Sun & Mon 7am-3pm

Internet: floriditas.co.nz

The Hangar



The Hangar, Flight Coffee's flagship cafe, offers house-brewed coffee, sandwiches and light eats in a trendy space. Enjoy unique

options like a vegan BLT or double-smash-patty cheeseburger, alongside top-notch coffee.

Photo: DronG/shutterstock

Address: 119 Dixon Street, Te Aro, Wellington

Opening hours: Daily 7am-2pm

Phone: +64 4 830 0909

Internet: www.hangarcafe.co.nz

Olive



Olive is a long-running bistro known for its seasonal French and Italian-inspired menus served in a rustic-chic space. Enjoy a meal in the

lush courtyard, shaded by a beautiful olive tree, creating a serene escape.

Photo: Isabela Kronemberger/unsplash

Address: 170-172 Cuba Street, Te Aro, Wellington

Phone: +64 4 802 5266

Internet: www.oliverrestaurant.co.nz

BARS & NIGHTLIFE



Tata Chen/Shutterstock.com

Courtenay Place is known as Wellington's 24-hour zone, and is the main area to head to on a weekend. Alternatively, head down to the waterfront at Queens Wharf, where you'll find upmarket and boutique bars with an emphasis on food as well as drink. Alternatively, while away an evening in one of Cuba quarter's trendy bars and music venues.

The Tasting Room



The Tasting Room is a modern interpretation of the traditional public house — a gastropub, offering the best in creative beer and food matching along with providing a premium drinking environment.

Photo: Joshua Resnick/Shutterstock.com

Address: 2 Courtenay Place, Te Aro, Wellington

Opening hours: Daily 11:30-late

Phone: +64 4 384 1159

Internet: www.thetastingroom.co.nz

Email: thetastingroom@xtra.co.nz

San Fran



San Fran is one of the top venues in New Zealand for international acts as well as local bands, DJs, and comedians.

Photo: UnderTheSea / Shutterstock.com

Address: 171 Cuba Street, Te Aro, Wellington

Opening hours: Tue-Sat 5pm-late, Sun & Mon closed

Internet: www.sanfran.co.nz

Hawthorn Lounge



Hawthorn Lounge is a cosy relaxed bar with big leather couches in front of the open fire where you can also roast marshmallows. It used to be a gentleman's club and lounge bar in the 1920s.

Photo: alex saberi / Shutterstock.com

Address: 2/82 Tory Street, Te Aro, Wellington

Opening hours: Tue-Sat 5pm-3am, Sun & Mon closed

Phone: +64 4 890 3724

Internet: hawthornlounge.co.nz

Email: hawthornlounge@gmail.com

Havana Bar



The spirit of Cuba is alive and kicking at Havana Bar - visible through their passion for live music, rum and coffee. This is a great place where you can have fresh exotic drinks such as raspberry and cucumber Gin Fizz.

Photo: Ivan Mateev / Shutterstock.com

Address: 32a-34 Wigan Street, Te Aro, Wellington

Opening hours: Tue-Sat 4pm-late, Sun & Mon closed

Phone: +64 4 384 7039

Internet: www.havanabar.co.nz

Email: info@havanabar.co.nz

The Library



One of Wellington's most stylish cocktail bars, this venue offers reading rooms along with lounge and bar areas. Pick one of the many books from the endless shelves lining the bar, and if you're lucky you might even find a cocktail voucher hidden between the pages.

Photo: svry / Shutterstock.com

Address: 1/53 Courtenay Place, Te Aro, Wellington

Opening hours: Mon–Thu 5pm–late, Fri–Sun 4pm–late

Phone: +64 4 382 8593

Internet: thelibrary.co.nz

Email: bookings@thelibrary.co.nz

Dakota Bar



When entering in Dakota you will be transported to a time when cowboys and Dakota natives wandered the grasslands. Hosting different activities on different nights of the week, including line dancing, poker and mechanical bull riding, you will never find this vibrant place boring.

Photo: Monkey Business Images/Shutterstock.com

Address: 74 Courtenay Place, Te Aro, Wellington

Opening hours: Daily 4pm–4am

Phone: +64 4 595 4525

Internet: www.dakotabar.co.nz

The Arborist Rooftop Bar



The Arborist Rooftop Bar offers a relaxed, garden-like atmosphere with eclectic furniture and greenery. Enjoy delicious cocktails, frozen specials, and a variety of share plates. Perfect for a laid-back drink while watching the sunset.

Photo: Jakub Dziubak/unsplash

Address: Trinity Hotel, 166 Willis Street, Te Aro, Wellington

Phone: +64 4 931 6161

Internet: www.thearborist.co.nz

Golding's Free Dive



Golding's Free Dive features eclectic decor with multicoloured fairy lights and Star Wars elements. Enjoy fresh local beer, unique wines, and authentic Neapolitan pizza from Pizza Pomodoro. A cosy spot perfect for laid-back drinks and a slice.

Photo: Monica Martini/shutterstock

Address: 14 Leeds Street, Te Aro, Wellington

Opening hours: Daily noon–11pm

Phone: +64 4 381 3616

Internet: www.goldingsfreedive.co.nz

SHOPPING



Syda Productions/Shutterstock.com

Wellington's compact downtown area is only 20 minutes from one end to the other, making it ideal territory for shop-hoppers. As one of New Zealand's best dressed cities, fashion is at the core of the Wellington shopping experience.

The Lambton Quarter is the main shopping strip, and here you'll find international chain stores and big brand names. Pay a visit to The Old Bank Shopping Arcade to explore contemporary fashion and beauty stores in a historic setting.

Wellington shows its creative side in Willis quarter, which is home to a variety of exclusive fashion design stores.

Contemporary art, funky fashion and eclectic stores make their home in The Cuba Quarter. Find yourself some kitsch gifts in Iko Iko, or colourful urban fashions in Frutti. Courtenay Quarter hosts some of Wellington's most popular art stores, such as Kura Gallery, which sells New Zealand, Pacific and Maori art.

Mandatory Menswear



The Mandatory specialises in unique, exquisite menswear and is a must-visit for those in search of the perfectly tailored suit. Founded in 1997, it is now very popular amongst independent manufacturers in Wellington.

Photo: Volodymyr Ivash/Shutterstock.com

Address: 21 Ghuznee Street, Te Aro, Wellington

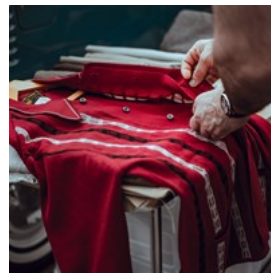
Opening hours: Mon-Fri 10am-6pm, Sat 10am-4:30pm, Sun closed

Phone: +64 4 384 6107

Internet: www.mandatory.co.nz

Email: info@mandatory.co.nz

Soup Fashion Recovery



Soup refers to itself as "fashion recovery", where pre-loved Armani, Burberry, Comme des Garçons, Yohji Yamamoto, Alexander McQueen, Zambesi are just some of the recycled labels you can expect to find.

Photo: Clem Onojeghuo/unsplash

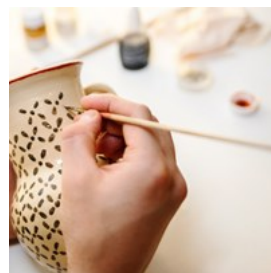
Address: 23 Holland Street, Te Aro, Wellington

Opening hours: Wed-Sat 10am-4pm, Sun-Tue closed

Phone: +64 4 385 4722

Internet: fashionrecovery.co.nz

Kura Gallery



For a hand-picked collection of quality New Zealand fine art, crafts and memorable souvenirs, Kura is definitely the place to go.

The gallery specialises in traditional and contemporary aboriginal art.

Photo: Nadezhda Kulikova / Shutterstock.com

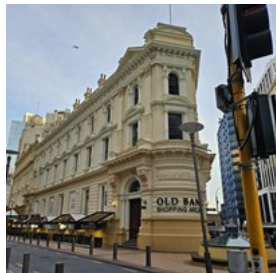
Address: 19 Allen Street (Courtenay Quarter), Te Aro, Wellington

Opening hours: Mon-Fri 10am-6pm, Sat & Sun 11am-4pm

Phone: +64 4 802 4934

Internet: www.kuragallery.co.nz

Old Bank Shopping Arcade



The Old Bank Shopping Arcade is located inside a historic building, and offers something to see apart from varied stores.

Do not miss the musical Old Bank Clock and the remains of a sailing boat unearthed during building renovations.

Photo: Shubham Singla/unsplash

Address: 233-237 Lambton Quay, Wellington

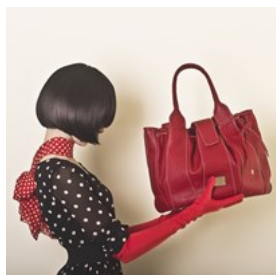
Opening hours: Mon-Fri 9:30am-5pm, Sat 10am-4pm, Sun 11am-3pm

Phone: +64 4 922 0600

Internet: www.oldbank.co.nz

Email: info@oldbank.co.nz

Hunters & Collectors



Hunters & Collectors is the vintage boutique no retro-clothing lover should miss when in Wellington. Make an hour or two to browse through

its endless treasures.

Photo: Grachikova Larisa/Shutterstock.com

Address: 134 Cuba Street, Wellington

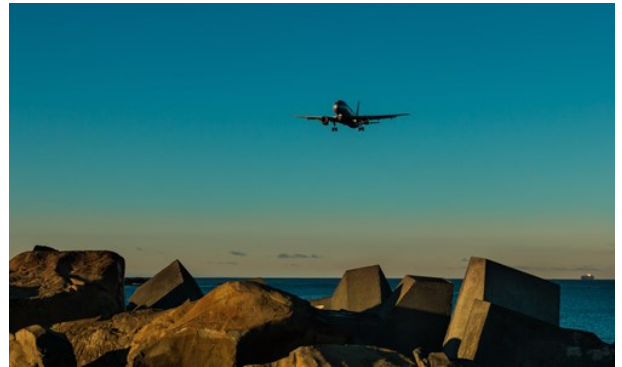
Opening hours: Mon-Fri 10:30am-6pm, Sat 10:30am-5:30pm, Sun 11am-4:30pm

Phone: +64 4 384 8948

Internet: huntersandcollectors.net.nz

Email: huntersandcollectors87@gmail.com

TOURIST INFORMATION



Ross Gordon Henry/Shutterstock.com

Wellington International Airport (WLG)



Wellington International Airport (WLG) is located 8 kilometres or a 20 minutes drive from the city centre. Wellington is less than one hour's flight from anywhere in New Zealand, and Pacific Blue covers most major cities domestically with flights to Australia and the South Pacific.

A number of shuttle operators provide a regular half-hourly or hourly shuttle bus service between the airport and the Wellington Railway Station. They operate on demand, or you can book in advance to have them waiting for you at Wellington Airport. There are always a couple of shuttles waiting at the departure exits of the airport.

Photo: James Coleman/unsplash

Address: Stewart Duff Drive, Rongotai, Wellington

Phone: +64 4 385 5100

Internet: www.wellingtonairport.co.nz

Passport/Visa



Citizens of Australia and the UK, as well as visa waiver countries, do not need to apply for a visa for short visitor stays, but may need to produce documented proof of onward travel.

Visa waiver countries include the USA and multiple countries across Europe and Asia, Andorra, Argentina, Austria, Bahrain, Belgium, Brazil, Brunei, Bulgaria, Canada, Chile, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hong Kong, Hungary, Iceland, Ireland, Israel, Italy, Japan, South Korea, Kuwait, Latvia, Liechtenstein, Lithuania, Luxembourg, Macau, Malaysia, Malta, Mauritius, Mexico, Monaco, Netherlands, Norway, Oman, Poland, Portugal, Qatar, Romania, San Marino, Saudi Arabia, Seychelles, Singapore, Slovak Republic, Slovenia, Spain, Sweden, Switzerland, Taiwan, United Arab Emirates, Uruguay, and Vatican City.

Since 2019, travellers that are visa waiver must request a New Zealand Electronic Travel Authority (NZeTA) prior to travel. It is mandatory for all sea and air arrivals, including transit. The issued authorisation is valid for two years.

Citizens of other countries will need to apply for a visa in advance, which can be done online for solo travellers and in paper format for those travelling with a partner or as a group. The applicant's passport validity in this case will need to last 3 months after the planned departure date.

Photo: mana5280/unsplash

Internet: en.wikipedia.org/wiki/Visa_policy_of_New_Zealand

Best Time to Visit



For many, the sweet spot for visiting Wellington rolls around at the tail end of summer, typically in February and March. This is when the city exhales from the peak tourist rush, and the weather starts playing nice and predictable. You can still bask in the splendour of New Zealand's nature, but also catch a more varied mix of local events than during the summer — and the crystal-clear skies are likely to serve up the year's best sunsets.

Summer stretches from December to February, and it's the peak season, drawing in scores of families with children enjoying their school break. These are the warmest months with temperatures nudging between 15–21°C (60–70°F). But, remember, Wellington's weather has a whimsical streak with sudden gusts of wind. So, pack with layering in mind!

Photo: Abel van Bruchem/unsplash

Public Transport



Wellington has a well developed public transport system, the most used in New Zealand. It consists of buses, commuter trains, ferries and a funicular (the Wellington Cable Car).

One of the best features of Wellington is its compact size. In half an hour, you can walk from the Railway Station, past the Parliament

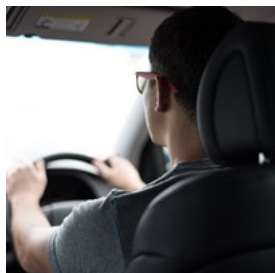
Buildings, along Lambton Quay, past Cuba Street to Courtenay Place near Te Papa. Collect a map from the Wellington i-SITE Visitor Centre and explore downtown Wellington for fashion, food, arts and all the main attractions. Or take a guided tour with Walk Wellington. Discover the history, the people and the places of Wellington with knowledgeable guides who know the capital's hidden secrets.

There is an express bus that travels between the airport, Wellington city, Queensgate, Lower Hutt and Upper Hutt. This shuttle only stops at the main stops, which makes travel faster and easier.

City buses operate every day from 7am to 11pm on most routes. Individual tickets may be purchased from the bus driver, and discounted ten-trip tickets are also available.

Photo: Elliot Blyth/unsplash
Internet: www.metlink.org.nz

Taxi



Numerous taxi companies operate throughout Wellington. Rideshare apps like Uber are a convenient way to find a ride, too.

Photo: Art Markiv/unsplash
Phone: +64 4 384 4444
Internet: www.taxis.co.nz
Email: admin@taxis.co.nz

Post Office

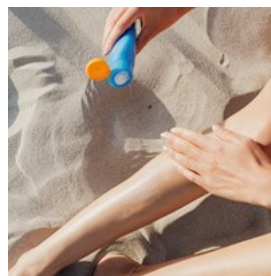


Zealand Post written on.

Post offices in Wellington are run by NZ Post, providing several services throughout the city. The offices have a red sign on the outside, with New

Photo: Diana Light/unsplash
Address: NZ Post Shop, 49 Manners Street, Wellington
Opening hours: Mon-Fri 9am-5pm, Sat 9am-1pm, Sun closed
Phone: +64 4 897 5675
Internet: www.nzpost.co.nz

Pharmacy

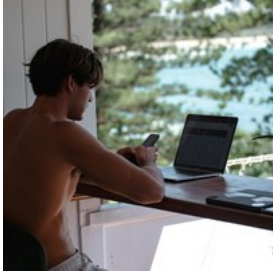


Pharmacies, often referred to as 'chemists' in New Zealand, are typically open during standard retail hours, generally 9am to 5:30pm on weekdays. However, hours can extend to late evenings and weekends in larger cities and shopping centres.

New Zealand's largest pharmacy chains are Unichem and Life Pharmacy, with stores spread nationwide. These pharmacies stock a wide range of over-the-counter medicines, healthcare products, and often provide additional services like flu vaccinations.

Photo: Karolina Grabowska/pexels
Address: Urgent Pharmacy Wellington, 17 Adelaide Road, Wellington
Opening hours: Mon-Fri 9am-10pm, Sat & Sun 8am-10pm
Phone: +64 4 385 8810
Internet: www.afterhourpharmacy.co.nz

Telephone



Country code: +64 Area code: (0)4

Photo: Mark Broadhead/unsplash

Electricity



New Zealand operates on a 230/240V supply voltage and 50Hz frequency. The country uses Type I power plugs, which feature two flat

pins forming a 'V' shape, along with a grounding pin. This standard is also commonly used in Australia, Argentina, China, and several Pacific island nations. Remember to pack a universal adapter if your devices use a different plug type to ensure hassle-free charging.

Photo: Mitchell Luo/unsplash

Population

Urban: 215,200 (2023)

Metro: 440,900 (2023)

Currency

New Zealand Dollar, \$1 = 100 cents

Opening hours

Most shops are open from 9 am to 5:30 pm. All stores close on Christmas Day, Good Friday, Easter Sunday, and until 1 pm on Anzac Day (25th April)

Internet

www.wellingtonnz.com/visit

Newspapers

The Dominion Post (regional): www.dominionpost.com

New Zealand Herald (daily national): www.nzherald.co.nz

Emergency numbers

111 (Ambulance, Fire & Police)

Tourist information

Wellington i-SITE Visitor Information Centre

111 Wakefield Street, Wellington Central, New Zealand

+64 4 802 4860

Mon & Tue 8:30am–3:30pm, Wed–Fri 8:30am–5pm, Sat

9am–5pm, Sun 9am–3:30pm



A
Town Belt

B

C

D

1

2

3

4

Wellington Harbour

Lambton Harbour

Oriental Bay

Oriental Bay

ROSENEATH

Town Belt

MT VICTORIA

HATAITAI

Stellin Memorial Park

Botanic Garden

Kelburn Park

Charles Plimmer Park

Basin Reserve

Westpac Trust Stadium

THORNDON

LAMBTON

TEARO

Oriental Bay

MT COOK

0 250 m



Destination: Wellington

		Ghuznee Street	A3	Ohiro Road	A4
Abel Smith Street	A4 B4	Glasgow Street	A3	Oriental Parade	C3 D3
Aitken Street	B1	Glenmore Street	A2	Palliser Road	D4
Alexandra Road	C4 D4	Goring Street	B1	Percival Street	A3
Allen Street	B3	Grafton Road	D3 D4	Pipitea Street	B1
Aotea Quay	C1	Grant Road	A1 B1	Pirie Street	B4 C4
Arawa Road	D4	Grey Street	B2	Porritt Avenue	C4
Ariki Road	D4	Haining Street	B4	Queen Street	C4
Aro Street	A4	Hania Street	B4	Rakau Road	D4
Arthur Street	A4	Hapua Street	C4	Rawhiti Terrace	A2 A3
Aurora Terrace	A2	Harriett Street	A1	Roseneath Terrace	D3 D4
Austin Street	C4	Harris Street	B3	Roxburgh Street	C3 C4
Blair Street	B3	Hataitai Road	D4	Rugby Street	B4
Bolton Street	A2	Hawker Street	C3 C4	Salamanca Road	A2 A3
Boulcott Street	A2 A3	Hawkestone Street	B1	Stout Street	B2
Bowen Street	A1 B1	Hay Street	D3	Sussex Street	B4
Brooklyn Road	A4	Herd Street	B3 C3	Sydney Street West	A1
Brougham Street	B4	Hill Street	A1 B1	Talavera Terrace	A2
Buckle Street	B4	Hobson Street	B1	Taranaki Street	A4 B3 B4
Cable Street	B3	Hohiria Road	D4	Tasman Street	B4
Cambridge Terrace	B4	Hopper Street	A4	Tennyson Street	B4
Chaffers Street	B3	Hunter Street	B2	Thane Road	D3
Civic Square	B3	Jervois Quay	B2 B3	The Crescent	D3
Clermont Terrace	A2	Jessie Street	B4	The Terrace	A3 B2
Clifton Terrace	A2	Kate Sheppard Place	B1	Thompson Street	A4
College Street	B4	Kelburn Parade	A3	Thorndon Quay	B1 B2
Courtenay Place	B3	Kent Terrace	B3 B4	Tinakori Road	A1
Cuba Mall	B3	Lambton Quay	B1 B2	Torrens Terrace	A4
Cuba Street	A4 B3	Levy Street	C4	Upoko Road	D4
Customhouse Quay	B2	Lorne Street	B4	Victoria Street	A4 B2 B3
Davis Street	B1	Maarama Crescent	A4	Vivian Street	A3 A4 B4
Devon Street	A3 A4	Majoribanks Street	B4 C4	Waipapa Road	D4
Dixon Street	A3 B3	Manners Street	B3	Wakefield Street	B3
Dufferin Street	B4	Marewa Road	D4	Waterloo Quay	B1 C1
Egmont Street	B3	Marion Street	B3 B4	Webb Street	A4
Elizabeth Street	B4 C4	McFarlane Street	C3	Wellington Urban Motorway	A1 A2 A3 B1
Ellice Street	B4	Moir Street	B4	Wesley Road	A2
Featherston Street	B2	Molesworth Street	B1	Whitmore Street	B2
Frederick Street	B4	Murphy Street	B1	Willis Street	A3 A4
Garrett Street	A3 B3				

Information is subject to change. Please contact your Lifestyle Consultant for the most up-to-date recommendations.