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EpicStockMedia/Shutterstock



Pecold/Shutterstock

Welcome to Brest — the city with over a thousand years of history. Located on the tip of the French region of Brittany, Brest has been one of the key cities in countless numbers of battles and is currently home to one of France's three naval bases. Take a tour and discover a city that is known for its breathtaking landscapes and scenic coastal areas. Take a boat ride to the nearby seahorse-shaped islands of Ouessant and Molene for an unforgettable experience.

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THE CITY



Aleksey Stemmer/Shutterstock

A sea city that can trace its roots back to the 3rd century when Romans first built a stronghold here, Brest has a lively, nautical character and breathes a leisurely air. Located right by the water in the Bay of Brest, the city offers much for the visitor to see. Its most impressive landmark is the Castle of Brest, which was built for the Earls of Leon and later purchased by the Duke of Brittany in the 13th century. It stands proudly where numerous battles have been fought throughout France's naval history. At one time, there were around 80 warships in its waters. Later, during the First World War, Brest was used as a landing base for American soldiers, but the Second World War left the city in ruins through constant bombing.

The city has since been completely rebuilt, with a naval museum inside the castle telling the story of its turbulent past. Living up to the title of European capital of marine science and technology, museums such as the National Maritime Museum and Océanopoli in Brest will grant you insight into the sea and marine life with fascinating displays and interactive activities. With a full calendar of events offering the visitor entertainment year-round, any time is good to come and explore this city of history and nautical beauty.

DO & SEE



Aaron Amat/Shutterstock

Brest's long standing link with the sea is the theme running through most of its visitor attractions. Visit the Brest Fort containing the excellent Navy Museum to learn more about the city's maritime past and present, stop by the famous Océanopolis aquarium to marvel at mysterious underwater creatures, or simply take a boat ride along the coastline to breathe the fresh sea breeze and catch the spirit of this historic city.

Castle of Brest



Once owned by Richard II of England, the castle is the city's foremost landmark and oldest monument. The structure boasts more than 1,700 years of history and still serves as a military fortress today. Don't miss the Navy Museum inside!

Photo: Sergey Dzyuba/Shutterstock

Address: Château de Brest, Brest

Public Transport: Tram: station Chateau / Bus: station Musée de la Marine

Opening hours: April to September: daily 10am-6:30pm.

October to March: Wed-Mon 1:30pm-6:30pm, Tue closed

Phone: +33 298 22 12 39

Internet: www.musee-marine.fr

Email: brest@musee-marine.fr

Océanopolis



One of the largest Ocean Discovery Parks in Europe, the Océanopolis has four pavilions — polar, temperate, tropical and biodiversity — that tell the story of the sea and marine life in different world climates. The park contains an impressive 7 shark species.

Photo: Anton_Ivanov/Shutterstock

Address: Port de Plaisance du Moulin Blanc, Brest

Phone: +33 298 34 40 40

Internet: www.oceanopolis.com

National Maritime Museum



This is a branch of the National Maritime Museum of Paris, home to an impressive collection of model replica ships from French fleets and paintings with nautical themes. Free audio guides are available. From the museum, some of the best views over the city unfold.

Photo: Hannah Heywood/Shutterstock

Address: Musée national de la Marine à Brest, Château de Brest, Brest

Public Transport: Tram: station Chateau. Bus: station Musée de la Marine.

Opening hours: April to September: daily 10am-6:30pm.

October to March: Wed-Mon 1:30pm-6:30pm, Tue closed

Phone: +33 298 22 12 39

Internet: www.musee-marine.fr

Email: brest@musee-marine.fr

Tanguy Tower



A must-see attraction — the Tanguy Tower — houses a collection of various exhibits including artefacts and maps that recount the history of Brest. The tower itself is a medieval structure dating back to the 14th century. Its true origins, however, remain unknown.

Photo: Pecold/Shutterstock

Address: Tour Tanguy, Place Pierre Péron, Brest

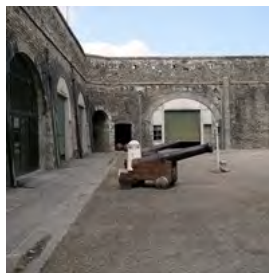
Opening hours: April through September: daily noon-6:30pm.

October through March: Tue-Sun 2pm-6pm, Mon closed

Phone: +33 2 98 00 80 80

Internet: brest.fr/tour-tanguy

Fort Montbarey — Mémorial des Finistériens



The Fort Montbarey was initially constructed as a fortified stronghold under the reign of Louis XVI. It's located to the west of Brest and shares similarities with Questel Fort. Brest provided the fort to the Memorial Association to establish a museum focusing on the history of the Finistère region during WWII. The museum is actually one among a series of five forts that collectively narrate the region's history.

Photo: Llorenzi/cc by-sa 4.0/Wikimedia(image cropped)

Address: Fort Montbarey, Allée Bir-Hakeim, Brest

Phone: +33 298 05 39 46

Internet: montbarey.fr

National Botanical Conservatory of Brest



The National Botanical Conservatory of Brest contains around 1,700 endangered species of plants, which are all grown and cultivated in the reserve's greenhouses. It is dedicated to the protection and growth of endangered species from around the world. The lush premises are open to visitors.

Photo: Sergio Otoya/unsplash

Address: Conservatoire Botanique National de Brest, 52 Allée du Bot, Brest

Opening hours: Daily 9am–7pm

Phone: +33 298 41 88 95

Tickets: Free admission

Internet: www.cbnbrest.fr

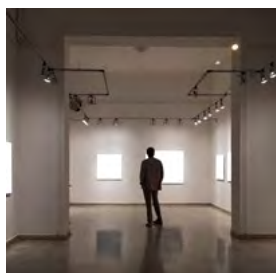
Recouvrance, Lambézellec, Saint-Marc & Saint-Pierre Quilbignon



Recouvrance, Lambézellec, Saint-Marc and Saint-Pierre Quilbignon are four pretty suburbs of Brest that offer open areas for relaxing walks, along with fine restaurants. They are ideal places to go to for short excursions. Explore the city's main neighbourhoods, and stop at one of the quintessentially French cafes for lunch or dinner.

Photo: baranq/Shutterstock

Museum of Fine Arts



The Museum of Fine Art houses over 10,000 works of art, including many notable pieces, which were acquired after the building was rebuilt

post-war. A curious initiative of the museum is the so-called "artothèque" — a library of art pieces, which locals are free to borrow for a short period of time.

Photo: Aleksandar Mijatovic/Shutterstock

Address: Musée des Beaux-Arts de Brest, 24 Rue Traverse, Brest

Public Transport: Tram: line A, Château. Bus: lines 1, 2 and 8, Français Libres.

Opening hours: Tue–Sat 10am–noon / 2pm–6pm; Sun 2pm–6pm; Mon closed

Phone: +33 298 00 87 96

Internet: musee.brest.fr

Parc des Expositions de Penfeld



This is a lovely park located on the banks of the Penfeld river in Brest. It is a great place to come for a walk. There are children's playgrounds on premises, and plenty of great spots for a picnic. The park is also ideal for a jog.

Photo: Peshkova/Shutterstock

Address: Parc de la Penfeld, Brest

Phone: +33 298 47 88 00

Internet: brest-expo.fr

Cours Dajot



The tree-lined promenade of Cours Dajot is a perfect location for long walks with loved ones. Beautiful views of the harbour unfold from here, and many restaurants in the vicinity offer great seafood and are especially known for crabs. One end of the promenade is marked by a medieval castle.

Photo: Dominique Poulmarc'h/cc by-sa 3.0/wikimedia(image cropped)

Abri Sadi Carnot



Abri Sadi Carnot is a powerful and sobering memorial of great heroism in the face of devastating tragedy during the Second World

War. The tunnel was used as a hideout by civilians when it was hit by a bomb, leaving hundreds of people trapped. The monument is guaranteed to stir up emotion.

Photo: Amy Johansson/Shutterstock

Address: Entrée Mémoirelle de l'Abri Sadi Carnot, Boulevard de la Marine, Brest

Phone: +33 298 00 87 93

Square Mathon



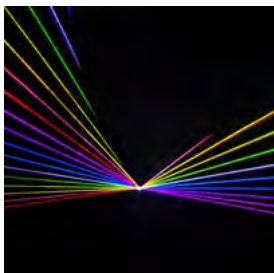
Square Mathon is for those who are interested in taking a glimpse into the past. The square is where some of the remaining pieces of the

old Brest city wall and the ancient gate are contained; there is also a stone-carved map that shows the city the way it once was.

Photo: Ggal/cc by-sa 3.0/wikimedia(image cropped)

Address: Rue de Siam, Brest

Laser Game



Those interested in active pursuits will be pleased to discover that Brest has something to offer in the indoor game department.

This family-friendly

entertainment venue is a great place to play exhilarating games, which both kids and adults will find exciting.

Photo: chrisdorney/Shutterstock

Address: 51 Rue Yves Collet, Brest

Public Transport: Tram A, "Porte de Gouesnou / Porte de Guipavas", station "Brest - Mesmerrien".

Opening hours: Tue 4pm-11pm, Wed 2pm-11pm, Thu 4pm-11pm, Fri 4pm-midnight, Sat 1pm-midnight, Sun 2pm-6pm, Mon closed

Phone: +33 298 80 00 00

Internet: www.lasergame-brest.fr

Biscuiterie Terre d'Embruns



A wonderful activity for the whole family, a tour of the Terre d'Embruns biscuit factory offers visitors an insight into the production process of

pastries and cookies, allowing guests to follow the process every step of the way. At the end of the tour, a sampling is possible in the on-site cafe.

Photo: AS Food studio/Shutterstock

Address: 420 Rue Alain Colas, Brest

Opening hours: Daily 10am-7pm

Phone: +33 2 98 83 64 25

Internet: www.terredembruns.fr

Email: contact@terredembruns.fr

Petit Minou Lighthouse



About 15 kilometres westward along the coastline from Brest is the scenic lighthouse Phare du Petit Minou.

The structure itself is,

unfortunately, no longer open to the public, but the premises are free to be explored, along with the nearby fort and bunker.

Photo: Fabrice Gueho/unsplash

Address: Phare du Petit Minou, Pointe du Minou, Plouzané

DINING



Linda Hughes/Shutterstock

Eating out in Brest is serious business, and understandably so. The waterside city boasts an abundance of marine resources, making it one of the best in the country for fresh, quality fish and seafood. Fish and seafood feature heavily on most restaurants' menus, and no visitor to Brest must leave without tucking into a succulent crab or some exquisite oysters. Do keep in mind that most restaurants only open for lunch and dinner, remaining closed for the afternoon between roughly 2 and 6 pm.

Amour de Pomme de Terre



It's all about the humble potato at this tellingly named restaurant — the root vegetable comes in many delicious varieties, all within the course of the same meal. Potatoes are certainly the star of the show in the restaurant with a classy, yet very homely feel.

Photo: Piotr Krzeslak/Shutterstock.com

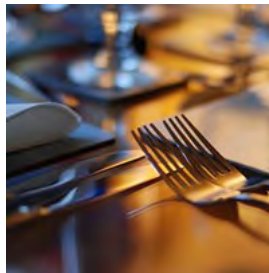
Address: 23 rue des Halles, Saint Louis, Brest

Opening hours: Mon-Fri noon-2pm / 7pm-10:30pm; Sat noon-11pm; Sun noon-10pm

Phone: +33 298 43 48 51

Internet: www.amourdepommedeterre.fr

Le Nautilus



Le Nautilus is an elegant restaurant at the Oceania hotel. It offers a menu with flavours from around the world, dishes are varied with an emphasis on meat and seafood. The kitchen makes good use of locally-sourced ingredients and a fine wine list is available to guests.

Photo: Sarah Marchant/Shutterstock.com

Address: Hôtel Oceania Brest Centre, 82 Rue de Siam, Brest

Opening hours: Mon-Fri noon-2pm / 7pm-10:30pm; Sat & Sun 7pm-10:30pm

Phone: +33 298 80 90 67

Internet: www.instagram.com/restaurantnautilusbrest

Le Ruffé



Lovers of fish and seafood will be spoilt for choice at the well-regarded Le Ruffé. The menu is concise, yet packs a punch with the interesting selection. To try several exquisite dishes, sample the "formule" menu consisting of elegantly presented meat and seafood creations.

Photo: Jari Hindstroem/Shutterstock

Address: 1bis Rue Yves Collet, Brest

Opening hours: Mon-Sat noon-1:30pm / 7pm-9pm; Sun closed

Phone: +33 298 46 07 70

Internet: le-ruffe.com

Le Tour du Monde



Visitors should not leave Brest without tasting the local mussels, and the waterfront Tour du Monde is a good restaurant to give the

local specialty a try. Mussels are the signature dish of the house, but the spot is perfect for trying some excellent fish and chips as well.

Photo: karelnoppe/Shutterstock

Address: Port de Plaisance du Moulin Blanc, Brest

Opening hours: Daily 10am-1am

Phone: +33 298 41 93 65

Internet: www.instagram.com/letourdumondebrest

Email: tourdum@tourdum.fr

Les Gens de Mer



Les Gens de Mer is a welcoming restaurant on the quayside serving what must be the freshest fish imaginable. The menu is concise, with a heavy emphasis on seafood. Conveniently located in the heart of the harbour, adjacent to a pleasant waterfront hotel.

Photo: hlphoto/Shutterstock.com

Address: 44 Quai de la Douane, Brest

Opening hours: Mon-Fri 9am-5pm, Sat 9am-12:30pm, Sun closed

Phone: +33 298 46 07 40

Internet: www.popinns.com/hotel/mer/gdmbrest

Email: agismbrest@wanadoo.fr

Restaurant Bar Atlantide



L'Atlantide is a cosy and attractive, nautical restaurant conveniently situated in the centre of Brest at the Hotel Center. They specialise in fish and seafood. Fixed lunch and dinner menus are available, as well as an a la carte selection of dishes.

Photo: tusharkoley/Shutterstock.com

Address: Hôtel Center Brest Logis, 4 Boulevard Léon Blum, Brest

Phone: +33 298 80 78 07

Internet: www.hotelcenter.com/reception-brest/restaurant-antide.html

Email: info@hotelcenter.com

La Scala



La Scala offers a menu with a distinctly Italian flavour — lots of pasta and risotto dishes, antipasti, pizzas, fresh spaghetti, and ice cream from Italy. Pre-set menus and a la carte service available.

Photo: Mikhail_Kayl/Shutterstock.com

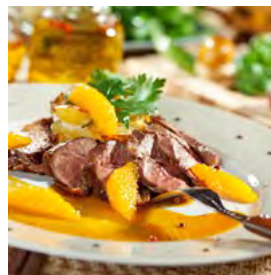
Address: 30 Rue Algésiras, Brest

Opening hours: Mon-Sat 11:45am-midnight, Sun 6pm-midnight

Phone: +33 2 29 63 11 93

Internet: lascalabrest.fr

L'Atelier Gourmand



L'Atelier Gourmand is a cosy, quintessentially French bistro with a lively atmosphere of a busy eatery, especially during lunch hours. Set menus are offered along with a la carte dining. Special emphasis is laid on dish presentation, which completes the dining experience.

Photo: svry/Shutterstock.com

Address: 33 Rue Navarin, Brest

Phone: +33 298 46 95 94

Internet: lateliergourmand.eatbu.com

Email: latelier.gourmand@live.fr

Le M



Le M serves great European (with an emphasis on French) food, beautifully presented and full of flavour, as might be expected from a Michelin-starred establishment. The restaurant occupies an authentic old house. The prices are high and reservations essential.

Photo: Luiz Rocha/Shutterstock.com

Address: 22 Rue Commandant Drogou, Brest

Opening hours: Tue-Sat noon-1:15pm / 7:30pm-8:30pm; Sun & Mon closed

Phone: +33 298 47 90 00

Internet: restaurant-lem.com

Email: contact@le-m.fr

Ristorante del Arte



If you are really craving a pizza or any other Italian food, you have come to the right place.

Ristorante del Arte serves delicious Italian cuisine

and is the right place to go to for both lunch and dinner. Pizza is the specialty, but other Italian classics such as risotto and pasta are offered here, too.

Photo: Denizo71/Shutterstock.com

Address: 14 Place de la Liberté, Brest

Opening hours: Daily 11:30am-2:30pm / 8:30pm-10:30pm

Phone: +33 298 20 10 20

Internet: www.delarte.fr/store-finder/546001

Le Crabe Marteau



At the waterfront Le Crabe Marteau it's all about the crab — order a whole or half crab and some boiled potatoes to go along, or opt for a classier, yet still rather affordable option of fresh oysters or simply go for some good seafood. Seating inside and outside with harbor view available.

Photo: vichie81/Shutterstock.com

Address: 8 Quai de la Douane, Brest

Opening hours: Mon-Sat noon-2pm / 7:30pm-10:30pm

Phone: +33 2 98 33 38 57

Internet: crabemarteau.fr

Email: brest@crabemarteau.fr

Thai Phuket



The excellent Asian restaurant provides a pleasant, fresh flavour alternative to the ubiquitous fish and seafood dishes found on every corner of nautical Brest. Thai Phuket serves some beloved Thai classics in a pleasant atmosphere. The staff speak good English.

Photo: jutamas/Shutterstock.com

Address: 23-25 Rue de la 2ème Db, Brest

Public Transport: Tram: line A, station: Jean-Jaurès.

Opening hours: Mon-Sat 10:30am-2pm / 5pm-9pm; Sun 5pm-9pm

Phone: +33 9 67 34 00 27

Internet: www.thaiphuket.fr

Le Mont Liban



Diners are welcomed with true Lebanese hospitality at Mont Liban, an authentic Middle Eastern restaurant in the heart of Brest. For those who enjoy trying different flavours, the restaurant is a true find — meals are made up of multiple small dishes called "meze". These are predominantly vegetarian.

Photo: Teodora D/Shutterstock.com

Address: 8 Place de la Liberte, Brest

Opening hours: Mon-Fri noon-2:30pm / 7pm-10pm; Sat 7pm-10pm; Sun closed

Phone: +33 2 98 80 12 76

La Maison de l'Océan



To indulge in excellent fresh seafood the region is known for, try the La Maison de l'Océan — a waterside restaurant where it all revolves around seafood and its classic preparation. There are multiple set menus available through a broad price range, as well as a la carte dining.

Photo: stockcreations/Shutterstock.com

Address: Quai de la douane, Brest

Opening hours: Daily noon-2pm / 7pm-9:30pm

Phone: +33 2 98 80 44 84

Internet: www.restaurant-fruit-mer-brest.com

Le Khyber



Do not let the ever-so-slightly tacky interior divert you from choosing the restaurant as a spot for lunch or dinner — food served here is rumoured to be of superb quality. The

chefs manage to showcase authentic Indian and Pakistani flavours through the dishes on the elaborate menu.

Photo: Foodio/Shutterstock.com

Address: 46 Rue de la Porte, Brest

Opening hours: Mon-Thu noon-2pm / 7pm-11pm; Fri

7pm-11pm; Sat & Sun noon-2pm / 7pm-10pm

Phone: +33 2 98 05 03 73

Internet: restaurantguru.com/LE-KHYBER-Brest

Email: lekhyber@gmail.com

CAFES



Pronina Marina/Shutterstock

For a snack, head for any one of the city's many crêperies — these are the obvious choice when in the province of Brittany. Crêpes come in many delicious varieties: savoury (with cheese, bacon, eggs, mushrooms) and sweet (with chocolate, cream, fruit, and berries). A good cup of coffee is never too far away in Brest. Do note the working hours — many establishments close for an afternoon break.

L'Auberge de la Crêpe



L'Auberge de la Crêpe is a great crêperie in the heart of the city. This little place is an ideal spot for a lunch, snack or an informal evening meal. Crêpes come in a multitude of sweet and savoury varieties (meat and cheese-stuffed), so take your

pick from the extensive menu.

Photo: Vladislav Nosik/Shutterstock.com

Address: 142 Rue Jean Jaurès, Brest

Phone: +33 298 46 47 30

Internet: laubergedelacrepe.eatbu.com

Crêperie de Cornouaille



Crêpes, or French pancakes, are always a treat. La Crêperie de Cornouaille is one of the establishments beloved by locals for the quality and selection of its crêpes. This crêperie lies a little away from the city centre and provides a cosy environment for a nice meal.

Photo: Olena Mykhaylova/Shutterstock.com

Address: 9 Rue Saint-Marc, Brest

Opening hours: Tue-Sat 11am-2:15pm / 6:30-10pm; Sun 6:30-10pm; Mon closed

Phone: +33 298 80 01 91

Internet: restaurantguru.com/Creperie-de-Cornouaille-Brest

Crêperie Le Roi Gradlon



Named the best in the region of Finistère, the Crêperie Le Roi Gradlon sweeps diners off their feet as soon as they open the front door with the heartwarming smell of butter and freshly-made crêpes. It is currently one of the trendiest places for crêpes in Brest, and has a lot to show for the title.

Photo: Slawomir Fajer/Shutterstock.com

Address: 19 Rue Fautras, Brest

Opening hours: Tue-Sat 11:30am-1:45pm / 6:30pm-9:15pm; Sun & Mon closed

Phone: +33 2 98 80 17 28

Internet: restaurantguru.com/Creperie-du-roi-Gradlon-Brest

La Crêpe Flambée



Another standout amongst the city's many creperies is La Crepe Flambee, a cosy establishment where sweet and savoury crepes

are offered in abundance. Try one of the many elegantly put together local specialties in the casual downstairs or more restaurant-like upstairs seating area of the cafe.

Photo: Petr Jilek/Shutterstock.com

Address: 3 Rue Saint-Saëns, Brest

Phone: +33 2 98 44 00 32

Spuntino



Spuntino is a hip, urban cafe that serves good quality pizza — arguably some of the best in town — and calzone, as well as a variety of Italian

specialties. For lighter snacks, order a meat and cheese platter or simply opt for ice cream or cheesecake for dessert.

Photo: Fanfo/Shutterstock.com

Address: 44 Rue de Lyon, Brest

Opening hours: Tue & Wed noon-2pm; Thu-Sat noon-2pm / 7pm-10pm; Sun & Mon closed

Phone: +33 2 98 80 15 01

Internet: restaurantguru.com/Spuntino-Brest

BARS & NIGHTLIFE



Kichigin/Shutterstock

Most evening entertainment in Brest centres around the harbour area and city centre. Establishments range from laid-back Irish pubs with live music to hip, modern bars where cocktails are serious business. For party-goers, Brest has quite a few nightlife venues to offer.

Greenwich Café



The elegant, centrally located Greenwich Café is a bar with a view — an unbeatable panorama unfolds from its elevated outdoor terrace, and the extensive drink list provides plenty of choices ranging from wines and spirits to non-alcoholic fresh juices and coffee.

Photo: Christopher Gardiner/Shutterstock.com

Address: 5 Boulevard des Français Libres, Brest

Opening hours: Daily 4pm-1am

Phone: +33 2 21 09 68 62

Internet:

restaurantguru.com/Les-jeudis-du-Greenwich-Brest-2

The Blind Piper



The Blind Piper is a cosy central pub that serves good beers and boasts a delightfully pleasant atmosphere. The pub seems to have gained quite a clientele of regulars, and continues to draw in locals and visitors for a glass of Guinness and a sports broadcast.

Photo: Volt Collection/Shutterstock.com

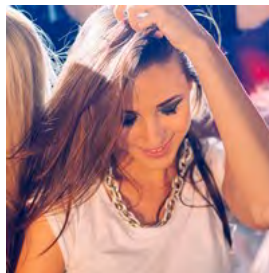
Address: 95 Rue de Siam, Brest

Opening hours: Daily 4pm-1am

Phone: +33 2 98 80 35 39

Internet: restaurantguru.com/Blind-Piper-Pub-Brest

Discothèque Les Tritons



The nightlife venue is one of the city's several nightclubs, with a well-stocked bar and dance beats inviting party-makers to the busy dance floor. The venue attracts guests of a diverse age range and isn't a haunt for the student population alone.

Photo: clownbusiness/Shutterstock.com

Address: Rue du Docteur, Brest

Opening hours: Tue-Sun midnight-6am, Mon closed

Phone: +33 298 43 29 90

Mc Guigan's



This Irish pub is run by an actual Irishman, who often hesitates little to join guests for some friendly banter. The pub offers live music, good food and, of course, beer. You are guaranteed a good time at Mc Guigan's regardless whether you come on your own or as a part of a group.

Photo: Pressmaster/Shutterstock.com

Address: 9 Rue Jean-Marie Le Bris, Brest

Opening hours: Mon-Fri 9:30am-1am, Sat 4:30pm-1am, Sun closed

Phone: +33 2 98 44 41 69

Internet: mcguigans.bzh

The Dubliners



The Dubliners is a decent, low-key pub with a pleasant atmosphere and a large selection of beers (Guinness, naturally, included). Some

quintessentially French pub food is available to guests, such as delicious local sausages. Live sports are broadcast on wall TVs.

Photo: Brent Hofacker/Shutterstock.com

Address: 28 Rue Mathieu Donnart, Brest

Opening hours: Sun-Thu 5pm-1am, Fri & Sat 5pm-2am

Phone: +33 2 98 44 91 09

Internet: dublinersbrest.weebly.com

L'Arena Brasserie



This sports-themed cafe is set at an elevation, overlooking the bay of Brest. It's very popular with the young crowd and gets packed on days of

big games — live sports broadcasts are the establishment's main draw. L'Arena Brasserie serves decent pub grub and mouthwatering burgers.

Photo: g-stockstudio/Shutterstock.com

Address: 195 Quai Eric Tabarly, Brest

Opening hours: Daily 11:30am-1am

Phone: +33 2 98 03 18 26

Internet: www.arena-cafe.com

Email: reservation.arena@gmail.com

Casa Havana



For a good mojito and Latin music, head to Casa Havana, where spirits are high every day of the week and on Tuesdays and Wednesdays in

particular — this is when the establishment hosts salsa classes. Serves good tapas, cocktails, cider and beer on tap.

Photo: Lukas Gojda/Shutterstock.com

Address: 2 Rue de Siam, Brest

Opening hours: Daily 4pm-1am

Phone: +33 2 98 80 42 87

Internet: www.instagram.com/casa_havana_brest

La Base



La Base is a waterfront restaurant and bar with a pleasant ambiance, offering in- and outdoor seating on the harbour view wood terrace. The

house specialty are skewers — meat, chicken, fish, etc. — accompanied with crafted drinks from the well-stocked bar.

Photo: Arina P Habich/Shutterstock.com

Address: La Marina Du Château, 85 Quai Eric Tabarly, Brest

Opening hours: Sun-Wed noon-2pm / 7pm-9:30pm; Thu-Sat noon-2pm / 7pm-10:30pm

Phone: +33 2 29 05 19 00

Internet: www.la-base-restaurant-brest.fr

Le 54 Café



The very casual Le 54 is a good spot for a friendly get together, a relaxed venue where live sports are broadcast and international holidays —

such as St. Patrick's Day — are celebrated

wholeheartedly. It's a locals' haunt, with a decent drink list and both in -and outdoor seating.

Photo: Syda Productions/Shutterstock.com
Address: 54 Rue Glasgow, Brest
Opening hours: Tue-Sat 6pm-1am, Sun & Mon closed
Phone: +33 9 82 29 28 53
Internet: restaurantguru.com/Le-54-cafe-Brest

The Tara Inn



This pleasant Irish pub is a noteworthy location for a night out listening to Celtic tunes played live by guest musicians. Apart from the authentic music,

the pub offers a good selection of beers and a very warm welcome to its international patrons.

Photo: bogdanhoda/Shutterstock.com
Address: 1 Rue Blaveau, Brest
Opening hours: Mon-Fri 11am-1am, Sat & Sun 3pm-1am
Phone: +33 2 98 80 36 07
Internet: restaurantguru.com/Tara-Inn-Brest

L'Happy Café



One of Brest's liveliest bars and certainly its most well-known gay bar at the moment, the L'Happy Café welcomes a very diverse clientele to its frequent rowdy parties. Karaoke nights are very much a thing, and so are the jukebox nights, when guests are welcome to select music oldies of choice.

Photo: Jag_cz/Shutterstock.com
Address: 193 Rue Jean Jaures, Brest
Opening hours: Tue-Sun 6pm-1am, Mon closed
Phone: +33 2 98 33 62 93

Les Fauvettes



Les Fauvettes is an atmospheric bar known for its truly staggering beer selection — the wall behind the bar is quite a sight to examine with the

incredible variety of international beer bottles represented. The bar also boasts an extensive selection of whisky.

Photo: Room 76/Shutterstock.com
Address: 27 Rue Conseil, Brest
Opening hours: Mon-Fri 6pm-1am, Sat 5pm-1:30am, Sun 6pm-midnight
Phone: +33 2 98 44 46 67

SHOPPING



Kamil Macniak/Shutterstock.com

Wine and fine food enthusiasts will be spoilt for choice. Lots of wine shops and delis are worth exploring, as are the markets held most days in squares and marketplaces around Brest's districts. Brest naturally has its share of the larger department stores and supermarkets. Most of the shops in the city centre itself are around the areas of Saint-Luc and the Place de la Liberté, but it is well worth venturing out to the suburbs too, as most of the districts boast a variety of specialty shops and street markets. The markets are a good place to look for local pâtés and cheeses, vegetables, fruits and meats, but also crafts and antiques.

Roi de Bretagne



The Roi de Bretagne department store offers a great selection of products from the province of Brittany and the surrounding areas.

Items range from deli foods and traditional local treats to textiles and natural cosmetics. The shop is a great stop to pick up local specialties and souvenirs.

Photo: Ingrid Balabanova/Shutterstock.com

Address: 12 Quai de la Douane, Brest

Opening hours: Mon-Sat 9am-9pm, Sun closed

Phone: +33 298 46 87 67

Internet: www.roidebretagne.com

Email: commercial@roidebretagne.info

Terre d'Embruns



Terre d'Embruns is a local ecological bakery and shop that has its products made without additives or preservatives. They offer delicious buns, cookies, pastries and other baked goods made from quality local ingredients.

Tours of the factory followed by a tasting are available to those interested.

Photo: karnavalfoto/Shutterstock.com

Address: 420 Rue Alain Colas, Brest

Opening hours: Daily 10am-7pm

Phone: +33 298 83 64 25

Internet: www.terredembruns.fr

E.Leclerc Brest



E.Leclerc is the largest hypermarket in and round the area of San Severo. The shopping centre offers everything from affordable clothes to

food and electronics. It might be worth to check out local treats for those looking for budget alternatives to deli stores.

Photo: svastika/Shutterstock.com

Address: 16 Rue de la 2ème Division Blindée, Brest

Opening hours: Mon-Sat 9am-7:45pm, Sun closed

Phone: +33 298 44 56 45

Internet: www.e.leclerc/mag/e-leclerc-brest

Excalibulle



Excalibulle is certainly a must-visit for fans of comic books, manga, and cartoons. The store packs a punch with its wide array of action figures

and fictional character paraphernalia, with an especially large selection of Tintin-themed figures and items.

Photo: Ryan DeBerardinis/Shutterstock.com

Address: 11 Rue Saint-Saëns, Brest

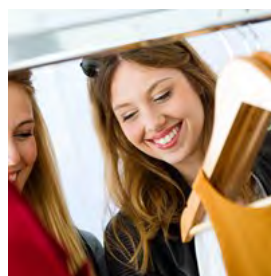
Opening hours: Tue-Sat 10am-7pm, Sun & Mon closed

Phone: +33 298 46 50 80

Internet: www.excalibulle.com

Email: excalibulle@numericable.fr

Printemps



One of France's most well-known department stores, Printemps offers fashionable clothes and accessories for men, women and children. The

stores also offers a lovely selection of home and

beauty products that are worth checking out.

Photo: nenetus/Shutterstock.com

Address: 59 Rue Jean Jaurès, Brest

Opening hours: Mon-Sat 10am-7pm, Sun closed

Phone: +33 298 44 65 65

Internet: www.printemps.com/brest

Centre Commercial Espace Jaures



Espace Jaures is a well-located shopping centre packed with stores of famous local and international brands. The mall houses stores of mid-range fashion brands such as H&M, Mango, New Look, Desigual, Jack&Jones and many more. There is a fast food restaurant and a cafe inside.

Photo: michaeljung/Shutterstock.com

Address: 65 Rue Jean Jaurès, Brest

Opening hours: Mon-Sat 10am-7:30pm, Sun closed

Phone: +33 298 46 02 57

Internet: coeurdejaures.com

Email: contact@espacejaures.com

Lumina



For those, who are interested in having luxurious French lamps, Lumina is the shop for inspiration and style that can offer all that and much more. They also offer delivery service to France and places overseas.

Photo: lakov Filimonov/Shutterstock.com

Address: 132 Rue Jean Jaurès, Brest

Opening hours: Tue-Sat 10am-noon / 2pm-6:30pm; Sun & Mon closed

Phone: +33 298 44 43 35

Internet: www.luminaire-brest.fr

Librairie Dialogues



The indescribable smell of new books known to all book lovers fills the air at Librairie Dialogues, a cosy bookshop with a pleasant selection of literature (including English-language books) that has an on-site cafe, where guests are welcome to flip through the pages of editions that caught the eye.

Photo: Sedgraphic/Shutterstock.com

Address: Parvis Marie Paul Kermarec, 3 Place Monseigneur Roull, Brest

Opening hours: Mon-Sat 10am-7pm, Sun closed

Phone: +33 2 98 44 88 68

Internet: www.librairiedialogues.fr

Email: contact@librairiedialogues.fr

La Galerie – Le Phare de l'Europe



Located slightly outside the city centre, the Galerie shopping mall is a one-stop location to shop for the latest fashion and beauty trends at internationally known stores. Multiple services (beauty salons, a post office, banks, etc.) are available inside, along with a selection of cafes.

Photo: Pressmaster/Shutterstock.com

Address: 29 Rue de Gouesnou, Brest

Opening hours: Mon-Fri 9:30am-8pm, Sat 9am-8pm, Sun closed

Phone: +33 2 98 42 07 25

Internet: www.la-galerie.com/le-phare-de-leurope

Tôt Ou Tard



The small specialty shop Tôt Ou Tard is all about tea and coffee - these come in multiple varieties. The store also stocks various hot drink paraphernalia, such as thermo cups, tea kettles, jams, cookies, tins to store tea and other various curiosities.

Photo: Africa Studio/Shutterstock.com

Address: 49 Rue de Lyon, Brest

Opening hours: Mon 2:30pm-7pm; Tue-Sat 10am-1pm / 2pm-7pm; Sun closed

Phone: +33 2 98 80 14 21

Boutique SFR Brest Siam



The SFR boutique in Brest is one of the many French instalments of this nationwide chain. They offer good deals on electronics, mobile devices, tablets and computers.

Photo: petrunjela/Shutterstock.com

Address: 75 Rue de Siam, Brest

Opening hours: Mon-Sat 10am-7pm, Sun closed

Phone: +33 2 30 82 13 28

Internet:

boutique.sfr.fr/bretagne/finistere/brest/75-rue-de-siam

TOURIST INFORMATION



Sergey Dzyuba/Shutterstock

Brest Bretagne Airport (BES)



The Brest Bretagne Airport is located just a few kilometres from the city centre. A shuttle bus runs between the train station and the airport daily, stopping at Saint-Luc and the Place de la Liberté next to the tourist information office. The Shuttle takes 10 min to Saint-Luc and 14 min to Place de la Liberté. The first shuttle leaves the train station at 6 am.

Photo: Tidus1188 Julien Costard/cc by-sa 3.0/wikimedia(image cropped)

Address: Aéroport de Brest Bretagne, Guipavas

Phone: +33 298 32 86 00

Internet: www.brest.aeroport.bzh

Email: info@brest.aeroport.fr

Public Transport



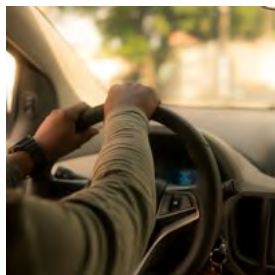
A public bus service links all parts of Brest to one another, and a train service is available from the central station for trips further afield. The main station for both is in the Place du 19eme Régiment d'Infanterie.

The Brest tramway offers a convenient way to traverse the city, linking the western area of Porte de Plouzané to the northeastern gates of Porte de Gouesnou and Porte de Guipavas. With an end-to-end journey time of just 38 minutes, it's a speedy option for getting around. Operated by RD Brest and part of the wider Bibus network, this single tram line is an essential component of the city's public transport system.

Public transportation tickets may be bought at ticket vending machines with either cash or card; day tickets with unlimited rides are available and may be a good idea for a full day of sightseeing.

Photo: Smiley.toerist/cc by-sa 3.0/wikimedia(image cropped)
Internet: www.bibus.fr/en

Taxi



Taxis are available from outside the airport and the bus and rail stations.
Allo Taxi Brest +33 298 42 11 11 Aux Taxis
Radios Brestoïis +33 298

80 18 01

+33 298 80 43 43

+33 298 44 33 84

www.taxisbrestois801.com

Photo: Jackson David/unsplash

Post



You can buy stamps at tobacco shops and the mailboxes are yellow.

Photo: Simona Sergi/unsplash

Address: La Poste, 90 Rue de Siam, Brest

Opening hours: Mon-Wed & Fri 9am-6pm, Thu 10am-6pm, Sat 9am-noon, Sun closed

Phone: +33 9 70 82 36 31

Pharmacy



Pharmacies are recognised by a large green cross outside and are generally open 9am-1pm and 2pm-7pm daily, except Sunday. A

list of emergency pharmacies is displayed on the front window.

Photo: Mariano Baraldi/unsplash

Address: Pharmacie Liberté, 2 Place de la Liberté, Brest

Opening hours: Mon-Sat 8:45am-8pm, Sun closed

Phone: +33 2 98 44 19 47

Telephone



Country code: +33 Area code: (0) 2 98

Photo: Wesley Hilario/unsplash

Electricity



In Brittany, as in the rest of France, the power supply is 220-240 volts and 50Hz. The plug type used is the Type C plug, which has two round

pins. Plug type E has an additional hole for the socket's male earthing pin.

Photo: mk. s/unsplash

Population

Destination: Brest

139,456

Currency

Euro, 1€ = 100 cents

Opening hours

Shops are open Monday to Saturday from 9/9:30 to 7 pm during high season and until 6 pm at other times. Shops are generally closed on Sundays.

Internet

www.brest-metropole-tourisme.fr/en

Newspapers

Ouest France — www.ouest-france.fr

Courrier du Léon

Le Télégramme — www.letelegramme.fr

Le Figaro — www.lefigaro.fr

Le Journal du Dimanche — www.lejdd.fr

Emergency numbers

Emergency: 112

Police: 17

Fire: 18

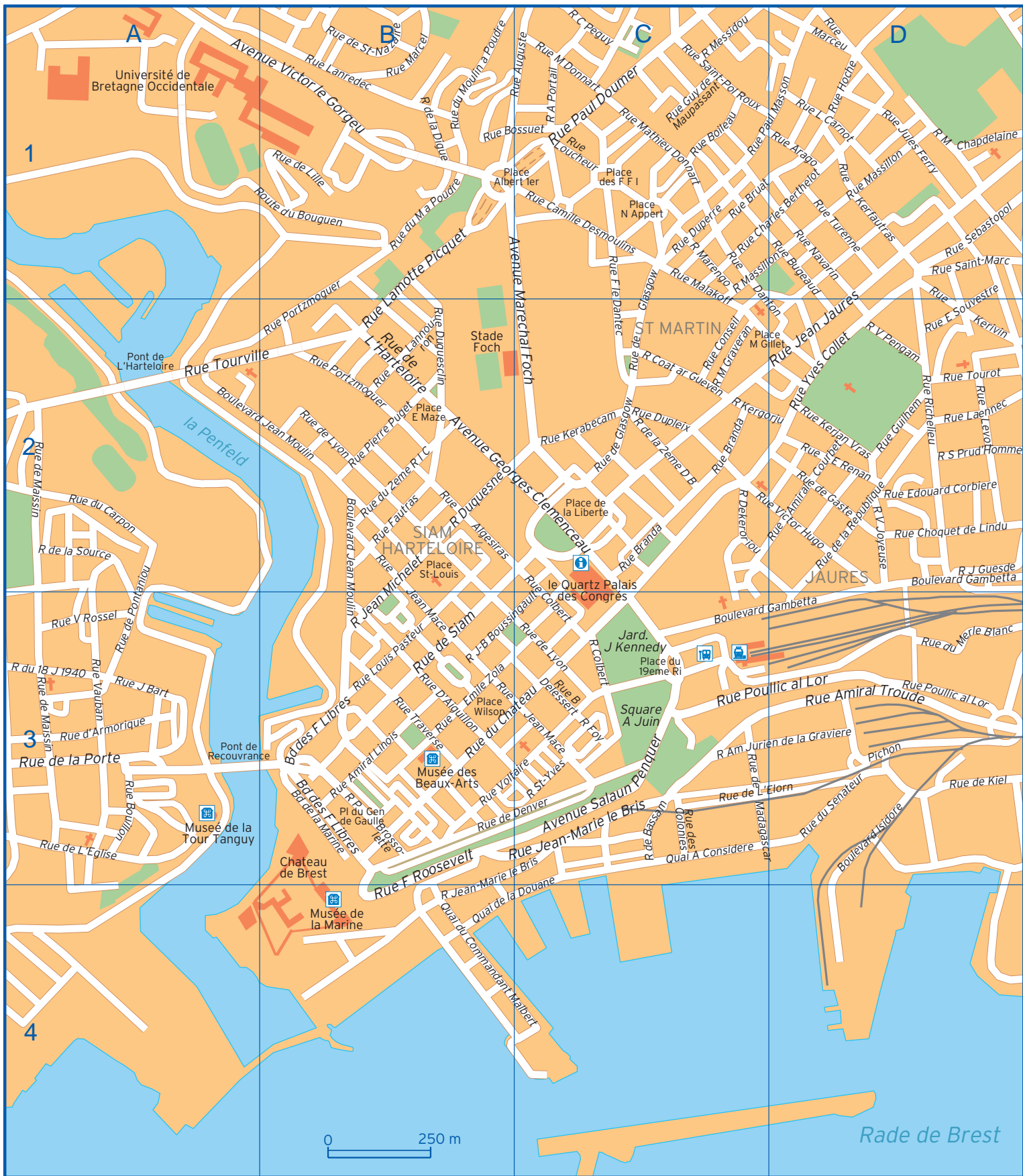
Medical: 15

Tourist information

Office de Tourisme de Brest Métropole

8 Avenue Georges Clemenceau, Brest

+33 298 44 24 96



Université de Bretagne Occidentale

la Penfeld

SAINT-HARTELOIRE

ST MARTIN

JAURES

Musée de la Tour Tanguy

Chateau de Brest

Musée de la Marine

Musée des Beaux-Arts

le Quartz Palais des Congrès

Square A Juin

Rade de Brest

0 250 m

Destination: Brest

Avenue Georges Clemenceau	B2 C2	Rue Danton	C1	Rue Jean Michelet	B2 B3
Avenue Marechal Foch	B1 C2	Rue de Bassam	C3	Rue Jean-Marie le Bris	B3 B4 C3
Avenue Salaun Penquer	C3	Rue de Denver	B3 C3	Rue Jules Ferry	D1
Avenue Victor le Gorgeu	A1 B1	Rue de Gaste	D2	Rue Jules Guesde	D2
Boulevard de la Marine	B3	Rue de Glasgow	C1 C2	Rue Kerabecam	C2
Boulevard des Francais Libres	B3	Rue de Kiel	D3	Rue Kerfautras	D1
Boulevard Gambetta	C3 D2 D3	Rue de la 2eme Division Blindée	C2	Rue Kergorju	C2 D2
Boulevard Isidore	D3	Rue de la Digue	B1	Rue Kerivin	D1 D2
Boulevard Jean Moulin	A2 B2 B3	Rue de la Porte	A3	Rue Kerjan Vras	D2
Place Albert 1er	B1 C1	Rue de la Republique	D2	Rue Laennec	D2
Place de la Liberte	C2	Rue de la Source	A2	Rue Lamotte Picquet	B1 B2
Place des Francs-Tireurs Et Partisans Francis	C1	Rue de Lille	B1	Rue Lannouron	B2
Place du 19eme Ri	C3	Rue de Lyon	B2 C3	Rue Lanredec	B1
Place du General de Gaulle	B3	Rue de L'Eglise	A3	Rue Lazare Carnot	D1
Place Edouard Maze	B2	Rue de L'Elorn	C3 D3	Rue Levot	D2
Place Maurice Gillet	C2 D2	Rue de L'Harteloire	B2	Rue Loucheur	C1
Place Nicolas Appert	C1	Rue de Madagascar	C3	Rue Louis Pasteur	B3
Place Saint-Louis	B2	Rue de Maissin	A2 A3	Rue Malakoff	C1 C2
Place Wilson	B3	Rue de Pontaniou	A2 A3	Rue Marcel	B1
Pont de L'Harteloire	A2	Rue de Saint-Nazaire	B1	Rue Marceu	D1
Pont de Recouvrance	A3	Rue de Siam	B3	Rue Marengo	C1
Quai Armand Considere	C3	Rue Dekeroriou	C2	Rue Maria Chapdelaine	D1
Quai de la Douane	B4 C3	Rue des Colonies	C3	Rue Massillon	C1 D1
Quai du Commandant Malbert	B4 C4	Rue du 18 Juin 1940	A3	Rue Mathieu Donnart	C1
R J-B Boussingault	B3 C3	Rue du Carpon	A2	Rue Messidou	C1
Route du Bouguen	A1 B1	Rue du Chateau	B3 C3	Rue Monseigneur Graveran	C2
Rue A Portail	C1	Rue du Merle Blanc	D3	Rue Navarin	D1
Rue Algesiras	B2	Rue du Moulin a Poudre	B1	Rue P Brossolette	B3
Rue Amiral Courbet	D2	Rue du Senateur Pichon	D3	Rue Paul Doumer	C1
Rue Amiral Jurien de la Graviere	C3 D3	Rue Duguesclin	B2	Rue Paul Masson	C1 D1
Rue Amiral Linois	B3	Rue Duperre	C1	Rue Pierre Puget	B2
Rue Amiral Troude	D3	Rue Dupleix	C2	Rue Portzmoguer	B1 B2
Rue Arago	D1	Rue Duquesne	B2	Rue Poullic al Lor	C3 D3
Rue Armorique	A3	Rue D'Aiguillon	B3	Rue Richelieu	D2
Rue Auguste	C1	Rue E Renan	D2	Rue Saint-Marc	D1
Rue Benjamin Delessert	C3	Rue Edouard Corbiere	D2	Rue Saint-Pol Roux	C1
Rue Boileau	C1	Rue Emile Souvestre	D1 D2	Rue Saint-Yves	C3
Rue Bossuet	B1 C1	Rue Emile Zola	B3	Rue Sebastopol	D1
Rue Bouillon	A3	Rue Ernest Renan	D2	Rue Sully Prud'Homme	D2
Rue Branda	C2	Rue Fautras	B2	Rue Tourot	D2
Rue Bruat	C1 D1	Rue Felix le Dantec	C1 C2	Rue Tourville	A2 B2
Rue Bugeaud	D1	Rue Foy	C3	Rue Traverse	B3
Rue Camille Desmoulins	C1	Rue Franklin Roosevelt	B3 B4	Rue Turenne	D1
Rue Charles Berthelot	C1 D1	Rue Guilhem	D2	Rue V Rossel	A3
Rue Charles Peguy	C1	Rue Guy de Maupassant	C1	Rue Vauban	A3
Rue Choquet de Lindu	D2	Rue Hoche	D1	Rue Victor Hugo	C2 D2
Rue Coat ar Gueven	C2	Rue Jean Bart	A3	Rue Victor Pengam	D2
Rue Colbert	C2 C3	Rue Jean Jaures	D1 D2	Rue Villaret Joyeuse	D2

Destination: Brest

Rue Conseil

C2 Rue Jean Mace

B2 B3 C3 Rue Voltaire

B3 C3

Information is subject to change. Please contact your Lifestyle Consultant for the most up-to-date recommendations.