

# The Gifts and Fruits of the Holy Spirit

**CCC 1830** The moral life of Christians is sustained by the gifts of the Holy Spirit. These are permanent dispositions which make man docile in following the promptings of the Holy Spirit.

**1831** The seven gifts of the Holy Spirit are wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.

For all who are led by the Spirit of God are sons of God . . . If children, then heirs, heirs of God and fellow heirs with Christ.

**1832** The fruits of the Spirit are perfections that the Holy Spirit forms in us as the first fruits of eternal glory. The tradition of the Church lists twelve of them: “charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, chastity.”

## **The Twelve Fruits of the Holy Spirit**

- |             |                  |
|-------------|------------------|
| 1. Charity  | 7. Generosity    |
| 2. Joy      | 8. Gentleness    |
| 3. Peace    | 9. Faithfulness  |
| 4. Patience | 10. Modesty      |
| 5. Kindness | 11. Self Control |
| 6. Goodness | 12. Chastity     |

# THE 7 GIFTS OF THE HOLY SPIRIT



## FORTITUDE

Helps us to overcome difficulties with faith.



## PIETY

Moves us to treat God with the trust with which a child treats his Father.



## FEAR OF GOD

Compels us to flee from sin and always choose to please God.



## COUNSEL

Encourages us to follow the solution that most matches the glory of God and the good of others.



## UNDERSTANDING

Helps us understand the Word of God and the doctrines of faith.



## WISDOM

Makes us see all things in light of God and impels us to seek Him above all things.



## KNOWLEDGE

Helps us see the world from God's perspective.

# The Fruit of the Spirit



## LOVE

Seeks the highest good of others.

## JOY

Gladness that is not based on circumstances.

## PEACE

Contentment, unity between people.

## PATIENCE

Slow to speak and slow to anger.

## KINDNESS

Merciful, sweet, and tender.

## GOODNESS

Generous and open hearted.

## FAITHFULNESS

Dependable, loyal, and full of trust.

## GENTLENESS

Humble, calm, non-threatening.

## SELF-CONTROL

Behaving well.