

SPORTS SQUAD



SEPT + OCT SCHOOL HOLIDAYS

Fun activities for
5 - 12 year olds
8:30am - 4:30pm
Virgin Active Norwest

**Every day is a pool-party day
for Sports Squad kids with daily
swimming and water games.**

Be sure to bring your:

- Swimmers
- Swimming cap
- Towel
- Dry bag
- Change of clothes
- Snacks & lunch
- Water bottle

\$65 - Club-V Members
\$75 - non Club-V members



MON 28 SEPT ULTIMATE SPORTS CHALLENGE

Kick off the day with high-energy team games, obstacle courses, relay races and mini sports challenges.



TUE 29 SEPT SOCCER SUPERSTARS

It's time to hit the pitch! Kids will enjoy fun soccer drills, passing challenges, mini matches and a penalty shoot-out.



WED 30 SEPT OLYMPIC GAMES

Go for Gold! Kids will compete in mini-Olympics, tackling athletic events, relays, throwing challenges and team competitions to earn points.



THUR 1 OCT SUPER SQUISHY WORKSHOP

Design and decorate your own squishy! Choose your colours, add fun details and take home your unique creation.



FRI 2 OCT KIDS IN THE KITCHEN

Put on your chef's hat! Kids will create, decorate and enjoy their own delicious treats while learning cooking skills.

MON 5 OCT PUBLIC HOLIDAY



TUE 6 OCT GYM GAMES

Get moving with circuits, gymnastics, balance and climbing activities to build confidence and coordination.



WED 7 OCT DANCE + CHEER CHALLENGE

Get ready to move! Kids will learn dance, cheer, fitness and rhythm moves before creating and performing their own team routine.



THUR 8 OCT MINUTE TO WIN

Take on fast-paced 1-minute challenges testing speed, balance, coordination and teamwork. Earn points to become the ultimate Minute to Win It Champion!



FRI 9 OCT COLOUR GAMES + FINALE

Finish the holidays with team challenges, games, fitness, music, dancing and a ribbon presentation.

To book or for more info, email clubv.norwest@virginactive.com.au

CHILD DETAILS

Name of child #1	Membership no.	DOB
Can this child swim? (Y/N) Please select..	Does this child need a floatation device? (Y/N)	Please select..
Are there any allergies or medical conditions we need to be aware of?		

Name of child #2	Membership no.	DOB
Can this child swim? (Y/N) Please select..	Does this child need a floatation device? (Y/N)	Please select..
Are there any allergies or medical conditions we need to be aware of?		

Name of child #3	Membership no.	DOB
Can this child swim? (Y/N) Please select..	Does this child need a floatation device? (Y/N)	Please select..
Are there any allergies or medical conditions we need to be aware of?		

PARENT/GUARDIAN DETAILS

Name of parent/guardian		
Home address		
Postcode		State
Parent/guardian (1) phone: Home	Work	Mobile
Email address		
Parent/guardian (2) phone: Home	Work	Mobile
Email address		

EMERGENCY CONTACT DETAILS (other than parent/guardian)

Full name	Phone
Full name	Phone

DAYS ATTENDING - 8:30AM TO 4:30PM

To secure your booking, email a completed form to clubv.norwest@virginactive.com.au and pay in club or over the phone

Sept + Oct	☐ MONDAY 28 Sept 2026	☐ TUESDAY 29 Sept 2026	☐ WEDNESDAY 30 Sept 2026	☐ THURSDAY 1 Oct 2026	☐ FRIDAY 2 Oct 2026
	☒ MONDAY Public Holiday	☐ TUESDAY 6 Oct 2026	☐ WEDNESDAY 7 Oct 2026	☐ THURSDAY 8 Oct 2026	☐ FRIDAY 9 Oct 2026

PERSONS AUTHORISED TO COLLECT

Full name	Phone	Relationship to child
Full name	Phone	Relationship to child

Sports Squad Terms and Conditions

1. Daily charge is \$65 (Club-V Members) and \$75 (non Club-V members) per child payable in advance at the time of registration.
2. Food must be provided by parents for each child. Sports Squad is a **NUT FREE ZONE**. This includes peanut butter/Nutella sandwiches and any snacks containing nuts.
3. Payment can be made either over the phone or in club and this form may be returned by email to clubv.norwest@virginactive.com.au or in club.

Payment must be made and this form must be completed to secure your booking.

4. Virgin Active will only release a child to the authorised parent/guardian as specified on this registration form. Persons picking up will need to show photo ID to Virgin Active staff.
5. All children registering to Sports Squad need to be between 5 years and 12 years old and have water confidence. If your child is unable to participate in pool activities with confidence your child will not be permitted to enroll in a Sports Squad day. Please discuss this with Virgin Active staff if you have any concerns about your child's ability to safely participate in pool activities. Parents acknowledge that children participating in Sports Squad will participate in structured exercise classes.
6. Refunds will only be provided in the event of genuine illness and only if a doctors certificate is provided for the days absent. Children should not attend Sports Squad if they are suffering from an infectious illness.
7. Sports Squad operating hours are from 8:30am to 4:30pm. Children can be dropped off by 8:30am and picked up no later than 4:30pm.
8. Virgin Active staff have a duty of care to each child attending Sports Squad and are obliged to follow Virgin Actives Policies and Procedures at all times.
9. The following policies and rules apply to Sports Squad:
 - a. Club-V Rules;
 - b. Swimsters Rules;
 - c. Swimsters Terms and Conditions;
 - d. Club Rules – Norwest;
 - e. Clauses 9, 11, 12-15 of Virgin Active's Membership Terms; and
 - f. The Virgin Active Privacy Policy
10. All children must complete a Virgin Active Health Check prior to attending any sessions (see attached).
11. If your child needs to have any medication administered throughout the day, a Medical Authorisation form must be completed.
12. Virgin Active will not be liable for any death, injury, loss, liability or damage that may occur as a result of your child's participation in our activities or using our clubs, except to the extent caused by our gross negligence.
13. We may contact you to tell you more about our products and services. Please tell us if you do **not** wish to be contacted by us.

I have read and understood the above terms and conditions for Sports Squad brought to you by Virgin Active.

Signature of parent/legal guardian

Date

Staff use only

Total amount to be collected	\$
Health Check obtained	Yes ☐ No ☐
Booked in	Yes ☐ No ☐