

lumiNIR

QUICK START GUIDE

Congratulations on your lumiNIR purchase!

Follow these simple steps for maximum results:

- Read Quick Start Guide.
- Take note of the treatment area before you begin to measure results.
- Take a “before” picture if applicable.
- Refer to sunlighten.com/products/luminir for FAQs and treatment protocols.

Treatment Steps:

- Cleanse and dry skin
- Turn on device and select intensity level (see chart on back)
- Place light directly on clean, dry skin
- Device will beep when treatment time ends
- Move on to your next treatment area

Get to Know Your Device:



lumiNIR Intensity Options

The lumiNIR offers four intensity levels. Level 1 is considered one dose.

This is the minimum amount needed for a treatment. You can increase the dosage based on your need.

Intensity Level	Light Indicator <small>(the light on the on device will change color for each level)</small>	Treatment Time
Level 1 (default)	Green light	35 seconds
Level 2	Blue light	1:10 minutes
Level 3	Green/Red light	1:45 minutes
Level 4	Red light	2:20 minutes

For specific treatment protocols, visit [sunlighten.com/products/luminir](https://www.sunlighten.com/products/luminir).

Cleaning:

Use a damp, soft, lint-free cloth and water or rubbing alcohol to clean the LED attachments. Makeup wipes are also a good option. Do not immerse in water at any time. The back of the LED heads must remain dry.

