



Cabin Cleaning & Maintenance

INSTRUCTION GUIDE

CLEAN & MAINTAIN YOUR SUNLIGHTEN

Your Sunlighten deserves all the TLC you can give it. We've provided these instructions to help you keep your sauna clean and running well. Follow these instructions carefully and you'll enjoy your wellness oasis for years to come.

Your Cabin Cleaning Kit

(available at shop-us.sunlighten.com/) includes:

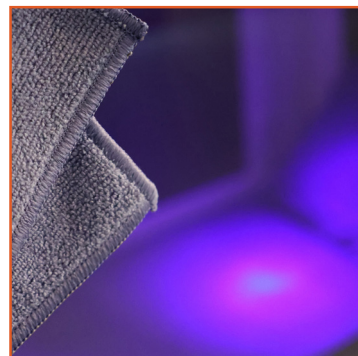
1. Natural Glass Cleaner
2. Natural Sauna Cleaner
3. Sanding sponge
4. Microfiber cloth

How to Clean Sauna Wood

- Mix 16 oz bottle Wood Cleaner with water to make 1 gallon or 1 oz per gallon of warm or hot water.
- Do not spray the wood directly: spray a paper towel and dab stains.
- Can substitute vinegar and water: 1 part vinegar to 2-3 parts water.
- Do not use chemical cleaners on the wood.

How to Clean Sauna Glass

- Sunlighten Glass Cleaner can be sprayed directly on glass.
- Do not use chemical cleaners on the glass.
- Wipe down with microfiber cloth.



Sauna Cleaning Protocol

After each use

- Wipe down bench and floor with microfiber cloth from the Sunlighten Natural Cleaning Kit or a towel.
- For any areas with moisture build-up, use a sponge to soak up excess moisture and towel or cloth to dry.

Daily

- Wipe down bench, base, walls, and backrest with a microfiber cloth or towel.
- Use sponge to soak up any excess moisture from these areas.
- Open roof vent and/or door. Leave open overnight, or for 2 hours.

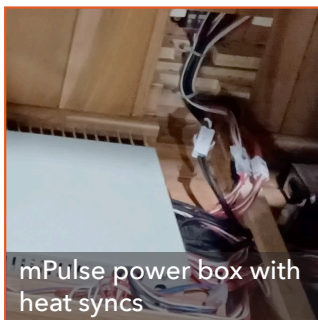
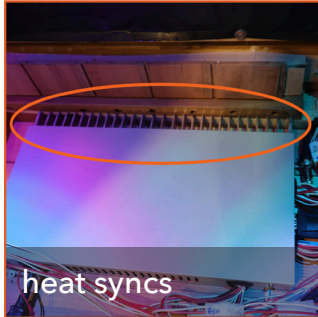
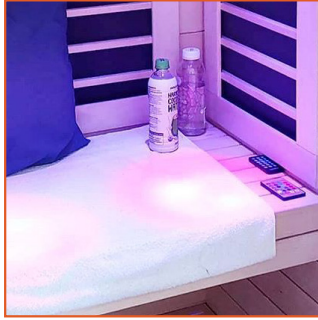
Weekly

- After wipe down, lightly spray bench, base, walls, heaters frames, and backrests with Sunlighten wood cleaner. Use microfiber cloth to wipe and dry.
- After wood is dry, inspect for any areas of moisture or soil build-up.
- Use a (150 grit) sanding sponge to lightly sand and clean those areas.
- Use wood cleaner and microfiber cloth to wipe down after sanding.

Monthly

- Follow steps for weekly cleaning..
- For high traffic areas, such as the base near the front wall, it may be necessary to utilize an 80-grit sanding pad.
- If needed, follow these steps:
 - Use 80 grit sanding pad to remove any excess moisture or soil stains.
 - Finish with 150-grit sanding sponge, provided in the Sunlighten Natural Cleaning Kit.
 - Spray with wood cleaner and wipe down with microfiber cloth.

Note: Glass cleaner should be used as often as needed.



General Maintenance

- Use dry cloth to dust the exterior.
- Unplug the unit twice a year for at least 15 minutes.
- Drape towels over the bench and floor area to decrease sweat accumulation.
- Do not cover more than 50% of the floor grate.
- Keep unit unplugged if unattended for long periods of time (e.g., vacation).
- (mPulse specific) - Use can of spray air to clear out dust/debris from the heat syncs on the power box twice a year. (Heat syncs are the spike-looking objects on the back side of the power box, which is found directly under the bench beneath wooden covers)

Outdoor Units

- You must have a sauna cover in order to place your unit outside; to keep your warranty intact.
- Twice a year in mild weather, remove the cover to inspect for tears/holes in the fabric and liner.
- One to two times a year, make sure wires have not been damaged by rodents or pests.*
 - mPulse power box found directly under the bench has a lot of wiring. There is also connection point on the floor directly under the Android Control Panel.
 - Signature has a single stretch of wiring immediately to the right of the floor grate. You will have to slide a board out to get to the wiring.

*There is no floor heater for an Amplify - all of the wiring is up within the roof panel.



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