Element 1.1.1: Definitions



Activity 1

Think about things you have already done today. Were there things which presented some degree of risk and what did you do to minimise the risks of harm?



Activity 2

Think about the moral and business reasons for managing health and safety risks. What do you think they could be?



Activity 3

Note down the most significant health and safety risks in your organisation. Do you feel they are adequately controlled? If you do not have a workplace, consider somewhere else you are familiar with, such as a shopping centre/mall or a sports facility.



Activity 4

Write down answers to these questions:

- Have you ever been asked to undertake a risk assessment?
- Did you feel competent enough to do this?
- What do you feel makes somebody competent to develop a risk assessment?



Activity 5

Consider the ways in which organisations can check the competency of contractors working on their site or premises.

Activity 6

How often does your organisation provide refresher training for its workers and for what activities is this provided?

Element 1.3.3: The value of worker consultation and who should be involved in managing and assessing risk



Activity 7

Think about how often the organisation you work for involves workers in the risk assessment process.



Activity 8

Identify the benefits of involving workers in the risk assessment process.



Activity 9

Have you ever been informed about a hazard or a way of working that was presenting a risk in the workplace? How did you deal with the information shared? Could you have done it differently or better?



Activity 10

List some of the hazards that exist in your workplace. Are they adequately controlled?

Element 2.1.6: Regularly review the controls



Activity 11

How does your organisation communicate the findings of its risk assessments? Could this be done better and, if so, how could this be done?

Element 2.2.2: Application of risk assessment for specific types of risk and special cases

Activity 12

A young person is about to start a two-week work experience placement in an engineering workshop. What are the broad risks and associated controls that should be considered before they start?



Activity 13

Think about the home workers in your organisation. Are home workers properly considered as part of your risk assessment processes?

Activity 14

A lone worker manages the night shift of a busy petrol station which also sells a small range of drinks and snacks. Consider the risks that their role may present and the practical controls that should be in place to protect the worker's health and safety.

Element 2.2.4: Mechanisms, tools and methods that can help when assessing risk



Activity 15

To help with the risk assessment process in your own workplace, what guidewords other than 'lighting', 'guarding' and 'slips and trips' could be used to help identify additional hazards?