Adult ForeSight Tissue Oximetry System: The right monitor makes a difference – for all of your patients' differences

Background

Patients vary in age, size, gender, race, physical characteristics, as well as urgency of needed care. Multiple publications have noted racial disparity in both pulse oximetry (SpO₂) and near infrared spectroscopy (NIRS) tissue oximetry (StO₂ or rSO₂) technologies,¹⁻⁶ which has brought public attention to this matter. A related concern of erroneous oximetry values is they may confuse interpretation and lead to incorrect clinical intervention.^{2-4,7,8} ForeSight NIRS tissue oximetry technologies may falter.^{6,7}

Specific examples of where performance of other NIRS technologies may be challenged include:

- Darker skin pigmentation
- When cranial scalp-to-cortex depth >1.76 cm
- Required baseline values which may conflict with a realistic clinical environment

2-Wavelength NIRS and darker skin pigmentation

NIRS technology was introduced to the medical device market by Somanetics in 1996 with a 2-wavelength device for deriving rSO₂ values. This 2-wavelength approach continues in the latest INVOS platform, where any "additional wavelengths are only used for the sensor on/off detection algorithm."⁹

Sun et al. found in a study with the INVOS 2 wavelength system on 3,282 Caucasian (Cauc) and African American (AA) patients, "steady-state (preoperative) mean rSO₂ values were lower in the AA group than in the Cauc group by ~12%."⁵ (see Figure 1) Notably, this potential offset is corroborated in the INVOS operator's manual as, "poor performance" may be seen in patients with "dark skin pigment".¹⁰



Figure 1: INVOS 2-Wavelength system performance. Preoperative rSO₂ by ethnic group. The number of patients associated with each level of rSO₂ is depicted. Notice the normal distribution of the data in each ethnic group with that in African Americans being systematically lower.⁵

Stannard et al. used the ForeSight system to measure cerebral StO₂ on 4,267 patients of self-identified racial cohorts, the author stated, "These findings in a large institutional case series support the utility of rSO₂ readings as a metric for assessing cerebral perfusion during cardiac surgery across a diverse patient population."⁶ (see Figure 2) Note: rSO₂ was the term used for ForeSight sensor tissue oxygenation values in the publication.





Mean pre-bypass tissue oximetry level (ForeSight sensor)

Figure 2: "The distribution of mean pre-bypass rSO₂ level for each racial group is depicted. The "interaction variable between rSO₂ and race was not statistically significant."⁶

5 specific wavelengths

To ensure accurate readings on patients of different skin complexions, the ForeSight sensor contains specific wavelengths to detect and compensate for the melanin present in the skin. Incorporating five different wavelengths of NIRS light, analyzes the tissue at the points where oxygenated and deoxygenated hemoglobin are well distinguished.¹⁵ Utilizing the absorption curves of oxygenated and deoxygenated hemoglobin and other chromophores (such as melanin), enables ForeSight system technology to provide reliable and consistent readings regardless of skin color (see Figure 3).





Figure 3: Relationship of light absorption by three chromophores (melanin, deoxy- and oxy-hemoglobin) to light wavelengths between 650 and 900 nm. Note: the selection of five specific wavelengths and spacing between them follows the curvilinear characteristics of deoxygenated hemoglobin.

Additionally, hyperbilirubinemia (i.e., jaundice) also changes skin color, which can match melanin pigmentation.¹¹ It was found in a comparison of the 2-wavelength NIRS device to ForeSight system technology, hyperbilirubinemia "significantly reduces cerebral and somatic rSO₂ readings by INVOS 5100 C through 'competitive' absorbance of transmitted light".¹² The investigators found that the ForeSight device overcame interference from hyperbilirubinemia, for both cerebral and somatic StO₂ body sites.

Scalp-to-Cortex Distance

The Scalp-to-Cortex Distance (SCD) varies among individuals and can include multiple factors, e.g., skull thickness, cerebral spinal fluid (CSF) and brain atrophy.¹³ NIRS penetration that is too shallow in patients with deeper SCD may contaminate signals and result in erroneous readings.⁷ (see Figures 4 and 5)

INVOS sensor (2 cm penetration)



ForeSight sensor (2.5 cm penetration)



Figure 4: "There is a significant negative correlation between mean rSO₂ value and scalp–cortex distance (SCD) in group I (i.e., INVOS sensor plot). In group F (i.e., ForeSight sensor plot), measured mean rSO₂ value is not affected by SCD."⁷ Note: rSO₂ is the tissue oxygenation term used by the authors for both sensor manufacturer groups.



Figure 5: "Scalp–cortex distance (SCD) was defined as the distance between the scalp surface of the forehead at 4 cm from the superciliary arch and the frontal cerebral cortex in reference to a midsagittal plane of a T1-weighted magnetic resonance image."⁸

Studies which used a 2 cm depth of penetration technology during cardiac surgery, found apparent erroneous rSO₂ values (<40%) with SCD greater than 1.76 cm.⁷⁻⁸ These authors found the erroneous values resulted in the clinician performing excessive interventions (including significantly higher CPB pump flow and transfusion rates).⁷

Baselines required

NIRS system which can only trend and cannot provide absolute tissue oximetry readings, require a baseline reading while the patient is stable and awake.¹⁰ This is not always realistic in a fast-paced environment. The 2021 ISO standard recognized a concern with use of trendbased cerebral NIRS, "For some clinical applications, trend performance can be insufficient. For emergency care, and whenever the first cerebral tissue oxygenation reading is obtained in a diseased state, the value that is obtained needs to be trustworthy and operators need to be able to interpret this value in a context of 'normality' and of risk of brain injury or neurological damage."¹⁴ The ForeSight system technology has the option of obtaining a baseline value but is not required.

Three facets of ForeSight system performance

ForeSight system's performance results from the number and selection of NIRS wavelengths, sensor design, and algorithms.



Unique 2.5 cm penetration sensor design

Near infrared light readily penetrates scalp and skull, which is the basis for providing a signal to assess cerebral oxygenation.¹⁶ Experts consider the depth of light penetration to be approximately half the distance between the light emitter and detector.¹⁷ ForeSight sensor's deep detector is separated from the emitter by 5 cm making the depth of penetration 2.5 cm. (see Figure 6) This is 25% deeper than the other major suppliers of most major commercially available NIRS sensors. This deeper penetration mitigates contamination, which is problematic in 2 cm depth systems.^{7,8} Figure 6: ForeSight large sensor component separation allows for a penetration of ~2.5 cm



Refined algorithms

ForeSight system uses site specific algorithms, which have been refined over time to matching cerebral or somatic locations. Cerebral StO₂ is calibrated and validated to venous blood from the jugular bulb, and for Somatic StO₂ to locations within designated vena caval sampling sites.¹⁸ Most major commercially available NIRS technologies do not claim non-cerebral site specific algorithms and are solely venous referenced to jugular blood.

Enhanced performance when timing matters to urgency of care

With the ForeSight system NIRS technology, all three facets come together to bring absolute tissue oximetry values you can count on from patient to patient, regardless of the skin color¹⁸ (see Figure 7). Note: cerebral NIRS StO₂ closely and uniformly follows CO-oximetry blood SO₂ analysis throughout the range of values. Moreover, absolute StO₂ allows for initiating NIRS monitoring at any time, making baselines optional so that it is never too late to initiate ForeSight system and obtain an accurate status of tissue oxygenation.

Conclusions

2-wavelength NIRS systems may not compensate for darker skin pigmentation, and thereby can display erroneously StO₂ values. Separately or in addition, NIRS systems which only penetrate to 2 cm may be contaminated in patients with a deeper cerebral cortex, also leading to erroneous StO₂ readings. Incorrect oximetry values may confuse interpretation and lead to unnecessary clinical intervention.

ForeSight sensor uses 5-wavelengths of NIRS, allowing it to compensate for varying skin pigmentation. In addition, the ForeSight sensor penetrates 25% deeper than the other major suppliers of commercially available NIRS sensors, mitigating cranial contamination from superficial tissues. All these factors come together (5 specific wavelengths, unique sensor design, and refined algorithms) to bring you accurate and actionable tissue oximetry, where baselines are optional, and it is "never too late" to initiate.

Validation of ForeSight system cerebral NIRS



Figure 7: The distribution of paired cerebral StO₂ values to CO-oximeter blood analysis of a mixed skin pigmentation cohort of desaturated volunteers.¹⁸

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