

How to talk to your doctor

about tricuspid regurgitation – a leaky heart valve

If you've been told you have tricuspid regurgitation, this guide may help you prepare to talk with your doctor. Bring the questions below to your next appointment to better understand your condition.



Fatigue or unusually worn out

Never Occasionally Often Always



Swelling in ankles and feet

Never Occasionally Often Always



Swelling in belly

Never Occasionally Often Always



Shortness of breath when active

Never Occasionally Often Always



Trouble walking short distances

Never Occasionally Often Always



Irregular or skipped heartbeat

Never Occasionally Often Always



Pulsing sensation in the neck

Never Occasionally Often Always

Please list any additional symptoms you may be experiencing:

Many individuals with a leaky valve often experience other health or heart conditions. Please review and note any diagnoses you have received.

- | | |
|--|---|
| <input type="checkbox"/> High blood pressure in the lungs (Pulmonary Hypertension) | <input type="checkbox"/> Kidney problems (Renal Failure) |
| <input type="checkbox"/> Irregular heartbeat (Atrial Fibrillation or "AFib") | <input type="checkbox"/> Ongoing lung problems (Chronic Lung Disease) |
| <input type="checkbox"/> Heart not pumping well (Heart Failure) | <input type="checkbox"/> Problems with the aortic valve |
| | <input type="checkbox"/> Problems with the mitral valve |

Other: _____



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What activities were you able to do six months ago that you can no longer do today?

Questions to ask your doctor

You might have questions or concerns regarding your health conditions. Below are some questions you can consider asking your doctor.

Understanding the condition

- How bad is my tricuspid regurgitation?
- What's causing my valve to leak?
- How is it affecting my heart and body?

What treatments are needed?

- Can medication help?
- What are my treatment options besides medication?
- Am I a candidate for a less invasive or minimally invasive procedure?
- Can you refer me to a Heart Team?

Write any other questions you have:

What's next?

Ask your doctor if a Heart Team can help you explore next steps.



For more information about severe tricuspid regurgitation, please visit [HeartAndValves.com](https://www.heartandvalves.com)

Call our patient support center toll free at: **888-713-1564**

CAUTION: US law restricts these devices to sale by or on the order of a physician. See Instructions for Use for full prescribing information, including indications, contraindications, warnings, precautions, and adverse events.

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