



Caring for Our Community Then, Now & Always



Wellness Education

Register in advance for these seminars at ebaptisthealthcare.org/events.
Questions? Call 448.227.4938.

Treatment of Male Urinary and Sexual Health Issues

Wednesday, April 8, 11:30 a.m. lunch; noon to 1 p.m. seminar
Gilda Digman, M.D., urology, Baptist Medical Group — Urology
Bear Family Foundation Health Center, 125 Baptist Way, 2nd Floor Conference Room

Understanding Osteoporosis

Thursday, April 16, 11:30 a.m. lunch; noon to 1 p.m. seminar
Brian Steiner, M.D., primary care, Baptist Medical Group Primary Care — Live Oak
Andrews Institute Athletic Performance & Research Pavilion,
1020 Gulf Breeze Parkway, Conference Room B

Treatment of Male Urinary and Sexual Health Issues

Thursday, April 30, 11:30 a.m. lunch; noon to 1 p.m. seminar
Gilda Digman, M.D., urology, Baptist Medical Group — Urology
Baptist Medical Park — Nine Mile, 9400 University Parkway, Azalea Room

Support Groups

Prostate Cancer Support

Thursday, April 9, 5 to 6 p.m.
Register in advance by calling Cancer Support Services at 448.227.6000.

Patient and Family Cancer Support

Tuesday, April 14, 4 to 5 p.m.
Register in advance by calling Cancer Support Services at 448.227.6000.

Weight-Loss Surgery Support

Tuesday, April 14, noon to 1 p.m.
Register in advance by calling Weight-Loss Support at 448.227.6250.

Stroke Recovery

Tuesday, April 14, noon to 1 p.m. at Baptist Medical Park - Navarre
Tuesday, April 28, noon to 1 p.m. at Baptist Hospital
For more information, visit ebaptisthealthcare.org/stroke/events

Prenatal Education

To register for any of these classes, visit easyschedule.com or call 448.227.1511.
For more information, visit ebaptisthealthcare.org/birth/baptist-babies.

Baby Saver – Infant CPR

Saturday, April 11, 10 a.m. to noon
\$30 per person or two for \$50

Baptist Birth Experience

Thursday, April 16, 5:30 to 7:30 p.m.
No cost to attend

Baby Care Basics

Saturday, April 18, 9 a.m. to 12:30 p.m. \$20 per class

Breastfeeding

Tuesday, April 21, 6 to 9 p.m.
Thursday, April 23, 6 to 9 p.m.
\$25 per series

Understanding Fatherhood

Thursday, April 23, 6:30 to 8 p.m.
No cost to attend

Clases de parto y posparto en español

Estas clases en español se programan previa
solicitud. Por favor llame al 448.227.1511.
\$125



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ANDREWS INSTITUTE
ORTHOPAEDICS & SPORTS MEDICINE
An Affiliate of Baptist Health Care

April

events at Baptist Health Care

Faith Health Network: Mental Health



Thursday, April 30, 6 p.m.

**Bear Family Foundation Health Center
125 Baptist Way, 2nd Floor Conference Center**

**Register in advance
by calling 448.227.PRAY(7729).**

Breast Cancer Support

Tuesday, April 21, 4 to 5 p.m.
Register in advance by calling Cancer Support Services at
448.227.6048.

Postpartum Support Group

These sessions are individually scheduled upon request.
Please call 448.227.3840.



ebaptisthealthcare.org