

Cancer Survivors Day 2023

Survivor's Day Luncheon
Friday, June 2, noon to 2 p.m.
The Grand Marlin
RSVP only, RSVP to 850.908.2224

June is Cancer Survivorship Month!

Early detection is the key

to reaching survivor status in a cancer journey.
Talk to your provider about life-saving screenings.

ebaptisthealthcare.org/cancer



What's Cooking with Baptist?



Thursday, June 15, noon to 2 p.m.
Ever'man Cooperative Grocery & Café, 315 West Garden St.
Ever'man charges \$5 for the class, and participants receive an Ever'man coupon for \$5 off a purchase of \$25 or more.

Register at
ebaptisthealthcare.org/events.

June

events at Baptist Health Care

Baptist Health Care and the Council on Aging of West Florida

team up monthly to bring you video segments on a wide variety of important health topics.

Watch them at coawfla.org/senior-advocacy-center/coming-of-age-video.



TRANSFORMING
BAPTIST for the FUTURE



Update: Our Behavioral Health Unit

The behavioral health unit (BHU) on the new Baptist Hospital campus will be like no other in the Northwest Florida region. Reflecting our goal to create a relaxing, serene environment to optimize healing, the 72-bed unit will allow us to provide age appropriate inpatient behavioral health treatment for adults, senior patients, adolescents and children in spaces specially designed for their needs. The BHU is separate from the main hospital to ensure the highest level of privacy and safety.

Learn more by visiting
ebaptisthealthcare.org/transforming-baptist.



Wellness Education

Register in advance for these seminars at
ebaptisthealthcare.org/events. Questions? Call 850.469.7897.

Stroke Prevention

Wednesday, June 7, 11:30 a.m. lunch; noon to 1 p.m. seminar
Lydia Toenes, MSN, R.N., Stroke Coordinator, Baptist Health Care
Baptist Towers, Medical Meeting Rooms, 1717 North E St.,
Avery Street Entrance

Gastroesophageal Reflux Disease

Friday, June 9, 11:30 a.m. lunch; noon to 1 p.m. seminar
Ivan J. Elias, M.D., gastroenterologist,
Baptist Medical Group – Gastroenterology
Andrews Institute Athletic Performance & Research Pavilion,
1020 Gulf Breeze Parkway, Conference Room B

Stroke Awareness

Thursday, June 15, 11:30 a.m. lunch; noon to 1 p.m. seminar
Lydia Toenes, MSN, R.N., stroke coordinator, Baptist Health Care
Baptist Medical Park – Nine Mile, 9400 University Parkway, Azalea Room

Support Groups

Weight-Loss Surgery Support

Tuesday, June 13, noon to 1 p.m.
Register in advance by calling Weight-Loss Support at 850.437.8746.

Patient and Family Cancer Support

Tuesday, June 13, 4 to 5 p.m.
Register in advance by calling Cancer Support Services at 850.469.2224.

Stroke Recovery

Tuesday, June 13, noon to 1 p.m. at Baptist Medical Park – Navarre
Tuesday, June 27, noon to 1 p.m. at Baptist Hospital
For more information, visit ebaptisthealthcare.org/stroke/events.

Prostate Cancer Support

Thursday, June 8, 5 to 6 p.m.
Register in advance by calling Cancer Support Services at 850.469.2224.

Prenatal Education

All classes are in person, but class size will be limited, and safety measures, including hand hygiene, will be in place. To register for any of these classes, visit easyschedule.com or call 850.434.4567. For more information, visit ebaptisthealthcare.org/birth/baptist-babies.

Baby Care Basics

Saturday, June 17, 9 a.m. to 1 p.m., \$20 per class

Breastfeeding Class

Tuesday, June 20 and
Thursday, June 22, 6 to 9 p.m., \$25 per series



ebaptisthealthcare.org