# June is Cancer Survivorship Month!

### **Early detection is the key**

to reaching survivor status in a cancer journey. Talk to your provider about life-saving screenings.

### ebaptisthealthcare.org/cancer

### SURVIVOR PHYSICAL ACTIVITY EVENT: GENERAL MOBILITY AND STRETCHING

Tuesday, June 7, 11 a.m.

AREF Classroom A and B 1020 Gulf Breeze Parkway, Gulf Breeze, FL 32561 ebaptisthealthcare.org/cancer

# WELLNESS EDUCATION

Seminars are in person unless otherwise noted below. Register by visiting ebaptisthealthcare.org/events or calling 850.469.7897.

### SUMMER SEASON AND NUTRITION

Wednesday, June 15, noon to 1 p.m. Jessica Gilkey, Registered Dietitian, Baptist Health Care This seminar will be held ONLINE.

#### MELANOMA: CAUSES, SYMPTOMS AND TREATMENTS

**Thursday, June 16, noon to 1 p.m. Light lunch served at 11:30 a.m.** Sweta Jonnalagadda, M.D., Hematologist-Oncologist, Baptist Medical Group — Hematology & Oncology Baptist Medical Park — Nine Mile, 9400 University Parkway, Azalea Room

### HEART HEALTH AND THE LIPID CLINIC

**Tuesday, June 21, noon to 1 p.m. Light lunch served at 11:30 a.m.** David Miles, M.D., Cardiologist, Baptist Heart & Vascular Institute Baptist Towers Medical Meeting Rooms, 1717 North E St., Avery Street Entrance

### **UNDERSTANDING ARTHRITIS**

**Friday, June 24, noon to 1 p.m. Light lunch served at 11:30 a.m.** Geoffrey Hancy, M.D., Orthopaedic Surgeon, Andrews Institute for Orthopaedics & Sports Medicine

Andrews Institute Athletic Performance & Research Pavilion 1020 Gulf Breeze Parkway, Conference Room B

# **SUPPORT GROUPS**

### PROSTATE CANCER SUPPORT

**Thursday, June 9, 5 to 6 p.m.** Register in advance by calling Cancer Support Services at 850.469.2224.



### TRANSFORMING BAPTIST for the FUTURE

Our new campus is growing every day! Visit ebaptisthealthcare.org to learn more about this transformational project.



### Our new behavioral health unit will provide a calm, soothing setting for care with:

- 72 beds for adult patients, geriatric patients, adolescents and children
- Day rooms and meeting spaces for group and one-on-one gatherings
- Sensory room that helps people develop, engage and regulate their senses
- Outdoor spaces including a main garden courtyard, small gardens and a play area

# JUNE

#### STROKE RECOVERY SUPPORT

**Tuesday, June 14, noon to 1 p.m.** Register in advance at ebaptisthealthcare.org/stroke/events.

### WEIGHT-LOSS SURGERY SUPPORT

**Tuesday, June 14, noon to 1 p.m.** Register in advance by calling Weight-Loss Support at 850.437.8746.

### PATIENT AND FAMILY CANCER SUPPORT

Tuesday, June 14, 4 to 5 p.m.

Register in advance by calling Cancer Support Services at 850.469.2224.

# **PRENATAL EDUCATION**



Tuesday, June 28 and Thursday, June 30, 6 to 9 p.m. \$20 per series



### UNDERSTANDING POVERTY Guest Speaker – Joy Sharp

Thursday, June 16, 6 p.m.

Call to RSVP for the meeting location.

Register in advance at ebaptisthealthcare.org/faithhealthnetwork. For questions, call 850.469.PRAY (7729).

## WHAT'S COOKING WITH BAPTIST

#### Thursday, June 16, noon



#### Ever'man Cooperative Grocery & Cafe 315 West Garden St.

Ever'man charges \$5 for the class, and participants receive an Ever'man coupon for \$5 off purchases of \$25 or more.

BAPTIST HEALTH CARE

Register at ebaptisthealthcare.org/stroke/events.

### eBAPTISTHEALTHCARE.ORG