June is Cancer Survivorship Month!

Early detection is the key

to reaching survivor status in a cancer journey. Talk to your provider about life-saving screenings.

ebaptisthealthcare.org/cancer

SURVIVOR PHYSICAL ACTIVITY EVENT: GENERAL MOBILITY AND STRETCHING

Tuesday, June 7, 11 a.m.

AREF Classroom A and B 1020 Gulf Breeze Parkway, Gulf Breeze, FL 32561 ebaptisthealthcare.org/cancer

WELLNESS EDUCATION

Seminars are in person unless otherwise noted below. Register by visiting ebaptisthealthcare.org/events or calling 850.469.7897.

SUMMER SEASON AND NUTRITION

Wednesday, June 15, noon to 1 p.m. Jessica Gilkey, Registered Dietitian, Baptist Health Care This seminar will be held ONLINE.

MELANOMA: CAUSES, SYMPTOMS AND TREATMENTS

Thursday, June 16, noon to 1 p.m. Light lunch served at 11:30 a.m. Sweta Jonnalagadda, M.D., Hematologist-Oncologist, Baptist Medical Group — Hematology & Oncology Baptist Medical Park — Nine Mile, 9400 University Parkway, Azalea Room

HEART HEALTH AND THE LIPID CLINIC

Tuesday, June 21, noon to 1 p.m. Light lunch served at 11:30 a.m. David Miles, M.D., Cardiologist, Baptist Heart & Vascular Institute Baptist Towers Medical Meeting Rooms, 1717 North E St., Avery Street Entrance

UNDERSTANDING ARTHRITIS

Friday, June 24, noon to 1 p.m. Light lunch served at 11:30 a.m. Geoffrey Hancy, M.D., Orthopaedic Surgeon, Andrews Institute for Orthopaedics & Sports Medicine

Andrews Institute Athletic Performance & Research Pavilion 1020 Gulf Breeze Parkway, Conference Room B

SUPPORT GROUPS

PROSTATE CANCER SUPPORT

Thursday, June 9, 5 to 6 p.m. Register in advance by calling Cancer Support Services at 850.469.2224.



TRANSFORMING BAPTIST for the FUTURE

Our new campus is growing every day! Visit ebaptisthealthcare.org to learn more about this transformational project.



Our new behavioral health unit will provide a calm, soothing setting for care with:

- 72 beds for adult patients, geriatric patients, adolescents and children
- Day rooms and meeting spaces for group and one-on-one gatherings
- Sensory room that helps people develop, engage and regulate their senses
- Outdoor spaces including a main garden courtyard, small gardens and a play area

JUNE

STROKE RECOVERY SUPPORT

Tuesday, June 14, noon to 1 p.m. Register in advance at ebaptisthealthcare.org/stroke/events.

WEIGHT-LOSS SURGERY SUPPORT

Tuesday, June 14, noon to 1 p.m. Register in advance by calling Weight-Loss Support at 850.437.8746.

PATIENT AND FAMILY CANCER SUPPORT

Tuesday, June 14, 4 to 5 p.m.

Register in advance by calling Cancer Support Services at 850.469.2224.

PRENATAL EDUCATION



Tuesday, June 28 and Thursday, June 30, 6 to 9 p.m. \$20 per series



UNDERSTANDING POVERTY Guest Speaker – Joy Sharp

Thursday, June 16, 6 p.m.

Call to RSVP for the meeting location.

Register in advance at ebaptisthealthcare.org/faithhealthnetwork. For questions, call 850.469.PRAY (7729).

WHAT'S COOKING WITH BAPTIST

Thursday, June 16, noon



Ever'man Cooperative Grocery & Cafe 315 West Garden St.

Ever'man charges \$5 for the class, and participants receive an Ever'man coupon for \$5 off purchases of \$25 or more.

BAPTIST HEALTH CARE

Register at ebaptisthealthcare.org/stroke/events.

eBAPTISTHEALTHCARE.ORG