



September is Prostate Cancer Awareness Month!

Prostate cancer is the most frequently diagnosed cancer in men. Men aged 65 and older are most at risk.

Most prostate cancers are found early through screening, so talk to your provider today about a prostate cancer screening.

September

events at Baptist Health Care

Wellness Education

There will not be any wellness education classes this month. Classes will resume in October.

Support Groups

Weight-Loss Surgery Support

Tuesday, Sept. 12, noon to 1 p.m.

Register in advance by calling Weight-Loss Support at 850.437.8746.

Patient and Family Cancer Support

Tuesday, Sept. 12, 4 to 5 p.m.

Register in advance by calling Cancer Support Services at 850.469.2224.

Stroke Recovery

Tuesday, Sept. 12, noon to 1 p.m. at Baptist Medical Park – Navarre
The Baptist Hospital group will not meet this month and will resume in October.

For more information, visit ebaptisthealthcare.org/stroke/events.

Prostate Cancer Support

Thursday, Sept. 14, 5 to 6 p.m.

Register in advance by calling Cancer Support Services at 850.469.2224.

Prenatal Education

To register for any of these classes, visit EasySchedule.com or call 850.434.4567. All classes are in person, but class size will be limited, and safety measures including hand hygiene will be in place.

Sibling Class

Wednesday, Sept. 13, 4 to 5:30 p.m., \$10 per child

Prepared Childbirth

Tuesday-Friday, Sept. 5-8, 6 to 9 p.m., \$90 per series

Amenities at Our New Campus

Comfort and convenience for patients, their families and our team members have been important priorities from the first time we sat down to discuss the design of the new Baptist Hospital campus that opens this month. Let's take a look at a few of the amenities that will create a pleasant, healing environment for all who visit our campus. All across the expansive grounds, sidewalks meander among generations-old heritage oak trees and beautiful landscaping featuring native plants. Seating areas provide tranquil spaces to relax and enjoy a stress-reducing outdoor respite. The healing benefits of natural sunlight are brought indoors with floor-to-ceiling windows throughout the building. Artwork created by team members and local artists highlights the interior to offer visual solace as well.

Fitwel Designation: Baptist Health Care has achieved Fitwel certification for the design of its Bear Family Foundation Health Center located at the new Baptist Hospital campus on Brent Lane. Fitwel is among the top real estate certification systems and committed to building health for all. The Bear Health Center earned the Fitwel certification for its evidence-based health and wellness design and operational strategies. The facility design supports the physical, mental and social health and well-being of team members and the community.



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