

Back to School Healthy and Ready Baptist Primary Care

Then, Now & Always



Wellness Education

Register in advance for these seminars at ebaptisthealthcare.org/events. Questions? Call 448.227.4938.

Women's Heart Health

Wednesday, Aug. 12, 11:30 a.m. lunch; noon to 1 p.m. seminar

Angel Morrobel, M.D., FACC, cardiology, Baptist Heart & Vascular Institute
Bear Family Foundation Health Center, 125 Baptist Way,
2nd Floor Conference Room

Stroke Awareness

Thursday, Aug. 27, 11:30 a.m. lunch; noon to 1 p.m. seminar

Jena Schutz, MSN, R.N., Stroke Program Coordinator
Baptist Medical Park – Nine Mile, 9400 University Parkway, Azalea Room

The Hype About Hypertension and How It Affects Heart Failure

Friday, Aug. 28, 11:30 a.m. lunch; noon to 1 p.m. seminar

Tina Lacsamana, APRN-C, Baptist Heart & Vascular Institute
Andrews Institute Athletic Performance & Research Pavilion,
1020 Gulf Breeze Parkway, Conference Room B

August

events at Baptist Health Care

Faith Health Network: Understanding Substance Abuse

Denise Manasds, CDAC, Behavioral Health
Michelle Schilling, Florida Dept. of Health,
Escambia County

Thursday, Aug. 20, 6 p.m.

Bear Family Foundation Health Center
125 Baptist Way, 2nd Floor Conference Center

Register in advance by calling 448.227.PRAY(7729).

Support Groups

Weight-Loss Surgery Support

Tuesday, Aug. 11, noon to 1 p.m.

Register in advance by calling Weight-Loss Support at 448.227.6250.

Patient and Family Cancer Support

Tuesday, Aug. 11, 4 to 5 p.m.

Register in advance by calling Cancer Support Services at 448.227.6000.

Breast Cancer Support

Tuesday, Aug. 11, 4 to 5 p.m.

Register in advance by calling Cancer Support Services at 448.227.6048.

Stroke Recovery

Tuesday, Aug 11, noon to 1 p.m. at Baptist Medical Park – Navarre

Tuesday, Aug. 25, noon to 1 p.m. at Baptist Hospital

For more information, visit ebaptisthealthcare.org/stroke/events.

Prostate Cancer Support

Thursday, Aug. 13, 5 to 6 p.m.

Register in advance by calling Cancer Support Services
at 448.227.6000.

Postpartum Support Group

These sessions are individually scheduled upon request.
Please call 448.227.3840.

Prenatal Education

To register for any of these classes, visit easyschedule.com or call 448.227.1511.

For more information, visit ebaptisthealthcare.org/birth/baptist-babies.

Baby Care Basics

Saturday, Aug. 1, 9 a.m. to 12:30 p.m.

\$20 per class

Baptist Birth Experience

Thursday, Aug. 6, 5:30 to 7:30 p.m.

No cost to attend

Baby Saver – Infant CPR

Saturday, Aug. 15, 10 a.m. to noon

\$30 per person or two for \$50

Understanding Fatherhood

Thursday, Aug. 27, 6:30 to 8 p.m.

No cost to attend

Clases de parto y posparto en español

Estas clases en español se
programan previa solicitud. Por
favor llame al 448.227.1511.

\$125



ebaptisthealthcare.org