

Law enforcement agencies around the nation, including LASD, have developed training on ways to deal with individuals with mental illness. Tips from that training include:

Have Time, Go Online-Visit
www.HealthyCity.org

Hours: Online, anytime
Referrals specific to your zip code

LASDCares

**Need Help
with Mental
Illness?**

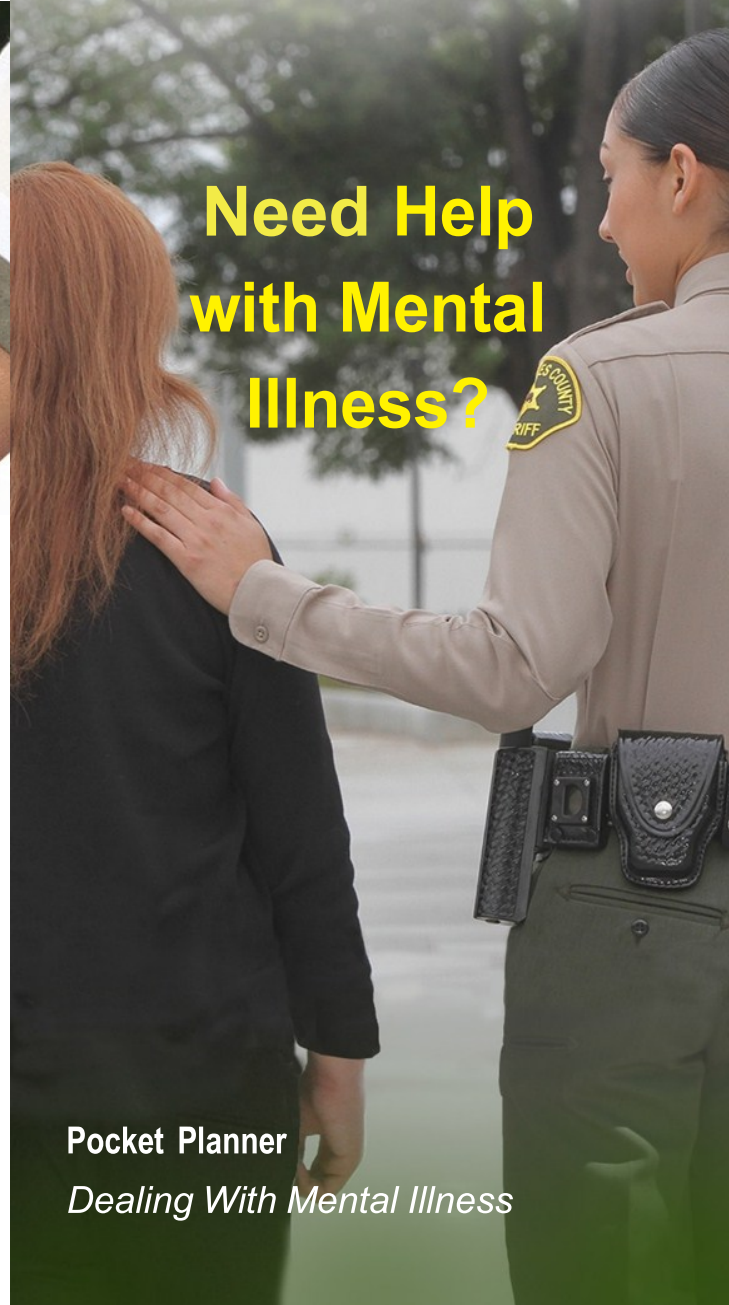
- *Speak calmly and quietly.*
- *Keep a reasonable distance. Remember your personal safety.*
- *Do not take the individual's strong language personally.*
- *Respond to rage with quiet reassurance. Slow down the pace.*
- *Be willing to repeat yourself.*
- *Listen carefully and do not interrupt. Be respectful.*
- *Do not challenge the individual. Make no sudden moves.*
- *Do not try to hurry the resolution.*
- *Be patient and take your time.*



Los Angeles County
Sheriff's Department

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Los Angeles, CA 90012

www.lasd.org



Pocket Planner
Dealing With Mental Illness