

**HAVE YOU BEEN A VICTIM OF HATE?
DO YOU BELIEVE YOU HAVE BEEN TARGETED FOR DISCRIMINATION
DUE TO SOMEONE'S BIAS?
HAVE YOU OR A FAMILY MEMBER EXPERIENCED BULLYING?**

DIAL 2-1-1

**Choose a preferred language—211-LA offers help in over 150 languages,
and has case coordinators to follow up with you in getting help you need.**

For immediate help, dial 911.

