



LOS ANGELES COUNTY
COMMISSION ON HIV



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Aging Caucus Virtual Meeting

Be a part of the HIV movement

**Tuesday, January 3, 2023
1:00PM-2:45PM (PST)**

Agenda and meeting materials will be posted on
<http://hiv.lacounty.gov/Meetings>

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The Aging Caucus is committed to addressing aging across the lifespan. We welcome your ideas and feedback. If you are unable to attend the meeting, you may still share your thoughts by emailing them to hivcomm@lachiv.org.

For information on HIV and aging, visit <https://www.hiv.gov/hiv-basics/living-well-with-hiv/taking-care-of-yourself/aging-with-hiv>

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**AGING CAUCUS
VIRTUAL MEETING AGENDA
TUESDAY, JANUARY 3, 2023
1:00 PM – 2:45 PM
TO JOIN BY WEBEX, CLICK:**

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|------------------------------------------------------------------------------------------------------------------------------|---------------|
| 1. Welcome & Introductions | 1:00pm-1:10pm |
| 2. Co-Chairs' Report | 1:10pm-1:30pm |
| a. 2023 Proposed Workplan Review | |
| b. 2023 Meeting Schedule | |
| c. Volunteers for DHSP Aging Workgroups Updates | |
| 3. PRESENTATION AND DISCUSSION: Los Angeles Alliance for Community Health and Aging (LAACHA), Viviana Criado Program Manager | 1:30pm-2:10pm |
| a. LAACHA Overview | |
| b. New Directions Survey | |
| c. Action Plan | |
| d. Opportunities for Partnership and Action | |
| 4. Division of HIV and STD Programs (DHSP) Report | 2:10pm-2:20pm |
| 5. Executive Director/Staff Report | 2:20pm-2:25pm |
| 6. Next Steps and Agenda Development for Next Meeting | 2:25pm-2:30pm |
| 7. Public Comments & Announcements | 2:30pm-2:40pm |
| 8. Adjournment | 2:45pm |



AGING CAUCUS
November 1, 2022
Virtual Meeting Summary

In attendance:

Alasdair Burton	Kevin Donnelly	Michael Green (DHSP)
Lee Kochems	Michael McFadden	Katja Neslon
Pamela Ogata (DHSP)	Brian Risley	Vickie Xu
Cheryl Barrit (COH Staff)	Catherine Lapointe (COH Staff)	Lizette Martinez (COH Staff)
Jose Rangel-Garibay (COH Staff)	Sonja Wright (COH Staff)	

CHP: Comprehensive HIV Plan

COH: Commission on HIV

DHSP: Division of HIV and STD Programs

DPH: Department of Public Health

Meeting packet is available at https://assets-us-01.kc-usercontent.com/0234f496-d2b7-00b6-17a4-b43e949b70a2/64419bb7-cbcc-43f6-9478-1c945a216694/Pkt-AgingCauc_11.1.22-Final.pdf

1. Welcome & Introductions

Cheryl Barrit, Executive Director, called the meeting to order, welcomed attendees, and led introductions. Aging Caucus Co-Chairs, Joseph Green and Alvaro Ballesteros were not in attendance and Commissioner Kevin Donnelly agreed to run the meeting.

2. Co-Chairs' Report

a. Caucus Co-Chair Nominations

- Kevin Donnelly announced that co-chair nominations for Aging Caucus are now open. He nominated current co-chairs Al Ballesteros and Joe Green to continue their positions for 2023. Both co-chairs were not present at the meeting, but will be notified of their nomination by COH staff.
- C. Barrit reminded the group that the nomination period is open until the December Aging Caucus meeting at which time the Caucus will conduct elections.

b. Recommendations to the Planning, Priorities and Allocations Committee

- C. Barrit informed the Caucus that the Planning, Priorities and Allocations (PP&A) Committee is looking for ways to maximize funds from the Ryan White Program (RWP) Part A. A. Ballesteros instructed C. Barrit to develop a memo that the

Caucus should consider sending to the PP&A Committee for recommendations on how to maximize Part A grant funds with an eye towards addressing the needs of the aging HIV population.

- C. Barrit provided an overview of the draft memo titled, “Augmentation of Existing Ryan White Services to Meet the Needs of Older Adults with HIV.” See meeting packet for details. The two primary recommendations from the Aging Caucus are to augment existing contracts to fund nutritional visits for older adults with HIV under the ambulatory/outpatient and Medical Care Coordination (MCC) programs and a gerontologist to review medical records and assess needs for mental health, polypharmacy, social support, mobility, cognitive functioning, and other markers of overall health and quality of life. She asked Caucus members to come up with additional recommendations.
- Brian Risley commented that MCC teams can assist gerontologists with assessments, even if they are not gerontologists. Assessments can be done by non-gerontologists with proper training and guidance.
- Alasdair Burton inquired if any consideration has been given for remedial physical therapy/exercise for older adults with limited mobility. B. Risley responded that the HIV-Elders (HIVE) Program incorporates core body strength, hikes, and speed walking to reduce frailty in older adults.

3. PRESENTATION: HIV-Elders (HIVE) Program and Evaluation Updates

Brian Risley, Program Manager, APLA Health

- B. Risley, HIVE Program Manager, APLA Health, provided a presentation on the program. See meeting packet for full slides. Key points were as follows:
 - The program began in 2018 in response to the findings from APLA’s Healthy Living Project that sought to formally identify the needs of various sub-populations of aging people living with HIV (PLWH) in Los Angeles County (LAC).
 - The community-based research revealed that older adults living with HIV in LAC are primarily concerned about housing stability, financial insecurity, and their mental health as they struggle to cope with high levels of depression, anxiety, and loneliness.
 - The purpose of HIVE is to improve health outcomes of HIV-positive men who have sex with men (MSM) who are 50 years of age and older in LAC.
 - The median age of program participants is 59 years old. Latinx MSM comprised the highest percentage (30%) of program participants.
 - HIVE provides monthly life skills workshops facilitated by subject-matter experts.
 - HIVE provides weekly shared interest groups (SIG) to reduce social isolation in older adults. The SIG sessions are provided in English and Spanish.
 - The program provides mindfulness-based stress reduction (MBSR) to increase awareness and acceptance of moment-to-moment experiences.

- HIVE holds weekly emotional support groups.
- Questions and comments from the group were as follows:
 - Pamela Ogata, DHSP, asked if there is a difference in service needs between participants between the ages 50-64 and those who are age 65 and older. B. Risley responded that there are differences in health needs. HIVE provides more referrals for senior services for participants aged 65 and older. He also noted that polypharmacy (the simultaneous use of multiple drugs to treat a single ailment or condition) is a prominent issue in the 65 and older group.
 - P. Ogata inquired about what is lacking from the Medicare program. B. Risley noted that most participants receive Medicare, and for the most part, they are getting their needs met.
 - K. Donnelly asked why some participants reported poor reviews of the HIVE program. B. Risley responded that one individual was dissatisfied with the program. This individual is no longer involved in HIVE.

4. DISCUSSION: Review, finalize, and approve the addendum to recommendations to include activities and strategies to address the needs of long-term survivors and individuals who acquired HIV perinatally

- K. Donnelly provided an overview of the Addendum to Aging Caucus Recommendations for Addressing the Needs of Individuals who Acquired HIV Perinatally and Long-term Survivors under 50. See meeting packet for details. C. Barrit had sent the Addendum to subject-matter experts for feedback; however, she did not receive a response.
- K. Donnelly suggested adding a statement that the recommendations can be applied to PLWH aged 50 and older. B. Risley concurred.
- The group decided to hold off on moving forward with the document because the Caucus co-chairs were not present at the meeting. The Caucus will discuss this topic again at their December meeting.

5. Division of HIV and STD Programs (DHSP) Report – *No report provided*

6. Executive Director/Staff Report

a. Annual Meeting Reminder (Nov. 10)

- C. Barrit reminded the group to register for the 2022 COH Annual Meeting on Thursday, November 10, 2022. See meeting packet for registration details.
- The full meeting agenda will be sent out by Thursday, November 3, 2022.
- Spanish interpretation will be available through the AblioAudience application. C. Barrit encouraged attendees to invite Spanish speakers who may be interested in attending the meeting.

b. Comprehensive HIV Plan (CHP) 2022-2026 Updates

- C. Barrit announced that the public comment period for the second draft of the CHP will be open from November 1-21, 2022.
- AJ King, CHP Consultant, will provide an update and highlight key components of the CHP at the Annual Meeting.

7. Next Steps and Agenda Development for Next Meeting

- C. Barrit will send out the original set of recommendations from the Aging Caucus, matrix, and addendum for another round of review.
- C. Barrit will inform J. Green and A. Ballesteros that they were nominated for the 2023 co-chair positions.
- At their December meeting, the Aging Caucus will continue their discussion on the Addendum.
- B. Risley suggested reaching out to Laura Trejo, Executive Director, Aging and Community Services for the LAC Department of Workforce Development, Aging, and Community Services (WDACS) to present at a future Aging Caucus meeting.

8. Public Comments & Announcements

- K. Donnelly announced that the Women’s Treatment Summit will be held on November 30, 2022, from 8:30 AM to 2:00 PM at the California Endowment Center.
- B. Risley announced that APLA will have its quarterly statewide webinar on November 16, 2022, from 12:00 to 2:00 PM. The webinar will be on HIV, Aging, and Mental Health. B. Risley will share the flyer with COH staff.
- Michael McFadden announced that on Wednesday, November 9th from 1:00 – 3:30 PM, the LA LGBT Center will be hosting an educational panel for older adults living with HIV in partnership with APLA, Bienestar, and the Latino Commission on AIDS. The panel will be completely in Spanish. Lunch will be provided.
- M. McFadden announced that on World AIDS Day (December 1st), the LA LGBT Center will be hosting an event in collaboration with an organization called Visual AIDS to present “A Day Without ART” – a collection of short films followed by a panel discussion.

9. Adjournment

The meeting was adjourned by K. Donnelly.



**LOS ANGELES COUNTY COMMISSION ON HIV
AGING CAUCUS 2023 PROPOSED/DRAFT WORKPLAN (REVISION DATES:)**

Created 12.12.22; 12.19.22

Task Force Adoption Date: Co-Chairs: Kevin Donnelly & Paul Nash				
#	TASK/ACTIVITY	DESCRIPTION	TARGET COMPLETION DATE	STATUS/NOTES/OTHER COMMITTEES INVOLVED
1	Review and refine 2022 workplan, as needed		Ongoing	
2	Ensure service standards are reflective of and address the needs of PLWH 50+	Provide feedback on service standards		<ul style="list-style-type: none"> Develop Transitional Case Management for older PLWH transitioning out of Ryan White into Medicare (completion date to be determined by SBP) Update Universal Standards of Care for training requirements and documentation addressing mental health and HIV and aging in general.
3	Use Aging Caucus recommendations and care framework to inform Ryan White allocations	Infuse aging lens in the multi-year service ranking and funding allocations exercise conducted by PP&A	Ongoing	
4	Continue to work with DHSP to implement recommendations and HIV care framework for PLWH 50+		Ongoing	Maintain ongoing communication with Dr. Green and W. Garland to assess what is realistic for DHSP to implement.
5	Participate in internal DHSP HIV and Aging workgroups and monitor progress in implementing identified 4 priorities.	<ol style="list-style-type: none"> Examine housing inventory to ensure that it provides safe and welcoming environments for seniors Add gerontology training to Ambulatory Outpatient Medical, Oral Health, Medical Care Coordination and Mental Health services providers to improve awareness and understanding of age-related inequities in care and treatment 	Ongoing	



**LOS ANGELES COUNTY COMMISSION ON HIV
AGING CAUCUS 2023 PROPOSED/DRAFT WORKPLAN (REVISION DATES:)**

Created 12.12.22; 12.19.22

		3. Acknowledge and support nontraditional family relationships that nurture well-being and social connection 4. Seek out mental health specialists who can treat both HIV and age-related conditions		
6	Monitor, learn and understand HIV and aging-specific evidence-based research activities to improve HIV/STD prevention and care programs for PLWH 50+ and long-term survivors (LTS).		Ongoing	

Excerpts from the Comprehensive HIV Plan 2022-2026 where the Aging Caucus and/or PLWH 50+ were mentioned:

Pillar II: Treat

Goal: Treat people with HIV rapidly and effectively to reach sustained viral suppression

2C.5: Develop transitional case management service standards that help PLWH transition from RWP into Medi-Cal, Medicare and CalAIM, and develop case management service standards that can monitor if care and support services are meeting the needs of PLWH post-transition.
COH- Aging

Strategy 2H: Expand capacity to provide whole-person care to PLWH who are age 50 and older and long-term survivors ⁴				
	Activity	Responsible Party	Performance Measure	Timeframe
	2H.1: Identify, implement, and evaluate models of care that meet the needs of people with HIV who are aging and ensure quality of care across services ⁴	DHSP; COH Aging Caucus	Written findings	By 2023
	2H.2: Identify and implement best practices related to addressing psychosocial and behavioral health needs of older PLWH and long-term survivors including substance use treatment, mental health treatment, and programs to decrease social isolation ⁴	DHSP; research partners; providers	Identification of best practices and efforts to implement	2022-2026
	2H.3: Review/update diagnostic screenings to include age-related conditions (i.e. screen for loneliness, ACEs, depression, anxiety, experiences of discrimination), using Commission on HIV’s Aging Task Force recommendations as a guide	Providers; Clinics; COH Aging Caucus	Screening tools developed and utilized	By 2024



**LOS ANGELES COUNTY COMMISSION ON HIV
AGING CAUCUS 2023 PROPOSED/DRAFT WORKPLAN (REVISION DATES:)**

Created 12.12.22; 12.19.22

2H.4: Screen patients for comprehensive benefits analysis and financial screening; and assess access to caregiving support	Providers; Clinics; COH Aging Caucus	Screening tools developed and utilized	By 2024
2H.5: Review Home-Based Case Management service standards for alignment with OT and PT assessments	COH – SBP Committee	Documented review	By 2023

⁴ Adapted from the NHAS, 2022-2025



**LOS ANGELES COUNTY COMMISSION ON HIV
AGING TASK FORCE 2022 WORKPLAN (REVISIONS 12.15.21; 1.10.22; 2.1.22; 3.28.22)
Year-end Updates -12.12.22**

Task Force Name: Aging Task Force		Co-Chairs: Al Ballesteros and Joe Green		
Task Force Adoption Date: 2/1/22				
#	TASK/ACTIVITY	DESCRIPTION	TARGET COMPLETION DATE	STATUS/NOTES/OTHER COMMITTEES INVOLVED
1	Review and refine 2022 workplan		Ongoing	Initial draft presented to ATF 1/4/22.
2	Develop the Comprehensive HIV Plan 2022-2026	<ul style="list-style-type: none"> All Committee and subgroup will contribute to shaping the CHP Commission, committees and subgroup activities should aim to align with the CHP and support the EHE goals Comprehensive HIV Plan 2022-2026 – integrating elements of ATF recommendations and care framework 	October 2022	Per ATF request, staff sent recommendations, HIV and aging care framework, and HealthHIV planning council effectiveness assessment report to CHP consultant to begin review and analysis of integrating key elements into the CHP. Address prevention in older adults in CHP.
3	Present accomplishments, recommendations and structure of the ATF to Executive Committee	Executive Committee (January 2021) approved 1-year extension of the ATF until March 2022. The ATF discussed continuing the work as Caucus.	2/24/22	ATF discussed (Dec 2021) meeting to transition into a caucus. Presented accomplishments and recommendations to become a Caucus at 2/24/22 Executive Committee (EC) meeting. ATF wants to have joint meeting with EC to clarify focus of Caucus to 50+.
4	Ensure service standards are reflective of and address the needs of PLWH 50+	Provide feedback on service standards SBP will update for 2022 and future years	-Benefits specialty services (BSS) early 2022 – ATF reviewed on 3/1/22 -Home-based case management	SBP 2022 standards workplan and target completion dates are: benefits specialty services (BSS) (early 2022) Home-based case management (HBCM) TBD – SBP prioritized HBCM for 2022 based on recommendations from ATF and DHSP. 84% of HBCM clients are ages 50+ targeted review of the oral health service standards and developing guidance for



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AGING TASK FORCE 2022 WORKPLAN (REVISIONS 12.15.21; 1.10.22; 2.1.22; 3.28.22)
Year-end Updates -12.12.22**

			(HBCM) late 2022 -Oral health dental implants June 2022 TCM	specialty dental providers related to dental implants (June 2022) Transitional case management — jails, youth, older PLWH transitioning out of Ryan White into Medicare (completion date to be determined by SBP)
5	Use ATF recommendations and care framework to inform Ryan White allocations	Infuse aging lens in the multi-year service ranking and funding allocations exercise conducted by PP&A	Ongoing @ PP&A meetings (3 rd Tues of each month)	J. Green and A. Ballesteros, ATF Co-Chairs are on PP&A Committee and may help shepherd the allocations debate to include PLWH 50+. ATF members attend PP&A meetings to lend additional voices in support of the 50+ PLWH community.
6	Complete best practices project in collaboration with SBP	SBP is working with all Caucuses and workgroups/task forces to develop a compilation of best practices resources for special populations.	Started	
7	Continue to work with DHSP to implement recommendations		Ongoing	Maintaining ongoing communication with Dr. Green and W. Garland to assess what is realistic for DHSP to implement.
8	Continue to work with DHSP to implement HIV care framework for PLWH 50+		Ongoing	Per Dr. Green, DHSP to provide feedback on the framework and what is realistic for DHSP to implement at the 2/1/22 ATF meeting.
9	Review HEDIS measures used by LA CARE Health Plan Caring for older adults			Carried over from 2021 workplan. Al Ballesteros to contact LA CARE. Per A. Ballesteros, keep activity in the workplan to revisit/review at a later date.
10	Review, track and revisit Master Plan on Aging		Ongoing	Carried over from 2021 workplan.
11	Determine key priorities for implementation and possible integration into COH Committee work.		STARTED DISCUSSION COMPLETED 1/4/22. 2022	Carried over from 2021 workplan. Co-Chair, Al Ballesteros, asked COH staff to determine what is feasible to implement from



**LOS ANGELES COUNTY COMMISSION ON HIV
AGING TASK FORCE 2022 WORKPLAN (REVISIONS 12.15.21; 1.10.22; 2.1.22; 3.28.22)
Year-end Updates -12.12.22**

			Workplan revised to include standards review and SBP collaboration.	list of recommendations at COH meeting on 5/13/21. Standards and Best Practices Committee – integrating ATF recommendations and care framework in “Best Practices” document for special populations Planning, Priorities and Allocations Committee – using recommendations and care framework to inform multi-year priority setting decisions and program directives Comprehensive HIV Plan 2022-2026 – integrating elements of ATF recommendations and care framework Public Policy Committee – supporting policy initiatives and legislative bills that address HIV and aging
12	Encourage the Division of HIV and STD Programs (DHSP) to collaborate with universities, municipalities, and other agencies that may have existing studies on PLWH over 50 to establish a better understanding of the following issue: Understand disparities in health outcomes within the 50+ population by key demographic data points such as race/ethnicity, gender, geographic area, sexual orientation, and socioeconomic status.	Collaborate with DHSP to provide data on HIV continuum and quality of life indicators by race/ethnicity, gender, geographic area, sexual orientation, and socioeconomic status. Addressing disparities within the 50+ population is in line with the DHSP EHE Plan Overarching Strategy: Ensure that Los Angeles County Ending the HIV Epidemic pillars of interventions address and eliminate health inequities, address and dismantle racial inequities that are at the root of HIV and related syndemics, focus on the communities most impacted by HIV, and adopts a client-centered, people first approach.	Ongoing STARTED & ONGOING	Carried over from 2021 workplan. Activity and description taken from the recommendations tracker and as discussed from 6/1/21 meeting. W. Garland presented MCC Performance At-a-Glance, 2013-2017 Patients 50 and Over at ATF meeting October 2021. Dr. Green reported at 1/4/22 meeting that DHSP is reviewing data to determine disparities within the 50+ PLWH population. Analysis will take time and report findings to ATF accordingly.



**LOS ANGELES COUNTY COMMISSION ON HIV
AGING TASK FORCE 2022 WORKPLAN (REVISIONS 12.15.21; 1.10.22; 2.1.22; 3.28.22)
Year-end Updates -12.12.22**

13	<p>Encourage the Division of HIV and STD Programs (DHSP) to collaborate with universities, municipalities, and other agencies that may have existing studies on PLWH over 50 to establish a better understanding of the following issue: Conduct analysis of best practices on serving older adults in non-HIV settings and adapt key strategies for a comprehensive and integrated model of care for the population. Examples of best practices to explore are National Association of Area Offices on Aging (https://www.n4a.org/bestpractices) and Substance Abuse and Mental Health Services Administration and Health Resources and Services Administration, Growing Older: Providing Integrated Care for an Aging Population. HHS Publication No. (SMA) 16-4982. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2016.</p>	<p>The Standards and Best Practices (SBP) Committee developed special guidelines for special populations (youth, women, and transgender) in 2007. The ATF may want to approach the SBP Committee to develop best practices/guidelines for 50+ PLWH. It is suggested that the ATF Co-Chair and ATF members bring up ideas and report back to the Executive Committee at their monthly meetings.</p>	<p>STARTED Activity is being integrated in priority #6</p>	<p>Carried over from 2021 workplan. Activity and description taken from the recommendations tracker and as discussed from 6/1/21 meeting. Standards and Best Practices Committee – integrating ATF recommendations and care framework in “Best Practices” document for special populations</p>
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HIV and Aging Champions – ATF members and committee assignments	
ATF MEMBER	COMMITTEE ASSIGNMENT
Joseph Green (ATF Co-Chair)	Planning, Priorities and Allocations
Al Ballesteros (ATF Co-Chair)	Planning, Priorities and Allocations
Kevin Donnelly	Planning, Priorities and Allocations
Katja Nelson	Public Policy, Standards and Best Practices, and Executive Committee
Lee Kochems	Public Policy, Standards and Best Practices, and Executive Committee
Alasdair Burton	Public Policy
Paul Nash	Standards and Best Practices



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AGING CAUCUS 2023 MEETING SCHEDULE
PROPOSED/DRAFT FOR REVIEW (created 12.12.22)
Quarterly or every other month?

January 3, 2023
1pm to 3pm
Virtual

March 7, 2023
1pm to 3pm
Virtual

June 6, 2023?
1pm to 3pm
Virtual or In-person?

September 5, 2023?
1pm to 3pm
Virtual or In-person?



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AGING CAUCUS VOLUNTEERS

Division of HIV and STD Programs (DHSP) Workgroups - Alignment of Los Angeles County's Ryan White Program with the California Master Plan on Aging

#	Activity Description	Commission/Aging Caucus Volunteers
1	Examine housing inventory to ensure that it provides safe and welcoming environments for seniors	Arlene Frames frames.arlene1@yahoo.com
2	Add gerontology training to Ambulatory Outpatient Medical, Oral Health, Medical Care Coordination and Mental Health services providers to improve awareness and understanding of age-related inequities in care and treatment	Paul Nash pnash@usc.edu
3	Acknowledge and support nontraditional family relationships that nurture well-being and social connection	Alasdair Burton alasdairburton@gmail.com
4	Seek out mental health specialists who can treat both HIV and age-related conditions	Kevin Donnelly kevinjdonnelly.lacchoh@gmail.com Joseph Green joseph.green.ca@gmail.com

**LOS ANGELES
ALLIANCE FOR
COMMUNITY
HEALTH & AGING**



**Los Angeles County Commission on HIV
Aging Caucus**

LAACHA Update

Tuesday, January 3, 2023

LAACHA - WHO WE ARE



We are a strategic alliance that brings together community leaders and organizations representing health care, older adults, persons with disabilities, academia, and public agencies - **to explore and identify opportunities to align, leverage resources, and expand the reach and impact of effective community interventions, science-informed and evidence-based practices to address health equity and advance population health.**

We are part of Los Angeles Purposeful Aging (PALA), the world-wide initiative that seeks to make the LA region more age-friendly and that promotes healthy and active aging and a good quality of life for diverse older adults.

Convener and Connector

We create spaces for face-to-face conversations and give our members and community partners opportunities to network, gain new knowledge, explore and generate new ideas, develop solutions, and take action.

Breaker of Silos

We bridge the divides that exist among cross-sector organizations by sharing information, fostering collaboration and supporting shared goals.

LAACHA

Proposed New Vision & Mission



VISION A community where all residents are taking action to improve their health and well-being and can access effective community-based health programs.

MISSION Through collaborations with community organizations and health systems, **increase access, reach and impact** of effective, culturally and linguistically-competent, community interventions, community-informed and evidence-based health promotion educational programs for older adult residents, those at-risk, marginalized, and family caregivers in the City and County of Los Angeles.

LAACHA – Our Values



We recognize, value and celebrate the diversity among individuals and communities.

We seek to increase the capacity of communities to support regional public health strategies/plans for reducing disparities in health and well-being across the municipalities and communities in the county.

We involve impacted individuals and communities at all levels of the practice with an effective, multi-sector approach (e.g., services design, development, dissemination, implementation, evaluation).

We promote the integration of care for chronic conditions with physical and behavioral health; and the utilization of effective community and evidence informed health promotion practices and programs.

We believe in the need for ongoing and sustainable funding support.

LAACHA – Leadership



The Steering Committee provides support, guidance and overall organizational oversight



LAACHA – Accomplishments



Since 2013 ...

LAACHA partners have:

- Engaged over 450 individuals from 100 + partner organizations
- Invested several millions of dollars in evidence-based practices to address healthy living, self-management of chronic diseases, fall prevention and caregiver education and support.
- Implemented 21+ Evidence-based programs.
- Provided training to hundreds of individuals
- Impacted the lives of over thousands of individuals



LAACHA

New Direction Overview



In 2018...

- **As a result of a long and careful reflexion LAACHA shifted its orientation** - from Evidence Based Practice (EBP) focus to a broader public health perspective.
- **As part of its new direction** - with an overarching goal of advancing population health, improving health and reducing racial disparities - **LAACHA partners have been working to address the biopsychosocial health concerns and determinants of health for diverse older Angelinos.**

In 2019 - 2022

- Formed Committees – Capacity & Resource Development , Innovation, Outcomes & Evaluation, Racial Justice
- Developed an began implementation of
 - LAACHA New Direction Action Plan <https://drive.google.com/drive/my-drive>
 - Racial Justice Framework

LAACHA – Our Approach



In partnership with local, state and national experts ...

Capacity & Resource Development

We provide our leadership, membership and community partners with culturally competent, action oriented, collaborative learning opportunities and information to help them build and/or strengthen organizational capacity to better impact practice and policy.

Innovation

We support and sponsor the pilot testing and the dissemination of culturally competent and community informed innovative ideas that could contribute to the delivery of better care, better health and help reduce health care costs.

Outcome Measures

We identify, track measure and report health disparities and support the scaling up and the evaluation of culturally competent community informed and evidence-based health promotion and disease prevention programs.

LAACHA – Our Approach



As a Convener...

Within the context of collaborative leadership, we have brought together cross-sector partners to address complex issues such as:

- Chronic Disease Prevention & Self-Management
- Social Isolation and Loneliness
- Geriatrics Workforce
- Substance Use and Misuse
- Health Disparities
- Innovative Tech Supported Solutions & Digital Inclusion
- Racial Justice
- Later Life Intimate Partner Violence
- Aging Immigrant Policy and Advocacy
- Older Adult Housing Security

LAACHA – Our Approach

Committee Work - Examples



Capacity Building

Support and Enhance Members Capacity

COVID -19 Response: Best Practice Roundtable

Virtual Innovation Summit (two – part series)

Later Life Intimate Partner Violence Learning Collaborative (four –part series)

Innovation

Address Social Isolation through Technology

Friendly Caller Program

Older Adult Social Isolation Learning Collaborative

Technology & Digital Inclusion Workgroup

LAACHA – Our Approach

Examples



Outcome Measures

Identify, track measure and report health disparities

Healthy Aging & Chronic Disease Dashboard

LAACHA New Direction Survey (2019 and 2022)

Racial Justice

To help address issues of racial justice and health equity

Racial Justice Framework Development and Implementation

Racial Justice Convenings

LAACHA Capacity Strengthening Survey (2021)

LAACHA Leadership Expansion (2023)

Shape2Fit: Culturally Tailored Diabetes Self-management

LAACHA



New Direction Survey 2020 and 2022

An online survey to improve services for our members and gather input into the development of our overall three-year action plan and annual updates.

Goals:

1. Identify priority issues affecting the communities served by our members.
2. Identify innovative approaches to addressing health disparities among diverse older adults.
3. Make strategic recommendations for addressing identified needs



LAACHA

New Direction Survey

Survey Design

15 questions: quantitative/qualitative, hard numbers, "yes/no" & open-ended.

Responses: 35 organizations from all SPA /Districts in LA County.

Survey Dissemination

The survey was initially released August 15th - 22nd (18 responses) and a second time from November 1 - December 1st (17 responses). The survey was distributed at the LAACHA General Meeting and through the LAACHA monthly e-Postcard and special county bulletins.

LAACHA

New Direction Survey – 2020



Challenges to Address

- Funding
- Workforce Shortages
- Collaboration

LAACHA Support

- Funding and program sustainability
- Develop Capacity to provide hybrid services
- Racial justice capacity

LAACHA Next Steps



- Bringing in new Steering Committee members
- New Direction Action Plan update
- Continue building the Older Adult Social Isolation Learning Collaborative
- Complete and submit Older Adult Social Isolation Video Project Proposal
- Convene work groups to begin conversation around economic security and housing security

LAACHA Next Steps



Continue to provide T.A. and support for the building of...

- The Social Isolation Impact Coalition
- The Later Life Intimate Partner Violence Learning Collaborative
- The California Coalition on Family Caregiving

LAACHA

